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Sister News

"Your Hometown Newspaper"

Volume XXIII Number 40

October 5, 2000

Benvenuti!

On behalf of the Town of Agawam and its residents, the Town of Agawam Sister City Commission welcomes our friends from Reggio Calabria, our new Sister City!



Six days of Reggio
October 4-9, 2000



"Friends Of Ed Brown" Dedication



THE FRIENDS OF ED BROWN, who was a former long-time Pioneer Valley Soccer coach in the Agawam Soccer Association, gathered behind the Meadow Street home of Joseph DeCaro and family on Sunday, October 1st, to formally dedicate a soccer field on the DeCaro's property as "Ed Brown Field." Over 160 people attended the dedication. Back row (from left) - Joseph DeCaro; Charlie Calabrese, Jr., representing the Calabrese family, who allowed a portion of the field to be constructed on their adjacent property; Matt Runghi, representing State Rep. Daniel Keenan; Robert Rossi, Agawam Town Council; Jonathan Cavallo, Agawam High varsity boys' soccer coach; and Ric Sardella, "Friends of Ed Brown" Committee. Middle row - Marie DeCaro; Eddie Santaniello, who constructed the field with the help of DeCaro Landscaping; Richard A. Cohen, Mayor; Laura Wray-Ramos, AHS girls' varsity soccer coach; Linda Kunasek, AHS JV girls' soccer coach; Kim Hoague, member of Ed Brown's former PVJSL team, the Agawam Tigers; Meghan Brown, Ed's daughter and current JV player; Missy Brown, Ed's daughter; Whitney Brown, former Agawam Tiger. Front row - All former Agawam Tigers: Vicky Taylor (current varsity player), Aimee Beaudette (current JV player), Danielle Cirillo (current varsity player), Kaitlin Sardella (current varsity player), Ellen Rannenberg (current JV player), Nicole Gendreau, Jen Sharpe (current JV player); Sherri Laskowski, Melissa Savenko, and Victoria Ruhl. RELATED STORY AND PHOTOS IN SPORTS SECTION. Advertiser News photo by Kathy Shepard.

Public Hearing Scheduled On Quarterly Taxes

The Agawam Town Council has rescinded its vote on quarterly taxes and has scheduled a Public Hearing at their next meeting, October 16th, in order to receive input from the residents of Agawam on this issue. (SEE STORY ON PAGE 2.)

A PASTA-PLUS DINNER WITH MAYOR RICH COHEN

Is Scheduled For
Friday, October 6th
5:30-7:30 p.m.

At the Polish American Club Pavilion
139 Southwick St., Feeding Hills

Donation

\$8 For Adults

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Treasurer

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Agawam, MA 01001-1612
786-5408

(after 6:00 p.m.)

Council Rescinds Tax Plan In Lieu Of Public Hearing

by Hope E. Murray
Municipal Writer

Town Council voted Monday to rescind its Sept. 20 vote to accept a townwide quarterly tax payment and voted to hold a public hearing on the subject at its next meeting on October 16th.

The resolution to rescind the previous vote was sponsored by Councilor Robert Rossi.

"This is a very serious issue," he said. "I want to bring this back and allow the townspeople to come forward."

The issue was tabled at the Sept. 4th meeting in order to hold a public hearing, but one was never scheduled and a vote was taken at the last meeting and the change to a quarterly tax was accepted.

Rossi said he thinks the council "might have been rushed" in its vote, and added that councilors may not have gathered "enough information to make a decision on that."

Councilor Richard Morassi agreed with Rossi, saying that the council "did have public input but it was disjointed."

Although several councilors said they had private conversations with residents, they did not receive many official comments.

"A public hearing couldn't hurt," said Councilor Anthony C. Bonavita. "We need to know what people think. And I'd like to know what the seniors think."

Newly sworn-in Councilor John Negrucchi said that over the weekend, while working at the popular Agawam Lions Den Restaurant at The Big E, he spoke to many people on the topic and 80 percent of them were in favor of a quarterly tax.

Councilor Joseph Mineo found similar reactions among residents.

"I too have received some input from some folks and most people are for the quarterly tax," Mineo said.

"But we really haven't gotten much public input and I would not be against a public hearing. I hope folks come and let us know what they want."

One of Rossi's concerns about the tax change is in regard to the appropriation of approximately \$100,000 in revenue Agawam will gain from a quarterly tax.

"If we allow the government to spend it, let's ask the government to spend it in a way we're comfortable with," Rossi said.

By law, the revenue must go to the town's general fund and the council cannot approve the tax change with any stipulations or amendments earmarking the revenue for a specific purpose.

Councilor George Bitzas said at the Sept. 20th meeting that he spoke to Mayor Richard Cohen who indicated he'd like to use the money for Agawam's senior citizens and to fund an ambulance out of the Springfield Street Fire Station in Feeding Hills.

Saturday, Sept. 30th Sees Agawam Gridlocked In Traffic

by Hope E. Murray
Municipal Writer

Agawam traffic was backed up throughout the day on Saturday, September 30th, causing major delays along Main Street to Route 57 and beyond.

The Big E was the reason for the jam, with thousands of people taking advantage of the nice weather for the second-to-last day of the fair.

Agawam hasn't seen gridlock like that in years, if ever.

"Never in 31 years have I seen traffic like that," said Lt. William Sliech of the Agawam Police Department (APD).

Much of the traffic was blamed on the Def Leppard

concert that night, but Big E officials said only about 10,000 people came to the concert.

"I think a lot of it was the concert, but it was a nice day and it was the day before the end of the fair," Sliech said.

To assist motorists, Sliech said he had two officers on motorcycles directing traffic.

"I held over one motorcycle officer for the 4:00-12:00 shift to direct traffic on Main Street to Route 57," he said. "There was road rage - more than I've seen in the past. There were accidents, and we couldn't get a cruiser onto the bridge so we used motorcycles.

They did extremely well handling the situation."

Mayor Richard Cohen agreed.

"The Agawam Police did a great job of patrolling and keeping it safe for the public," Cohen said. "It shows how professional they are because they did a great job of moving cars rapidly, calming road rage... an excellent job."

Cohen said he also had not seen traffic that bad in a long time.

"There's Six Flags traffic, but it was nowhere near traffic like this," Cohen said. "Every major artery was

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Letters To The Editor

Granger Bus Driver And Monitor Deserve Praise

To The Editor:

There was an article submitted by Paige E. Bridgham concerning the 30-minute late arrival of kindergarten children to Clifford Granger School. I can understand Paige's concern regarding the total amount of time each week that her child would be missing. Then I proceeded to read in the *Springfield Union News* the article, "Tardy bus delays kindergarten start."

Unfortunately, this entire mess seemed to lay blame on the bus driver and monitor. This blame was totally unjustified. In my past experience with the bus, it always seemed to take a week or two of adjustment before getting totally on schedule.

One of the problems overlooked by our concerned parents was too many scheduled bus stops for the time allotted for drop-off and pick-up. Approximately 18 bus stops should have been eliminated from the schedule. Unfortunately, people did not let the school know that these stops were not necessary.

The bus must still go to each of these scheduled stops until they are certain that these stops aren't necessary. Other problems were: children being pokey; children forgetting items on the bus and needing to go back for them; some children needing to be woken up to get off the bus; children needing to be returned to the school and making sure they were in safe hands because there was no parent or caregiver at the stops for these children; and long goodbyes from parents sending their children off to school.

We could have used a second bus because the Granger School District is developing so quickly. Apparently, we did not have the funding for an additional bus. But, after all is said and done, it seems to me that I can pretty much expect to see my child at the same time, on time, each day.

Instead of putting the blame and extra pressure on these two individuals, the bus driver and monitor, I feel we should commend them for taking such good care of our children. Most importantly, I want to thank these two individuals who, in spite of all their obstacles, get our children to where they need to be....SAFELY!

Natalie Stanikmas
Feeding Hills

Agawam Police Dept. Alerts Residents To Scam

To The Editor:

At a recent meeting of the Massachusetts Chiefs of Police Association, our members were alerted to a scam that is working its way into this area and I would like to pass this information along to the residents of Agawam.

According to Special Agent in Charge, Michael A. Delgado from the Department of the Treasury, scam artists are obtaining lists of elderly residents in various communities and contacting them from out of state.

The scam starts with a phone call advising the victim that he or she has won some sort of prize ranging from trips to cars to cash. They then tell this person that because of the winnings, Federal income tax must be paid because the IRS considers this income. Once the "tax" is paid, the prize will be sent out. At 15 or 28 percent, the "tax" can be substantial on this fictional prize.

The reason that these operators target the elderly is because they feel that first, the elderly are intimidated when told that they owe income tax and do not want problems with the IRS, and second, they feel that the elderly are more trusting.

After the scam artists have taken the victim for several thousand dollars, they will wait a few months and try collecting the "tax" again. To add insult to injury,

when they have gotten all the money they think they can get, the victim then gets a call from a "Recovery Service" telling them that they have been taken by this scam, but for a "fee," the recovery service will get their money back. One victim was taken for over \$80,000 and within the past two weeks, the mother of a Police Chief was solicited.

The Agawam Police Department and the Department of the Treasury would like to put some of these predators out of business. We can do this with your help. If you are solicited by telephone by someone claiming that you won a prize but must first pay income tax on it, please obtain the address where they want you to send the check. **Once you obtain this address, please call the Agawam Police Department.** We will be working cooperatively with Treasury Special Agents since many of these scams originate out of state. We have a little "Prize" that we would like to give these folks and it also includes free accommodations.

As in the past, I caution every resident of Agawam to be very skeptical of any telephone solicitation. If you didn't call them, be suspicious. Do not blindly trust some cold caller who you have never heard from before. Your safest bet is to hang up.

I would also suggest that if you have elderly friends or relatives, caution them about telephone solicitations that are not legitimate. If possible, see if their banks will notify a family member in the event of a large withdrawal. It is a sad fact of life, but these scam operators will take every penny a person has and pat themselves on the back for it. Don't you or an elderly friend or relative become one of their statistics.

Robert D. Campbell
Chief of Police

School Comm. Members Do Listen To Residents' Concerns

To The Editor:

This letter is in response to recent letters in your paper regarding transportation for our school children. Each person that has contacted us personally has received a response.

Each issue that impacts our children is looked into and evaluated and a system was created to allow issues and concerns to be addressed.

We have served on the Transportation Subcommittee for a number of years and have taken our responsibility seriously. We continue to listen and serve the children of Agawam.

Respectfully submitted,
Linda Galarneau
Susan Pettazzoni

Tourney Evidence Of Town's Commitment To Tennis

To The Editor:

When was the last time the Town of Agawam hosted an open tennis tournament for the surrounding towns? On Friday, September 22nd, on the brand new tennis courts at Perry Lane, I was brought into the Park and Recreation Dept. of Agawam to help develop and expand the overall focus on tennis as a family sport for all ages.

After a highly successful summer and fall program and the resurfacing of all eight tennis courts in town, I put on a tennis tournament and jamboree for teenage children from the surrounding communities. The response was excellent, with entrants from Agawam, East Longmeadow, Cathedral High School, McDuffie School, Longmeadow, Suffield, and West Springfield.

This type of event helps showcase potential high school talent as a kind of minor league preparation for high school squads. As the boys' tennis coach for East Longmeadow, this is a shot in the arm in raising interest in tennis from high school and beyond. The jamboree was an outlet for children from the ages of 12 to 18 to have something to participate in and challenge their ability.

The parents and players were very pleased. As evidence of the town's commitment to the tennis program, Chris Sparks has asked me to begin a training program for instructor positions among local tennis team members for future program expansion.

Jen Leupo, Emily Morton, and Jen Jutte, all of Agawam, are in the training process at this time. Since Agawam is diversifying its population, I am in hopes of having lighted courts in the near future so as to make better use of the courts during evening hours.

Kindest regards,
Fred LaPlace

Councilors Deserve Praise For Professionalism

To The Editor:

The recent Council vacancy deadlock has been resolved. It is time to stop the false rumors against the Councilors. We congratulate Councilors Bonavita, Mineo, Bitzas, Simpson, Perry, and Morassi for their support of Councilor Negrucci. We thank the entire Council for their professionalism in handling this matter.

Ultimately, the "fair" choice was made for Councilor Negrucci, who finished in 12th place by only four votes.

Personal attacks against the Councilors about the procedure used to elect Mr. Negrucci are unfounded.

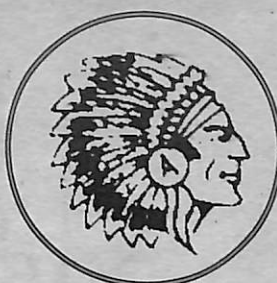
Only the Council could decide to reopen nominations as Mr. Bonavita correctly explained. Councilor Letellier did not make a motion to reopen the nominations, and the Council voted on the two candidates nominated - Mr. Rheault and Mr. Negrucci. The City Council should not be criticized for statements made by the Council president without the vote by the full Council.

We view the election of the 12th person as a positive step. We view the following of correct parliamentary procedure in the election of Mr. Negrucci as a positive step. This is a good, hard-working Council which has accomplished more than we can remember by any other in just its first nine months.

We urge them to continue their professionalism and straightforward dialogue. They are portraying a positive image of Agawam.

Sincerely,
John & Elaine O'Brien
Feeding Hills

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The Agawam Advertiser News

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LETTERS - from Page 4

Agawam Vets' Council Says Thanks For Golf Tournament

To The Editor:

I wish to extend my personal thanks to everyone who joined us in our Fourth Annual Golf Tournament. We had a terrific group of participants and volunteers.

The staff of St. Anne's Country Club was outstanding and my personal thanks goes to Paul Napolitan, who more than compensated our group for a delay caused by another tournament. I also wish to thank all the businesses and people who donated so generously. These projects could not take place without the terrific support of people such as you.

We have scheduled our Fifth Annual Golf Tournament for Saturday, August 1, 2001 at St. Anne's. Mark your calendars now and come join the fun!

Sincerely,

Christopher N. Sanchez
Chairman, Agawam Veterans' Council

AHS Golf Booster Club Thanks Raffle Participants

To The Editor:

We would like to thank all the golfers who participated in our annual raffle on the third hole at the Berkshire Power Tournament.

Your continued support of our golf team has made us very successful. A special thanks to everyone involved; Ron Dunn, Kathy McSweeney, and especially Berkshire Power.

A thank you is also in order for everyone who parked cars at Agawam High School during The Big E, and especially to all the cheerleaders and parents.

Again, thanks for your support. See you next year!

AHS Golf Booster Club
Regina Korney

*For all the hometown news,
you turn our pages each and
every week ... AAN!!!*

- Agawam Obituaries -

BARBARA E. ADAMS

Barbara E. Adams, 89, of Agawam, died recently at Baystate Medical Center in Springfield.

She was a vice-president at William Morrow Publishing Co. in New York City, where she lived for many years.

She had lived in Agawam for 38 years.

Born in Springfield, she was a graduate of Classical High School. She was a member of the Unitarian Universalist Society of Greater Springfield, the Society for the Preservation of New England Antiquities, and the Mayflower Descendants.

She leaves a sister, Frances Adams of Agawam, and a niece, Susanna Adams, and grandnephew, Nathan P. Adams, both of Portland, Maine.

The funeral service and burial were private and at the convenience of the family. Colonial-Forastiere Funeral Home was in charge of the arrangements. Memorial contributions may be made to either the Rowley Memorial Animal Hospital, 171 Union Street, Springfield, MA 01105, or the Tufts University School of Veterinary Medicine, 200 Westborough Road, North Grafton, MA 01536.

FRANCIS K. CASOLLA

Francis Kathleen (Cooley) English Casolla, 57, of Port Arthur, Texas, died on Saturday, September 30th.

Born and raised in Agawam, she lived in California and Texas most of her life.

She was a member of the Eagles Club and a volunteer at Doctors Hospital, both in Port Arthur.

She also lived with her sister, June, since 1996.

She leaves a daughter, Coleen English of El Sobrante, California; four brothers, Charles "Gary" Cooley of Deerfield, Arthur Cooley of Agawam, Earl "Skip" Cooley of West Springfield, and Philip Cooley of Otis; three sisters, June Greenwald of Port Arthur, Carol Dean of Florida, and Charlotte Lavalette of Agawam; and a granddaughter.

Funeral services were private, and a memorial Mass will be announced at a later date. Toomey-O'Brien Funeral Home was in charge of the arrangements. Memorial contributions may be made to the

Genevieve L. English College Fund, First Massachusetts Bank, Agawam Branch, Agawam, MA 01001.

DONALD R. SANTINELLO

Donald R. Santinello, 55, of 86 Hope Farm Drive, Feeding Hills, died recently at home.

Born and schooled in Springfield, he moved to Agawam 30 years ago.

He was a member of the Laborers Union Local 999 for many years.

He leaves his wife, the former Elaine Meunier; a son, David D'Amario of Feeding Hills; five brothers, Charles of Florida, William of Springfield, Ronald and Anthony, both of Feeding Hills, and Frank of Agawam; and five sisters, Carol Everett of Louisiana, Barbara Beyer of Ludlow, Jean Lunt of Springfield, Patricia Santinello of West Springfield, and Margaret Montenaro of Westfield.

The funeral was held at Colonial-Forastiere Funeral Home and St. John the Evangelist Church, with burial in Springfield Street Cemetery, Feeding Hills. Memorial contributions may be made to the Open Pantry, 287 State Street, Springfield, MA 01105.

ALEXANDER SOSNOWICH

Alexander Sosnowich, 75, of North Westfield Street, Feeding Hills, died recently at home.

He was a machinist at the former Package Machinery Co. of East Longmeadow for 36 years.

Born in Springfield, he attended the former Springfield Trade High School and moved to Agawam 34 years ago. He was a member of Sts. Peter and Paul Russian Orthodox Church of Springfield, the Package Machinery Retirees Club, and the Community Grange of Feeding Hills.

He leaves his wife of 50 years, the former Mary Lagoditz, and two daughters, Pauline and Elizabeth Sosnowich, both of Agawam.

The funeral was held at Toomey-O'Brien Funeral Home and the church, with burial in Oak Grove Cemetery. Memorial donations may be made to the church at 118 Carew Street, P.O. Box 2843, Springfield, MA 01101-2843.

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BEAUTIFICATION COMMITTEE MEMBERS George Bitzas and John Zebryk inspect the nearly-completed Elmer Cascio Memorial, located at the southwestern corner of the Agawam High School property.

Elmer Cascio Memorial Nears Completion

With the installation of landscaping and shrubs, the stone and planter being constructed in memory of Elmer Cascio nears completion.

It is located at the southwestern corner of the High School property, at the corner of Cooper and Line Streets.

Elmer Cascio was an early member and a former chairman of the Beautification Committee and was the town's tree warden for 45 years, right up to his death in April of 1998.

George Bitzas, councilman and committee member, said that the Committee has worked diligently for over a year to raise the funds necessary for an appropriate memorial in memory of a man who contributed so much to the town's beautification efforts.

He said, "We concluded the location was fitting because it is at a busy, visible public area and in need

of sprucing up."

Bitzas further noted that it also abuts the Agawam football field on which Elmer played while attending Agawam High School as a youth.

The memorial will be completed later in the year, or next spring, upon the acquisition and installation of a bronze plaque to be placed on the stone at the center of the planter and with the planting of flowers.

Sophia Demko, current chairperson the the committee, said she had the pleasure of working with Elmer on the committee some years ago and wants to thank all of those who made contributions so as to make the memorial possible.

She also wished to express special thanks to Tommy Cascio of Cascio Nursery who donated the landscaping and the shrubs, and to Timmy and Mitchell Zielinski for the donation of the stone.

John DiFava Promoted To Lt. By Mass. State Police

Colonel John DiFava, Superintendent of the Massachusetts State Police, is pleased to announce the promotion of Joseph P. McDyer to the rank of Lieutenant.

Lieutenant McDyer is a 1975 graduate of East Longmeadow High School who furthered his education with an Associate's Degree from Holyoke Community College and a Bachelor of Science Degree from Westfield State College. He entered the State Police in 1981 and is currently in command of the State Police Detectives' Berkshire County Narcotics Unit.

Joe resides in Feeding Hills along with his wife, the former Gay McMahon, and their two children; Shannon, age 15, and Joseph, age 12.

A promotional ceremony was held at State Police General Headquarters in Framingham on September 26th honoring Lieutenant McDyer and a number of other officers.

Hampden District Debates A Must For Senate Race

State Senate candidate Abe Kasparian spoke recently of how, in April of this year, he signed nomination papers for Ralph Nader. Kasparian went on to state, "Democracy demands debate of ideas, concepts and direction, and Ralph Nader brings substantive issues to the table."

Candidate Kasparian was familiar with Mr. Nader's reputation as a fighter for working people, consumers, and the community as a whole. However, Kasparian did not, until he heard Nader's speech carried by C-Span, realize that Nader supports the funding of college tuition for all citizens not only on a state level as Kasparian believes, but also on a federal level as well. Mr. Nader also believes that all citizens of America should have the same health care plan that Congress possesses.

This is a position that candidate Kasparian holds as well with regard to our state legislators and their health coverage. Candidate Kasparian further stated, "It is unfortunate that Mr. Nader is blocked from the debates. The first Presidential debates will take place in Boston and Mr. Nader is on the ballot of the Commonwealth of Massachusetts. Ralph Nader has earned the right to debate alongside of Vice President Gore and Governor Bush. To deny Nader the opportunity to debate would deny all voters the opportunity of choice, which is a denial of democracy."

Candidate Kasparian shared that he continues to be astonished at our political process in our state and in our nation. With intensity and concern, candidate Kasparian made the following comments. "The current senator in the Hampden District is silent when it comes to discussing issues of substance. Silent when it comes to reviewing the ills of the "Big Dig." Silent when working families are faced with the high cost of tuition for college. Silent as medical insurance rises each and every year. Silent when it comes to removing the state tax off gasoline to give relief to working families."

After a moment of reflection, candidate Abe Kasparian finished his thought with the following quote: "This silence by an elected state official is a silence that cannot be tolerated in a society that honors and values openness and fair discussion. There is a moral imperative incumbent upon all elected officials to make their positions known; clearly, definitely, and publicly through a debate process. It is sad to see that an elected official does not have the courtesy to debate the issues brought forth by the people's nominee for the office of senate."

Candidate Kasparian finished this thought with, "If there was not a need for change, the people would not have nominated me to run for office. Much like Mr. Nader, if not for the people, I would not be on the ballot. Just as Ralph Nader deserves to be a part of the Presidential debates, I deserve to face the current senator in debate here in the Hampden District. The current senator should not hide from a debate with her challenger." Candidate Kasparian finished his thoughts with once again "tossing the gauntlet" and repeating this challenge publicly, that the current state senator debate him on the very real, and very important, issues that face all of us in the Commonwealth.

TRAFFIC - from Page 2

jammed. It was unreal.

"People were parked in the center of Agawam and for some reason were walking in the break-down lane."

Cohen described it as being close to the traffic seen at The Big E years ago before the shuttle services were offered. Big E officials met after the fair was over to discuss the traffic problems and work to find a solution to prevent a similar situation next year.

At 6:00 p.m., traffic on Main Street was bottlenecked all the way from Agawam Town Hall to near the River Road and Main Street lights, near Six Flags.

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

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Democratic Town Committee Plans Campaign For Senatorial Race

by Kathy Shepard
Feature Editor

A luncheon meeting for the Democratic Town Committee was held at the Agawam Senior Center, where senior citizens, administrators, and Robert Kennedy's ninth child, Maxwell, exchanged plans for Ted Kennedy's senatorial campaign.

Max Kennedy, a 35 year-old lawyer, is chairman of his uncle Ted's re-election campaign, although according to an article in the July 24th issue of Newsweek, Ted Kennedy will probably not have an opponent who will be of any consequence this year. "What Max is really doing is a kind of apprenticeship, practicing his skills and waiting for a race of his own," the article speculates.

RFK, Ted, Joe, and Kathleen Kennedy all won races of their own after managing family campaigns. So far, no Kennedy has lost a race in New England, although nothing can be assumed. Max, if he does run, has no intentions of doing so "on the strength of his famous teeth and little else" (Newsweek).

Already, his new passion, the Water-shed Institute at Boston College, has resulted in programs that train teachers to monitor the urban environment. It is on his own initiative that he is running his uncle Ted's campaign, having offered to do so.

Max Kennedy has been a prosecutor, and he has lived for a time in Los Angeles editing a book on his father's quotations. His sense of humor and the absurd will win him places in many children's hearts.

Max does not know if he'll get a chance to run, but Rudy Altobelli of Agawam's Democratic Town Committee would back him if he did. "I feel that the Kennedy family has made visits to Western Massachusetts. Many of the politicians in Boston do not visit this area, so it's a tribute that the Kennedys always touch base with their organizations in Western Massachusetts. Their track record spans almost 40 years, too."

Coordinated Democratic Headquarters

There will be a coordinated Democratic headquarters here in the near future which will not only serve Kennedy but candidates for other offices, like U.S. Representative Richard Neal as well as the State Senate delegation.

The members of the Agawam Democratic Committee Volunteers for Kennedy include Scott Letendre, Gina Letellier, Joanne Willard, J.J. McCarthy, Jack Rioni, and Altobelli. They will work toward statewide visibility, holding flags in locations at malls, near highways, high schools, near O'Brien's Corner, or in the Feeding Hills Center area. There will be literature drops of pamphlets, door-to-door.

Statewide visibility began on September 29th and ran through October 2nd. The Presidential Debate Number 1 was held on October 3rd, with UMass-Boston visibility. By October 6th, the local coordinated headquarters' opening should be complete; on October 10th, absentee ballot solicitation begins; and Debate Number 2 will occur on October 11th.

On October 13th, GOTV phonebook locations will be finalized and statewide visibility runs through the

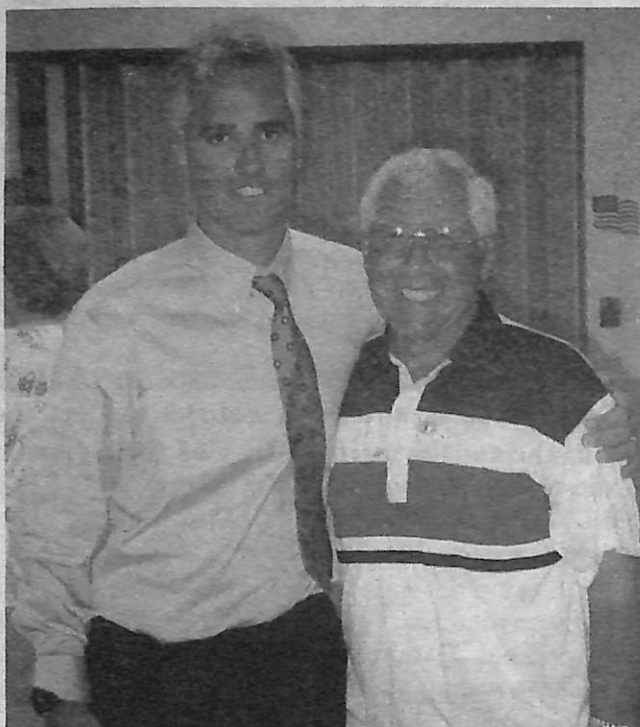
PUBLIC HEARING TOWN OF AGAWAM AGAWAM CITY COUNCIL

The Agawam City Council will hold a public hearing on Monday, October 16, 2000 at 7:30 P.M. at the Agawam Middle School, 68 Main Street, Agawam, MA. The purpose of this hearing will be to allow the citizens input in regards to TR-2000-37-A Resolution Accepting MGL Ch. 59 Paragraph 57C, Providing for the Payment of Real Estate and Personal Property Taxes on a Quarterly Basis Commencing with FY2002.

Ursula Retzler
Clerk of the Council

Published: October 5, 2000.

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each and every week...
ADVERTISER NEWS!!



AGAWAM RESIDENT AND LONG-TIME DEMOCRAT ACTIVIST RUDY ALTABELLI (right) with Maxwell Kennedy, nephew of Senator Ted Kennedy (D-Massachusetts) at a recent gathering at the Agawam Senior Center to promote the Senate candidacy of Maxwell's uncle Ted. Advertiser News photo by Kathy Shepard.

weekend. October 16th is EMK Endorsement Day Number 5, and the third Presidential Debate is scheduled for October 17th. October 18th is Voter Registration Day, and by October 19th, Literature Drop Recruitment is complete.

October 21st and 22nd are statewide literature drop days, and something is planned for almost every day for the remainder of that week. Volunteers are needed for the entire senatorial campaign.

Anyone wishing to volunteer for Ted Kennedy's campaign can call any of the above-named committee members, or call Rudy Altobelli at 786-1577 for more information.

Veterans' Corner...

Setting Up "Shop" Outside Agawam Town Hall

by Edward Kellogg

Veterans' Agent - 786-0400, Ext. 236/237

I am very pleased to say that our first day in our quest to outreach to Southwick, Granville, and Tolland was a great success. Dianne and I set up "shop" at the Southwick Town Hall and the Granville Town Hall on Friday, September 8th.

We set up in the Senior Center in Southwick, where we found it was easier for people to get access to us. We had an opportunity to meet a lot of people. We also fielded a great many questions and concerns that veterans have. We had a host of brochures, forms, and general literature to distribute to the communities.

We look forward to expanding our outreach program and coming to Southwick and Granville again on October 6th; Southwick in the morning, 8:30 to 11:30 a.m., and Granville in the afternoon, 1:30 to 3:30 p.m.

Until then, if you have any concerns or questions, please don't hesitate to call or come to the office. The office number is 786-0400, ext 236/237. You can also e-mail me at vets@agawam.ma.us. COME SEE US!

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM PLANNING BOARD

The Agawam Planning Board will hold a public hearing on Thursday, October 19, 2000 at 7:15 PM at the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Frank DeCaro for a proposed zone change. The proposal is to rezone a portion of land on Springfield Street, approximately 350 feet west of Northwood Street from Agriculture to Business A.

BY ORDER OF:

Charles R. Calabrese, Chairman
Agawam Planning Board

Published: October 5, 2000

- ADVERTISER NEWS -

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Kasparian Campaign Headquarters Now Open In Agawam

Former Hampden County Commissioner and candidate for State Senate of the Hampden District, Abe Kasparian, Jr. has opened his campaign headquarters at 50 Russo Circle in Agawam.

Candidate Kasparian is calling for debates over the next six weeks, at least one debate a week, throughout the district. The district is made up of Agawam, West Springfield, parts of Chicopee, and parts of Springfield. He would like to debate the issues of health care and college tuition for all Massachusetts citizens.

Candidate Kasparian has called on the current office-holder to debate the issues and has received no contact back from the current senator.

Candidate Kasparian has a web site - <http://www.hometown.aol.com/people4kasparian>. Candidate Kasparian's campaign organizers urge voters and concerned citizens to call with ideas, comments, and concerns at 413-789-4901 or e-mail at people4kasparian@aol.com.

Turnpike Offering Dual Service Booth At Exit 4 In W. Spfld.

Senate Minority Whip Michael R. Knapik, 2nd Hampden and Hampshire District, and Senate Majority Leader Linda J. Melconian, Hampden District, announce the opening of a dual service FAST LANE/Regular Toll Collection Booth at Exit 4, West Springfield, of the Massachusetts Turnpike.

"Many of my constituents brought to my attention that there was a problem at this exit which could be rectified without major construction. I am pleased that the highway engineers were able to respond to this need as quickly as they did," said Knapik.

"Our District Offices have worked together on this issue, presenting a solution that will be a benefit to all who travel through the extremely busy exit," said Melconian. "Senator Knapik and I want to thank the Massachusetts Turnpike Authority for their prompt response to our request to construct the dual service lane," continued Senator Melconian.

The conversion of the lane allows traffic to flow smoothly and safely through the toll collection center. Vehicles that have been traveling from the west to the east can now exit the Turnpike, taking advantage of the FAST LANE, without crossing three lanes to get to a toll booth. This is particularly important during busy traffic times. "Not only has safety been enhanced, traffic backup has been reduced," said Knapik.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, letters, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter ...
ADVERTISER NEWS!!!

FireWise...

Hot Water Can Burn You!!!

by Fire Chief David Pisano

Tap water and bathtub injuries have been a major cause of burn injuries for many years. While scald burns can happen to anyone, young children and the elderly comprise most of the 2,600 injuries annually received by hot water from home faucets.

These burns can cause severe injury, scarring and disfigurement, and even death. The Agawam Fire Department wants the public to know how to prevent such burns.

The major cause of scalds in homes is a water heater set too high (140 degrees-150 degrees F). Most adults will suffer a serious, third-degree burn if exposed to 150 degree F water for only TWO SECONDS. The sensitive skins of children burns much easier.

To test the hot water in your home, use a candy or meat thermometer at each faucet. If the water is over 120 degrees F, turn down your hot water heater. Besides avoiding scalds, this will also save energy and money.

If you have an electric water heater, ask the electric company if it will lower the temperature for you. If you are in an apartment, ask the maintenance department to help.

If you adjust it yourself, turn off the current by switching off the circuit breaker or removing the fuse. Electric heaters have two controls which need to be set.

Remove the upper and lower access panels, pull aside the insulation over the thermostats, and use a screwdriver to turn the dial of the controls. DO NOT TOUCH ANY OTHER AREA.

Replace the insulation and panels. Turn on the current. Don't use hot water for two hours. Check the temperature the next morning.

For furnaces using fuel oil, contact your supplier to lower the temperature. This will not affect the heating capacity of the furnace.

Even after lowering hot water temperatures, it would be wise to take these precautions:

- * Check bathwater for children with your elbow. The elbow is more sensitive to temperature changes.
- * Never leave a child alone in a bathtub or sink.
- * Place small children in the tub facing away from the faucets and never encourage the bathtub as a play area.
- * Teach children to turn on the cold water first when using faucets.
- * Install temperature regulators in showers, tubs, and faucets. Consult your plumber or hardware store for information.

* Know what to do for a scald burn. Cool the burn with water. Cover it with a clean cloth and seek medical attention. If the burn is serious, call the rescue squad at 911. Never put any ointments, greases, butter, or vaseline on burns. These can hold heat and make the burn worse.

For further information, contact the Agawam Fire Department at 786-2662.

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Melconian Promotes New Law Protecting Victims Of Stalking

Senate Majority Leader Linda J. Melconian (D-Springfield) discusses the recently passed law that protects victims of stalking.

"It is vital that we get the word out about the new criminal harassment law. Until now stalkers have been able to engage in a pattern of malicious conduct where they followed and harassed their victim. Although this threatening behavior often forces victims to change their lifestyle and live in fear, police could do nothing because under the old statute, a stalker had to make an overt threat in order to be arrested and prosecuted."

Under the new law, victims will be able to prosecute stalkers that, in the words of the statute, "willfully and maliciously engage in a knowing pattern of conduct or series of acts over a period of time directed at a specific person, which seriously alarms that person and would cause a reasonable person to suffer substantial emotional distress."

This is identical language to the current stalking law, absent the language requiring an explicit threat. Its passage means that victims of stalking will be able to take action as soon as a stalker's behavior causes his or her victim to suffer reasonable and significant emotional harm.

The offense will carry a maximum penalty of 2-1/2 years in prison.

Passage of the bill was spurred by the death of Sandra Berfield of Everett. Ms. Berfield died when opening a package bomb, which was allegedly sent by a man who had been stalking her for over a year.

The District Attorney's office was unable to prosecute Ms. Berfield's stalker before he allegedly sent the bomb that killed her, because he did not overtly threaten her.

"I am proud that the legislature was able to pass such a strong measure to protect the victims of stalking," said Melconian. "This law closes the existing loophole in the law and gives long-time stalking victims some measure of relief and allows police to intervene in stalking situations before they become life-threatening."

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

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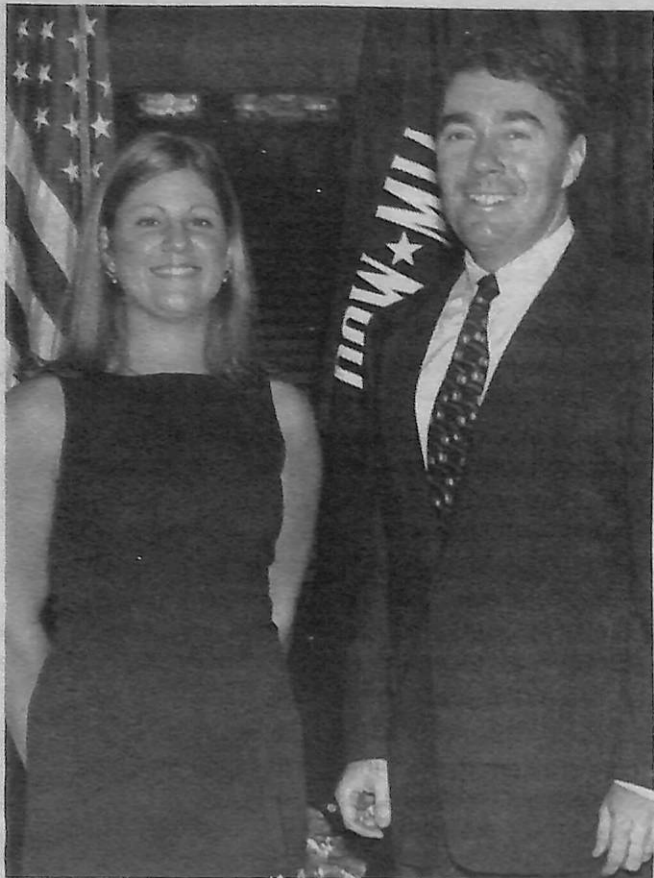
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AMBER CONTE OF FEEDING HILLS returned this past summer as an intern in the Agawam District office of Representative **Daniel F. Keenan**

Rep. Keenan Brings In Summer Intern

Representative Daniel F. Keenan is pleased to announce that Amber Conte, daughter of Deborah and Louis Conte of Feeding Hills, returned as his summer intern.

"I am very happy that the summer intern program allows college students such as Amber to gain practical knowledge of state government," said Keenan.

Conte, a graduate of Agawam High School, is currently an honor student at Suffolk University in Boston. During the summer, Conte worked in Rep. Keenan's district office in Agawam, as well as his State House office in Boston. "I hope to have been a valuable addition and resource to Representative Keenan in serving the needs of the residents of the district," stated Conte.

"Amber's skills and dedication were an asset to me and all the residents of the Third Hampden District," concluded Keenan.

Agawam Seniors Work To Save Tax Dollars

Thanks to a program offered through the Town of Agawam, retirees have an opportunity to decrease their property tax bill by participating in a voluntary public service program.

Volunteers are required to fill out an application indicating their work experience and skills that may qualify them for potential job openings and the position they would like to perform. Interviews are conducted and the most qualified candidate is selected.

The volunteers must agree to perform 100 hours of community service. For this service, they will receive a \$500 stipend subject to state and federal income taxes. This stipend will be credited to their property tax bill.

In order to be eligible for participation, candidates must be 60 years of age, a homeowner, and a resident of Agawam.

Several positions are available in various town offices. For further information or an application to apply, please visit the Personnel Office at the Agawam Town Hall. Application deadline is October 2nd.

Town Committee Announces Democrat Of The Year

The Agawam Democratic Committee is pleased to announce that the Democrat of the Year award will be granted to Edward A. "Eddie" Caba in Memorium at its Annual Breakfast on October 22nd at Chez Josef.

In addition to being an active member of the state and local Democratic Party, Caba was a Navy veteran and served Agawam as Town Clerk, Town Manager, City Councilor, Town Councilor, Selectman, Town Meeting member, and on various other boards and committees in town. State Auditor A. Joseph DeNucci, for whom Caba worked for a number of years, will be the guest speaker.

"Eddie was always at the top of the list when we were nominating people as Democrat of the Year, and we always thought we had plenty of time left in which we could honor him. Unfortunately, we waited a year too long," stated Committee President Gina M. Letellier.

Please join us in honoring Ed Caba and thanking his family for his years of dedication to the Democratic Party and the Town of Agawam. Tickets may be purchased from any Democratic Committee member or by calling Maureen Scibelli, Jack Rioni, or Gina M. Letellier. Tickets are \$20 for a fabulous Chez Josef buffet breakfast.

*For all the hometown
news, you turn our
pages each and
every week ... AAN!!!*

Melconian Votes To Protect Public Safety

Senate Majority Leader Linda J. Melconian (D-Springfield) is pleased to announce Senate passage of a bill banning possession of an open container of alcohol in the passenger compartment of an automobile.

"Alcohol and automobiles simply do not mix," said Melconian. Noting that many people already believe that possession of an open container in a car is illegal, Melconian said, "This is a simple, common sense measure to protect safety on our highways and combat the scourge of drunken driving." Under current law, only the driver of an automobile is banned from possession of alcohol.

The legislation, House Bill 5388, "An act relative to the possession of alcoholic beverages in motor vehicles," bars passengers from possession of an empty or partially consumed container of alcohol when an automobile is on a public way. Passage of this legislation as of October 1, 2000 will assure the Commonwealth continues to receive \$4.1 million for highway funding.

The bill contains exemptions for buses and taxis and for the living quarters of motor homes. Passengers found to be in violation of the proposed law would face a fine of between \$100 and \$500.

"Closing this loophole in the law reinforces the serious danger of drinking and driving," said Melconian. "Passage of this legislation will protect everyone on the road."

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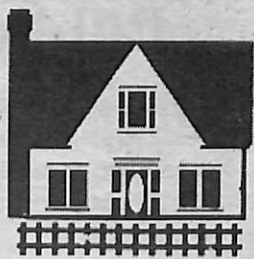
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Families

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Pride In Heritage Cherished By Euliano Family

by Kathy Shepard
Feature Editor

The initiative of the Italian Sister City project has reached its summit this week, with an itinerary certain to educate, entertain, and honor the 14-member delegation which arrived on October 4th. The delegation, to visit with Agawam Commissioners and residents during The Six Days of Reggio, will make possible a cultural celebration and an educational opportunity of rare proportion. Susan Euliano of Feeding Hills hopes that the experience will "encourage people to research their own heritage. We want to bring forth an interest in people of all ethnic backgrounds and to inspire them to seek their own roots."

"Agawam is a microcosm of America, and through the awareness brought about through the researching of and contact with our Sister City, Reggio Calabria, we hope to inspire other people to be proud of where they came from and to know their forefathers, what they accomplished, and what it took to achieve their accomplishments."

Susan is the wife of Bill Euliano, who is president of

the Sister City Commission. Bill told us, "Anthony Bonavita (City Councilor and Sister City Commissioner) and I have been friends for a long time, and our friendship has been based on a mutual respect. We could not have dreamed of accomplish-



PEOPLE MAKING A DIFFERENCE - Bill & Susan Euliano of Feeding Hills. Bill is the president of the Agawam Italian Sister City Commission. Advertiser News photo by Kathy Shepard.

ing what we have done without him."

Bill Euliano has served as chairman of the Agawam Board of Health since 1985, just one year after he became a member of the board. He grew up in West Hartford, Connecticut, graduating from the University of Hartford with a bachelor of arts in psychology. In the food distribution business for 32 years, he is presently general manager of Stanley Provision Company in Manchester, Connecticut, a manufactur-

ing and food distribution company.

A "Certified Public Health Official"...

In 1997, Bill received a designation as "certified public health official" from the Massachusetts Boards of Health Organization, sponsored by a coalition between Massachusetts Public Health and the University of Massachusetts.

For his own work, he attended a program sponsored by Texas A & M and the National Meat and Poultry Alliance, earning certification in microbiology and chemical analysis. On October 14th, he will take a seminar to receive advanced certification as a public health official. He has also served on the Agawam Department of Public Works Assessment Team that made recommendations to Mayor Richard A. Cohen for an appropriate site for the new DPW facility.

Susan, though born in Springfield, moved to Feeding Hills at an early age, grew up here, and graduated from Agawam High School. She attended Holyoke Community College for a time, studying psychology and fine arts. She has worked in both real estate and in travel. Her present position as a travel consultant is with Trombley Travel in Granby, Connecticut.

Susan and Bill met in 1970 and got married in 1972. They have a son, Joe, who is also an Agawam resident. Their granddaughter, Emily, is a source of great joy and pride to them. Emily will take part in the closing ceremonies of the Reggio Calabria visit.

The Eulianos and Anthony Bonavita became involved with the Sister City concept because they found themselves thinking of ways to enrich the town and take the focus away from negative politics. "We wanted to bring out the best in our community," Bill remembered.

And Susan pointed out, "Our laws, our art, our sci-

SEE EULIANO- Page 11



Six days of Reggio October 4-9, 2000



*The Town of Agawam Sister City Commission
cordially invites you to attend the*

CLOSING CEREMONIES *Con Te Partirò ~ A Tribute to Reggio*

6:30 PM SUNDAY, OCTOBER 8, 2000
HARMON SMITH FIELD, AGAWAM HIGH SCHOOL

PARADE of CHILDREN
WELCOME BY MASTER of CEREMONIES
PRESENTATION of ROSES
ECUMENICAL BENEDICTION
NATIONAL ANTHEM of THE REPUBLIC OF ITALY
NATIONAL ANTHEM of THE UNITED STATES of AMERICA
RECOGNITION of DIGNITARIES

DEMONSTRATION by AGAWAM HIGH MARCHING MOHAWKS
PRESENTATION of THE KEYS TO THE CITY by MAYOR COHEN
TO THE DELEGATION from REGGIO CALABRIA
PROCLAMATION of OCTOBER 8TH AS "Amici Italiani Day"
SENIOR CENTER MUSIC PRESENTATION
CHOIR: "We Are The World"
CHAIRMAN'S MESSAGE
"It's Time To Say Goodbye" - ANDREA BOCCELLI

EULIANO - from Page 10

ences, town structure, and many other important aspects of our culture came from Europe." She continued, "I believe the cultural impact of Italy can be seen in our daily lives, in the fascia, the construction of many edifices."

The couple went to Tuscany, a part of Northern Italy. What they saw there seemed so wonderful. "We wanted to bring some of the customs and the atmosphere home with us; we were amazed at the way they blend high technology and ancient history, side by side," Susan told us.

While in Florence, Italy, Bill and Susan met a choral group from Brookline High School. The chorus was on a singing tour for spring vacation. "We asked ourselves, 'Why couldn't we do this in Agawam?' It inspired Anthony and I to begin creating this program," Bill recalled.

The closing ceremonies, "A Tribute to Reggio," are slated for Sunday, October 8th, at 6:30 p.m. at Harmon Smith Field, Agawam High School. This event will be free and open to the public, and hopefully, everyone will be able to partake because of the Sunday evening time slot.

Euliano pointed out that the program "involves people of Agawam from 3-1/2 year-old pre-schoolers to senior citizens. I will give my presentation in Italian and in English out of respect for the Italian delegation, for my grandparents, and for my parents."

The Six Days of Reggio represent, in many ways, the values and commitments of Bill and Susan Euliano, who strive to bring forth cultural and educational treasures of the past and meld them with the present, binding them with other cultures. By doing this, they make the future richer and more enlightening for Agawam and for the guests from Reggio Calabria.

*Please remember to patronize
your local businesses ...
ADVERTISER NEWS!!!*

Spfld. Turnverein Plans Oct. Events

The members of the Springfield Turnverein thank the 1,200 folks who attended the Oktoberfest in August. The number in attendance was well over recent years and a good time was had by all.

We look forward to many more. The next event is the October Winefest, which will be held on Saturday, October 14th at 6:30 p.m. A roast pork dinner will be served, followed by dancing to the music of the Vagabonds. Admission is \$14. Call Christa at 786-0143 for reservations before October 11th.

The October Cultural Sunday on October 15th at 2:00 p.m., will feature Chef Stevens of the Hofbrahaus Restaurant in West Springfield. He will present a cooking demonstration, which will be followed by refreshments. There is no admission charge.

The Springfield Turnverein is located at 176 Garden St. in Feeding Hills. Call 786-0924 for information.

Keenan Slates Annual Pasta Dinner Thurs., Oct. 26th

Please join State Representative Dan Keenan for an evening of great food at his Annual Pasta Dinner on Thursday, October 26th at the Polish American Club on Southwick Street in Feeding Hills, from 5:00-7:00 p.m.

The ticket prices are \$5 for general admission and \$3 for senior citizens and children under 12.

Tickets will be available for purchase at the door.

Dan looks forward to the dinner and encourages everyone to bring their appetite.

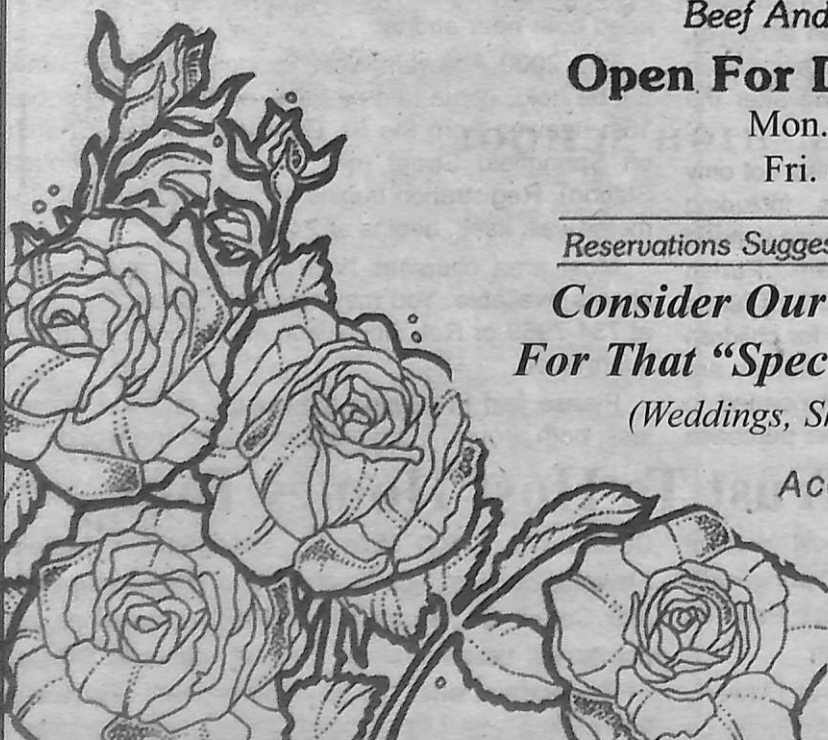
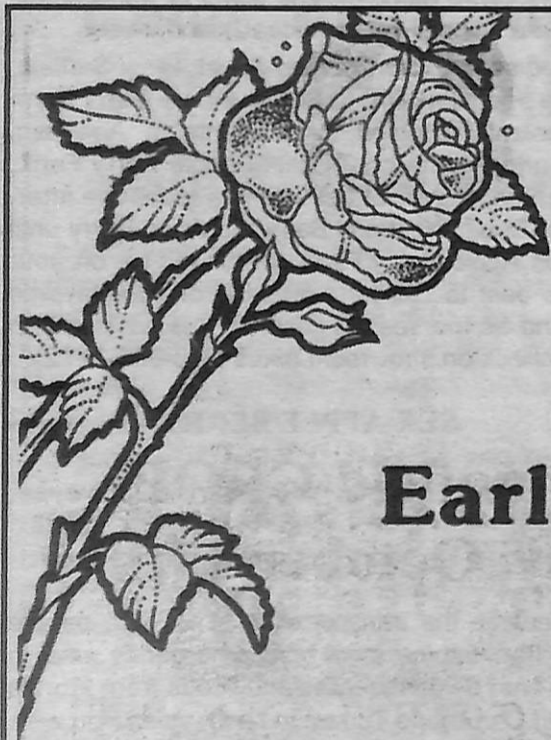


JOHN T. COUGHLIN, JR.

Memorial Benefit Scheduled In Honor Of John Coughlin, Jr.

A memorial benefit in honor of John T. Coughlin, Jr. is scheduled for Saturday, October 14th from 3:00 p.m.-7:00 p.m. at the Polish American Club, 139 Southwick St., Feeding Hills.

A \$20 donation is requested, which will include entertainment, bands, food, beer, and raffle. Kids are FREE.



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Open For Dinner At 4:00 P.M.

Mon. - Thurs., 4:00 - 9:00

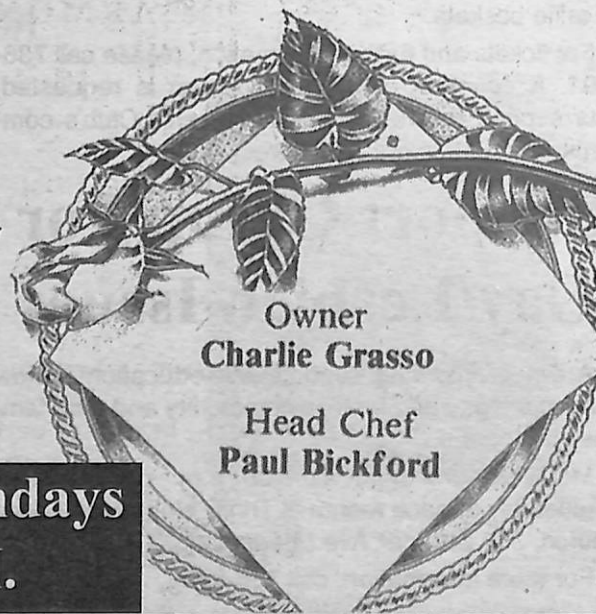
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Charlie Grasso

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Paul Bickford



JAMES PISANO

James Pisano Awarded Ph.D From UCLA

James Pisano, son of Elizabeth and Lawrence Pisano, Jr. of Maynard St in Feeding Hills, was awarded a Ph.D. in Education from the University of California Los Angeles (UCLA) this last spring.

Dr. Pisano graduated from Agawam High School, Class of 1978, and went on to receive a Bachelor of Science degree in Psychology from the University of Massachusetts at Amherst in 1985. After moving to Los Angeles and receiving a Master's Degree in Educational Psychology, Dr. Pisano worked with the National Center for the study of Evaluation, Standards, and Student Testing at UCLA, designing and implementing large-scale assessment systems for Los Angeles Unified School District and Chicago Public Schools.

He has accepted a position as District Evaluation Curriculum and Staff Development/Special Education, Assessment, and Evaluation for Inglewood Unified School District in Inglewood, California. Dr. Pisano currently resides in Pacific Palisades, California and has an eight-year-old daughter, Hannah Elizabeth.

Ag. Women's Club To Host Fashion Showcase, Oct. 29th

A Fall Fashion Showcase and Buffet Brunch will be held on Sunday, October 29th, sponsored by the Agawam Women's Club to help fund their many community projects.

A few examples include the Agawam High School Scholarship Fund, Holyoke Soldiers' Home, local nursing homes, and holiday gift baskets for needy families.

This is the club's major fundraiser, held at Chez Josef in the Tivoli Room, with the social half-hour beginning at 12:00 noon, followed by the luncheon from 12:30-2:00 p.m.

Lorraine Gorham and Lorraine's Fashion Showcase of Holyoke will narrate the fashion show. There will be numerous door prizes and three beautiful raffle baskets.

For tickets and further information, please call 786-3091. A donation of \$22 per person is requested. Your support for the Agawam Women's Club's community projects is greatly appreciated.

Support Group For Gay/Lesbian Issues

A group providing support and education is now open to the gay and lesbian community and their families and friends.

Meetings are held at 7:00 p.m. on the third Wednesday of each month at Trinity United Methodist Church, 361 Sumner Ave., Springfield.

For more information, call 786-3232.



THIS BARN AT APPLE BERRY FARM in West Suffield, Connecticut also serves as the retail showroom for a large variety of native apples. Advertiser News photo by Kathy Shepard.

If It's Autumn, It Must Be Apple Time...

by Joan Lussier

News Editor - Southwick/Suffield Advertiser News

It's autumn in New England - pleasant days, cool nights, clean, crisp air, the sound of a few leaves that have begun to fall beneath our feet, the green-leaved trees that are just beginning to turn to vibrant colors, displays of pumpkins that are popping up around the area and the sweet aroma of apples filling our homes being baked in pies and applesauce.

Known in the biblical account as the "forbidden fruit," over the years this fruit has gained much notoriety. Already to have been well-known in Europe for centuries, when colonists migrated to North America, they brought with them apple trees.

It has been documented that the first apple tree was to have been planted in 1629 by the Massachusetts Bay Colony settlers and that early apples were of poor quality and used primarily for making cider.

By the early quarter of the 1700's, care and growing changes made apples as good for eating as drinking and they became popular for missionaries and Indians to carry apples to be used for food and for bartering. There was even a high penalty for those caught stealing apples.

And then there was John Chapman. Maybe you might know him as Johnny Appleseed. It has been said that he travelled from New England with bags of apple seeds and planted them, forming orchards throughout the Ohio River Valley for over 40 years! It is said that he logged over 10,000 miles in his travels.

We have all heard, "An apple a day keeps the doctor away," and whether this may be fact or fiction, still remains questionable. However, it is known that apples are a dietary asset providing carbohydrates for energy, contain no cholesterol, are a source of natural fiber, and are relatively low in calories (85-90 per apple).

Apples have also been rumored in the aiding of digestion because they have only a mild acidity and are a bulk food, as well as the fact that apples help to cleanse the teeth.

A Good Year For Peaches & Pears

After speaking to Pam Berry of Apple Berry Farm, she told us this year was a very good year for peaches and pears. She also went on to say that this year, the apples came early, making some of them small, but they are still of very good quality and sweet.

Located at 1576 North Stone Street, West Suffield, otherwise known as Rising Corner, Apple Berry Farm is conveniently situated for residents in Agawam, Suffield, and Southwick. To get to Apple Berry Farm, go down South West Street until you reach the intersection of South West and Barry. Go down Barry until it reaches Apple Berry Farm (which will be on your left). It is best to call for availability of your favorite apples and as the season goes on, it is advisable to call and check on showroom hours (860-668-7272).

SEE APPLE BERRY - Page 13

2000 Agawam/West Springfield CROP Walk To Be Held Sunday, October 15th

Once again (or could it be your first time?), it's CROP Walk time in the Agawam-West Springfield area!

For those who don't know the background, CROP Walks began after World War II as a sort of Christian Marshall Plan. The name was originally an acronym, standing for Christian Relief Overseas Project, and in those days, aid was focused on rebuilding after the devastation of war.

Today, funds raised through CROP Walks not only bring relief to war-torn areas overseas, including Kosovo and East Timor, but also benefit those in need locally. The West Springfield/Agawam Parish Cupboard (Open Pantry) is to receive 25% of funds raised. The rest will provide inoculations for children in parts of the world where measles and mumps are still deadly; it will provide the equipment needed to drill wells in drought-stricken lands; it will purchase

and underwrite the transportation of food to people suffering from famine; it will bring emergency relief to those hit hard by earthquakes and floods from Florida and North Carolina to Turkey. In short, when you walk or support a walker, you bring good news to people in need both near and far.

The 2000 Agawam/West Springfield CROP Walk will be held, come rain or shine, on Sunday, October 15th, leaving from the St. David's Episcopal Church on Springfield Street (next to the Agawam Police Station). Registration begins at 1:00 and the 10-kilometer walk itself, begins at 2:00.

Most area churches have organizers and walker sheets available. You may also call Cassie Gilmartin at 734-7969 or Rob Donaldson at 786-5061 for more information.

Please join in helping the hungry and the homeless, both around the block and around the world.

Preservation Trust To Host Homes Tour

The Springfield Preservation Trust will present "Borders On The Park," a tour of some of Springfield's historic homes on the borders of Forest Park on Saturday, October 21st from 1:00-4:00 p.m.

Tickets will be available October 10th at Flowers, 758 Sumner Ave., Springfield; Antiques on

Boland Way, 1500 Main St., Springfield; Westfield Flowers, 297 Elm St., Westfield; and The Flower Box, 596 Carew St., Springfield. Additional locations for tickets will be announced. Cost of tickets is \$10 for SPT members and \$10 for non-members. For more information, call 413-747-0656.



PAM BERRY OF APPLE BERRY FARM, located at 1576 North Stone St., West Suffield, is seen with just some of the many items featured at her farm stand, including many different types of apples, cider, cheese, pumpkins, gourds, and fudge. To get to Apple Berry Farm, go down South West Street until you reach the intersection of South West and Barry. Go down Barry until it reaches Apple Berry Farm (which will be on your left).
Advertiser News photo by Joan Lussier.

Dillion Cecchi Of Feeding Hills Part Of Big E Pumpkin Contest...

Conn. Youth Tops All Others With Big E Pumpkin

It took five people, a tractor, and a truck to get Danny McNamee's giant pumpkin out of the pumpkin patch, but it was worth the effort when his entry topped all others in the Youth Giant Pumpkin Contest at the 2000 Big E in West Springfield, MA. His pumpkin weighed in at 420 pounds.

Danny, 9, of Tolland, Connecticut, was all smiles as several "lifters" carried his pride and joy to the scale. His grin widened as the numbers were read off to the crowd, consisting mostly of fellow pumpkin growers. Kelly & Klaire Bielanko of Suffield grew the second-place pumpkin at 367.4 pounds.

The weather this year proved quite a challenge, as the copious rainfall will impede a pumpkin's growth. Pumpkins need full sun to grow, and too much moisture can cause fungus or disease, or even cause a pumpkin to rot away.

Danny said he planted his pumpkin seed in April in a peat pot, and moved it outside three weeks later. From there he kept it in a picnic cooler, using it as a sort of incubator. Once the ground warmed up, he transplanted it, building a mini-greenhouse around it. The plants were placed 50 feet apart, and once they outgrew the greenhouses, they were taken down and a watering system set up.

According to Mary Phelon, contest coordinator, the volunteer lifters try to weigh the entries in smallest to largest, to build anticipation and excitement. "There's a lot of discussion," she said. "We try to make the heaviest pumpkin the grand finale, but it's not an accurate process. There is much consultation among all the lifters."

Dillion Cecchi of Feeding Hills placed seventh in the Youth Giant Pumpkin contest with a weight of 198.2 pounds; second in the Youth Traditional Pumpkin - Connecticut Field Type contest with a weight of 42.6 pounds; and fourth in the Youth Giant Squash contest with a weight of 42.1 pounds.

APPLE BERRY - from Page 12

The stand should be open from now until Thanksgiving with items available, such as fudge, maple syrup, fresh apple cider, apple pies (frozen or baked), pumpkins and gourds, and winter squash.

For a delightful family outing, stop by Apple Berry Farm for your favorite apple: paulared, McIntosh, cortland, macoun, empire, and red delicious.

It should be noted that apples will ripen eight times faster when left at room temperature, so it is a good idea to keep them refrigerated or in a very cool area if you plan to keep them for a time.

Remember, apples are a healthy choice as a snack for children and adults and the ideas for using apples are endless, from pies to coffee cakes, baked to applesauce, turnovers to apple butter! It's just not autumn in our area without a visit to Apple Berry Farm!

Granville Harvest Run To Be Held On Columbus Day

The second annual Granville Harvest Run will be held on Columbus Day weekend (Sunday, Oct. 8th, at 9:30 a.m.).

Proceeds from the race will benefit the Granville Volunteer Ambulance.

The race is held on a gently-rolling 5K course (not on Granville's well-known Route 57 hills), and offers plenty of good homemade, post-race food and a top quality t-shirt. (Yes, we will have women's sizes!)

For information or a faxed application, please call Cal West, Race Director at 413-357-6655.



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*Agawam Lions Art Auction
Wednesday October 18th*

The Oaks Banquet House

1070 Suffield Street (route 75)

Agawam, Ma 7:00 PM



Join us for a fun night of viewing, bidding, and buying some truly fine works of art over hors d'oeuvres and drinks in a beautiful setting. Prints, original oils, Lithographs, and memorabilia.

All proceeds benefit Mass Lions Eye Research

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Cash Bar

For Tickets Contact:

Jim Taupier 786-0778

Lyman Simpson 786-2496



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MR. & MRS. RICHARD CARRA

Kathleen Arenstam Weds Richard Carra

Kathleen Arenstam and Richard Carra exchanged marriage vows on July 8, 2000 at Sacred Heart Church in Feeding Hills. The bride is the daughter of Hank and Lori Arenstam of Feeding Hills. The bridegroom is the son of Richard and Jeanne Carra of Agawam.

Amy Roy attended the bride as maid of honor. Jim Arenstam, the bride's brother, served the groom as best man.

The bride is a graduate of Agawam High School and Western New England College. She works at Friendly's Ice Cream Corporation in the Public Affairs Dept. as a Guest Service Representative.

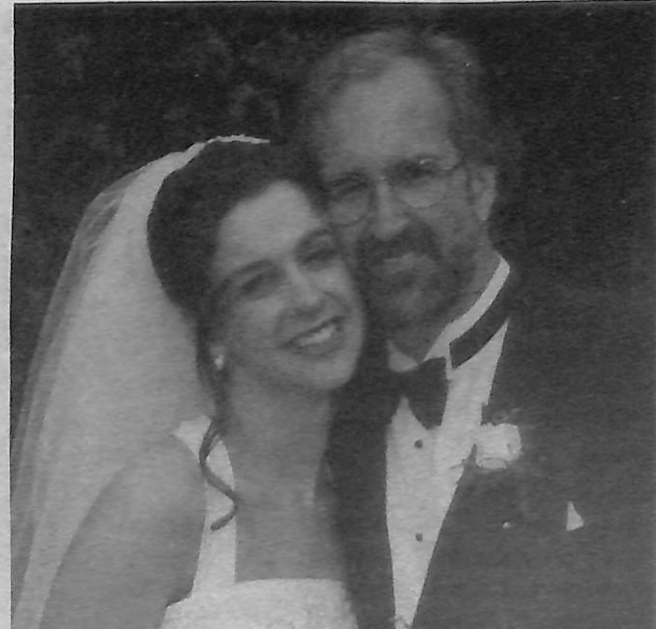
The groom is a graduate of Agawam High School and Westfield State College. He works as a Systems Analyst at MassMutual.

Lynn Marie Carra & Scott L. Thomson Exchange Vows

Lynn Marie Carra became the bride of Scott L. Thomson on August 12th in a ceremony at First Baptist Church of Agawam, with a reception following at the Colosseum in West Springfield. Parents of the bride are Jeanne M. & Richard J. Carra of Agawam. Parents of the bridegroom are Jack & Betty Thomson of Wolfeboro, New Hampshire, and the late Lois A. Thomson.

Erin Grady attended the bride as maid of honor. Deborah J. McKenna, Kathleen Carra, Candice Bigos, and Rebecca Thomson also attended the bride as bridesmaids. Joshua and Alexander Thomson served the groom as best men, along with Richard E. Carra as groomsman.

The bride is a graduate of Agawam High School and Westfield State College, where she is currently working on her master's degree. She is employed by the Gateway Regional School District as a teacher at Chester Elementary School.



MR. & MRS. SCOTT L. THOMSON

The bridegroom is a graduate of Lowell State College and earned a master's degree at the University of Massachusetts at Amherst. He is employed by the Agawam Public Schools as a teacher at the Junior High School.

Friends/COA Annual Awards Dinner Planned For Thursday, October 19th

The "Friends"/COA Annual Awards Dinner will be held on Thursday, October 19th at Partners Restaurant on Springfield Street. Members of "Friends" and the COA Board are asked to support this fundraiser.

Tickets are \$12 and the choice of meals is stuffed boneless breast of chicken or baked scrod. Tickets may be purchased at the Senior Center or from

"Friends" board members.

Our featured speaker for the evening will be Kevin McGurk, reporter from the *Springfield Newspapers*, who writes the SOS column.

The Andrew Gallano Award will be presented to Harold Davis and the "Friendship" Award from "Friends" will be awarded to Nellie Mathias.

Cultural Council's NYC Trip Sold Out

The Agawam Cultural Council's bus trip to New York City, scheduled for Saturday, November 18th, is completely sold out. There are no tickets available.

- ADVERTISER NEWS -

*** Be sure to check our classifieds each and every week...AAN!! ***

SUFFIELD HOWHOUSE 2000 CLASSIC KENT PLACE



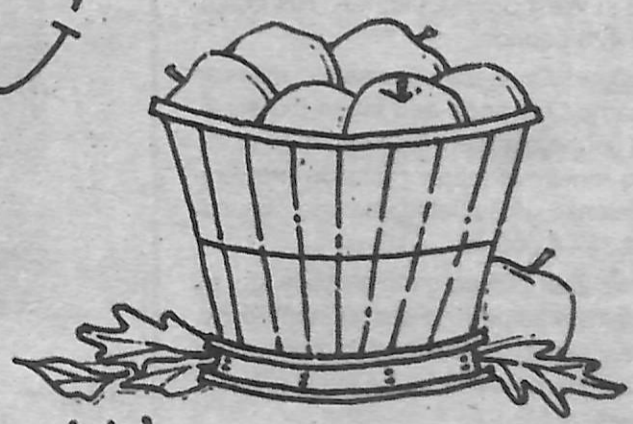
OCTOBER 1 THROUGH OCTOBER 21
39 Mountain Road, Suffield

- Open Monday, Tuesday, Wednesday and Friday 10 a.m. to 6 p.m.
- Thursday 10 a.m. to 8 p.m.
- Saturday and Sunday 10 a.m. to 5 p.m.
- Admission \$25 Includes two visits to ShowHouse
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- Afternoon tea served 3 p.m. to 5 p.m. (Thursdays 3 p.m. to 7 p.m.)
- Special events featured daily
- For more information, ticket reservation and special event information call (860) 714-4900 or visit our website at www.givetosaintfrancis.org
- Take Interstate 91 North/ South to Exit 47W. Proceed over bridge. At stop light, turn left onto East Street. At first light, turn right onto Thrall Ave. Follow to end. Take right onto Bridge Street. Go to light and take right onto Main Street. Take first left onto Mountain Road. Classic Kent Place is #39 on left.

All proceeds to benefit the Comprehensive Breast Health Center at Saint Francis Hospital and Medical Center.

PLEASE PRESENT THIS AD WORTH \$2 OFF ADMISSION TICKET.

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Preventing Wrinkles & Age Spots

Question: I am only in my 30's and I am seeing wrinkles and age spots ...HELP!

Answer: Although how you age is primarily hereditary, self-induced aging is done without even realizing it. Of course, sun exposure is the biggest enemy, but squinting, sleeping on your face, smoking, and drinking are also culprits. Illness and stress also play in the game of the aging process. If you compare your skin that has not been exposed to the elements, it probably looks "younger" than skin which has been exposed. Because of the advances in skin care, you can choose a number of at-home or in-office treatments.

Depending on your age, treatments of various degrees can be chosen. If you are in your 20's, prevention is the best start. The use of sunscreens faithfully and avoiding sunbathing and tanning booths will prevent skin damage. At this age skin can repair itself, so take care of it. Use a good cleanser that contains an alpha-hydroxy acid to lightly exfoliate the dulling layer of dead skin. Removing this layer keeps it from clogging pores and accentuating small lines and will give skin a smooth, clear look. Daily moisturizers and weekly face masks (choose products according to your skin type) are also beneficial.

Early 30's are when most women notice the aging process approaching. Retinol products and prescrip-

tion retinoids such as Retin-A or Renova will help to plump up fine lines and stimulate skin to produce collagen. Renova is the only product approved by the FDA to clinically reduce wrinkles and is a more moisturizing form of retinol products. Moisturizing your skin will hydrate it and make wrinkles appear less apparent, but will not make them disappear. (Note: the manufacturers of these products and the American College of Obstetricians and Gynecologists recommend that pregnant women avoid these products as they can cause birth defects.)

Usually around late 30's and early 40's, wrinkles become stubborn. A visit to your dermatologist to discuss skin care is helpful. He/she can offer various chemical peels which come in different strengths, depending on the severity of your wrinkles and age spots. A light glycolic acid-based peel done once a month over several months will help smooth some of the fine lines, fade brown spots, and even out your overall skin tone. Trichloroacetic acid (TCA) peels are a bit stronger and used for deeper wrinkles. These can leave the skin red and sensitive for a few days. Phenol peels are used for very severe discoloration, but can leave the skin permanently lighter and involve more risks.

The newest approach is the laser peel and can be done in one treatment. This is usually reserved for severe wrinkling and the type of damage you wish to eliminate. This could be an alternative to a facelift and should be performed by a dermatologist or plastic surgeon who has substantial experience using lasers. The healing process can take a good week with severe redness and peeling. This procedure has given many women and men great results and has also provided a better self-image.

Thought for a smile: realizing that *you* make a difference...and remember.....Beauty is our Business!

*For all the hometown news, you turn our
pages each and every week ... AAN!!!*

Planning A Party?

Let Christo's Do The Cooking
*Halloween is around the
corner...*



*and for Thanksgiving,
we'll cook the turkey
with all the fixings.*

**While You Are At It...
You Know How Hectic The Holidays Are!**

We are now accepting reservations
for parties of 10 or more
at \$19.95 per person for
any entree from our menu.

Includes:

soup, bruschetta, salad,
your entree, choice of pasta,
vegetable, coffee, tea, and dessert.

All gratuities inclusive.

(A 5% Mass. tax will be added.)



Christo's Restaurant

664 Suffield St., Rt. 75

Agawam, MA

(413) 786-5711

Thank you for 20 years of business!

Agawam Senior Center's Weekly Lunch Menu

Monday, October 9th: Senior Center closed (Columbus Day).

Tuesday, October 10th: Salisbury steak, peppers & onions, scalloped potatoes, whole wheat bread, pears.

Wednesday, October 11th: Minestrone soup, hot dog on a roll, tossed salad, peaches.

Thursday, October 12th: Baked chicken leg, cheese-baked potatoes, peas & carrots, mixed fruit.

Friday, October 13th: French onion soup, French bread pizza, tossed salad, cookies.

Upcoming March 4th Fashion Show...

Jr. Women Requesting Area Business Support

The Agawam Junior Women's Club is in the planning stages for their "Step Into Style" Spring Fashion Show to be held at Chez Josef on March 4th, 2001. The proceeds generated from the event will benefit the AJWC's **Annual Scholarship Fund** for qualifying high school seniors.

In order to offset the cost of the show, donations are needed. The AJWC is asking area businesses and retailers to partner with them for this event. If you are interested in making a tax-deductible donation with a raffle or financial gift, please call Mary O'Connell at 733-7300 for more information.

Your company name will be listed in the fashion show program and other publicity for the event.

Escape To The



School Street Bistro

29 School St., Westfield, MA

Fax or call in your order ahead of time

Fax (413) 562-8704

Phone (413) 562-8700

Friday & Saturday - October 6th & 7th

SPECIALS

APPETIZER:

Seafood-stuffed Mushrooms - Mushroom caps stuffed with fresh seafood and herbs topped with a lemon Bearnaise sauce over baby field greens.

ENTREES:

Asian-grilled Pork Tenderloin - Tender pork tenderloin grilled and served over wild rice with a hoisin sauce garnished with whole shiitake mushrooms and scallops.

Broiled Dover Sole with a Sesame-Ginger Compound Butter - Fresh Dover sole broiled w/herbs topped with a sesame-ginger compound butter served with smashed potatoes & asparagus.

Enjoy Autumn nights in the Bistro Lounge

Thursday, October 5th - Classical Pianist Vadim

7:00

Friday, October 6th - Piano Vocalist Kevin Burns

P.M. -

Saturday, October 7th - Pianist Natalie Borowiec

???

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Special Pasta Dinners

\$9.95

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EVERY TUESDAY IS

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FOR \$14.95

NEW!! WEDNESDAY

Steak Night

\$16.95

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Hours: Mon-Thurs. 11:30 a.m. - 9:00 p.m., Fri 11:30 a.m. - 10:00 p.m.

Saturday 4:30 - 10:00 p.m. • Sunday 4:00 - 8:30 p.m.

Sister City Commission Holds Cocktail Fundraiser At The Oaks



THE AGAWAM SISTER CITY COMMISSION held a cocktail fundraiser to benefit the "6 Days of Reggio" on Thursday, Sept. 28th, at The Oaks. Sister City President Bill Euliano (center) is all smiles in anticipation of the big event with fellow commissioner John O'Brien. Bill's wife is Susan Euliano (next to Bill) and John's wife is Elaine O'Brien. Advertiser News photo by Kathy Shepard.



SOME OF THE AGAWAM TOWN OFFICIALS (top photo) who attended the Sister City cocktail party included (from left) Henry Kozloski, Conservation Commission; Teresa Kozloski, School Committee (and Sister City commissioner); Theresa Letendre; Scott Letendre (Sister City commissioner); Tony Galarneau; Linda Galarneau, School Committee (and Sister City commissioner). Advertiser News photo by Kathy Shepard.



ATTENDING THE AGAWAM ITALIAN SISTER CITY cocktail party last Thursday evening at The Oaks were (from left) Maureen E. Scibelli, Rita Ducharme, Carmella Marzano, and Pat Rondinelli. Advertiser News photo by Kathy Shepard.



AGAWAM TOWN COUNCILOR JOHN NEGRUCCI and his wife, Cyndi Negrucci, enjoy a moment at the Sister City cocktail party with Agawam High Athletic Director Louis Conte (right). Advertiser News photo by Kathy Shepard.

Flower Design By Elaine To Be Offered At Senior Center

Flower Design by Elaine will be offered on the first Wednesday of the month from November 1st through December 6 at the Agawam Senior Center.

The program is free and open to the public.

Be sure to check our classified ads each and every week...AAN!!!

Italian Women's Club To Meet Monday, Oct. 16th

The October meeting of the Italian Women's Club will be held on Monday, October 16th at Salvatore's on Boston Road in Springfield.

Meetings are open to all Italian women, either born or married to an Italian. Dinner is served promptly at 6:30 p.m.

For information on the meeting, call 413-786-5519 or 413-733-2599. For information on the Italian Women's Club, log on to Inter1@WebTV.Net.

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Thanks For Your Help, Marie!!



THE SPRINGFIELD TURNVEREIN held a tag sale at its Feeding Hills meetinghouse recently and Marie Dennis was one of the reasons why the day was a success. Advertiser News photo by Kathy Shepard.

Polish American Club Flea Mkt. Cancelled

The Women's Auxiliary of the Polish-American Club has cancelled the Flea Market scheduled for Saturday, October 7th.

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

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Oct. Calendar From Golden Age Chap. 1

Wednesday, October 11th: Anniversary Dinner Meeting, new Olive Oil Restaurant (Springfield St., Agawam). Entertainment to follow.

Thursday, October 19th: Mystery trip that will be enjoyable and entertaining.

Wednesday, October 25th: Regular meeting, 1:30 p.m. Guest speaker, Agawam Mayor Richard Cohen

Monday, October 30th: Special Dream trip of winning at Mohegan Casino

All Agawam seniors are welcome to join Chapter One. Call Helen Rogers, Membership Chairperson, 786-3756. Call Ed Organek, trip organizer, regarding trips, 786-2453.

Golden Age Chap. 2's October Calendar

Monday, October 9th: Bus trip to Mohegan Sun.

Wednesday, October 11th: Bus trip to Armarant's Sea Cliff, New Haven, CT. Smorgasbord lunch and show, "A Time To Remember."

Wednesday, October 18th: Regular meeting, 1:30 p.m., Senior Center. Speaker, Keith Riedy of Genesis Elder Care, Agawam, "Falls and Aging."

Friday, October 27th: Board of Directors' meeting, 1:00 p.m., Senior Center.

Senior citizens living in Agawam are invited to join the Agawam Golden Age Club Chapter 2.

For all the hometown news, you turn our pages each and every week ... AAN!!!

Agawam "Senior Games" Athletes

ASGA Will Hold Breakfast

The Agawam Senior Games Athletes will hold their Annual French Toast Breakfast on Sunday, October 15th at the Agawam Senior Center.

There will be continuous servings from 8:00 a.m. to noontime.

The menu will consist of French toast, sausage, orange juice, and coffee, tea, or milk. We will have egg substitute for those who can't have eggs.

ASGA will be assisted by the Agawam Lions Club, who will do the cooking.

This event promises to be a very enjoyable morning with family and friends.

We hope to see many of our friends and civic leaders come out for this event.

The tickets will be \$3.00 for adults, and \$1.50 for children under 10. Tickets may be purchased from any member of ASGA, or at the Senior Center.

ASGA To Sponsor Trip To Mohegan Sun

The Agawam Senior Games Athletes will sponsor a trip to Mohegan Sun on Monday, October 16th. The price will be \$16 and will include gratuities.

Mohegan Sun will offer a \$10 meal ticket, and a \$10 free play on the Big Wheel. We are looking forward to a full bus, and a special day of fun with our friends.

We will leave the Senior Center at 8:00 a.m. sharp, arriving at Mohegan Sun at approximately 9:30 a.m. We will leave Mohegan Sun at 4:00 p.m., arriving home at approximately 5:30 p.m.

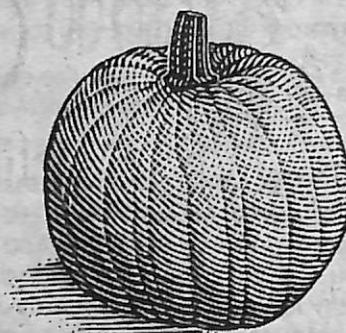
To obtain a ticket, please call Vi Presz at 786-3164 or purchase a ticket at the Senior Center.

HURRAH FOR DILLON'S 2ND PLACE BIG E PUMPKIN!

FALL IS HERE!

Apple Cider, Pumpkins, Native Apples,
Corn Stalks, Gourds, Winter Squash
of all varieties, Bobby's Famous Mums,
Chicken and Turkey Pies!

*We'll be picking Beans, Peppers,
Tomatoes, Eggplant, Corn and Summer
Squash right up until a killing frost.*



E. Cecchi Farms

1131 Springfield Street, Feeding Hills

"Everything you'd grow if you had 40 acres."

HURRAH FOR DILLON'S 4TH PLACE BIG E HUBBARD SQUASH!



Church News

Weekly News And Notes From Agawam Congregational Church

On Sunday, October 8th, the service at Agawam Congregational Church (745 Main Street, Agawam) begins at 10:30 a.m., with Reverend Earl Eisenbach speaking on "Faith Is Saying YES." There will be a Bible presentation to all third-graders. Childcare is available for infants and toddlers. The Senior Choir, under the leadership of Ellen Cogen, will be singing.

Pastor Earl and his wife, Barbara, are members of the Order of St. Luke (an ecumenical world-wide healing organization) and are available for prayer after the service. Also, following the service there is a fellowship hour in Bryan Hall.

A new photo directory is being compiled. Sign-ups for appointments with the photographer will be taken each Sunday at Coffee Hour.

Men are invited to join the Men's Prayer Time, which meets at 7:45 a.m. each Wednesday morning.

We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship. This is a great time for men to come together and be strengthened.

The Midweek Prayer, Healing, and Communion Service has resumed on Wednesdays at 7:00 p.m. in the Sanctuary. This is an informal service of prayer, communion, and meditation on the healing ministry of Jesus.

On Sunday mornings at 9:00 a.m., "Wrestling with Angels," a discussion series, will tackle life issues head-on. The topic this Sunday will be "How Do I

Forgive And Get On With My Life?" The co-leaders are Barbara Eisenbach and Gerry Desroches.

On Sunday afternoons at 4:00 p.m., "Grief Share - Your Journey From Mourning to Joy" takes place in the Friendship Room. This is a grief support group being led by Pastor Earl and his wife.

There is a video presentation on such topics as "When Your Dreams Fall Apart," "The Session of Grief," and "Growing through Grief." The series is Christ-centered and Biblically-based, and includes sharing and healing prayer. This is open to all who are struggling with the loss of loved ones.

The youth tag sale was a success, and they would like to thank everyone for their help and support. The youth would especially like to thank the gentleman from St. John's who came and helped set up; your help was greatly appreciated!

On October 21st, there will be a Chicken & Biscuit Supper at 5:30 p.m. Call the office at 786-7111 for more information.

On October 29th at 4:00 p.m., the Hampden Association of the United Church of Christ will be installing Rev. Earl E. Eisenbach officially as the Pastor of our congregation.

Members of the community are invited to participate in all the church events. For further information, the church office is open from 8:30 a.m. to 12:30 p.m. every weekday; call 786-7111.

On Sunday, October 8th...

St. Anthony Of Padua Church To Celebrate Its 75th Anniversary

On Sunday, October 8th, St. Anthony of Padua Church will celebrate the 75th anniversary of the dedication of the church. The Agawam Sister City from Reggio Calabria, Italy, will help celebrate the occasion with the Italian delegates and the Agawam Sister City Committee attending Mass at St. Anthony Church at 8:00 a.m. with refreshments following.

The Mass schedule for Sunday, October 8th only is being changed to accommodate the Italian delegation and the anniversary celebration. Rev. William Rousseau will celebrate Mass at:

* 8:00 a.m. at St. Anthony's Church.

* 9:30 a.m. at St. Theresa's Church.

* 11:00 a.m. at St. Anthony's Church.

Immediately following the 11:00 a.m. Mass, a procession carrying the statue of St. Anthony of Padua will take place around the block of Maple, Bridge, High, and Moore Streets, and returning to Maple Street and St. Anthony's Church. Once the procession returns to the church, festivities for this special anniversary will conclude with food and drink at a nominal fee, with a menu consisting of meatball and sausage grinders, fried dough, snow cones, baked goods, coffee and soda, and more.

All are invited to help celebrate this 75th anniversary.

Nocturnal Adoration Society To Meet Friday, Oct. 6th

The Nocturnal Adoration Society of Agawam and West Springfield will meet at Saint Anthony's Church in Agawam to conduct and pray the Office of the Blessed Sacrament, Friday, October 6th from 7:00-11:00 p.m.

All are invited to come and spend an hour in Eucharistic Adoration.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event.

The Right Kind Of Faith

What kind of faith do you need to be forgiven of your sins and to obtain peace with God? The right kind of faith focuses on Jesus Christ. Here's what to do:

1. Admit your sinfulness and tell the Lord you want to turn from it. Jesus said, "Unless you repent you will all likewise perish" (Luke 13:3).
2. Believe that "Christ died for our sins according to the Scriptures, and that He was buried, and that He rose again the third day" (1 Corinthians 15:3-4).
3. Trust in Jesus as your personal Savior and Lord. Romans 10:9 says, "If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved."

The time to trust in Christ, to make Him the object of your faith, is now. You can do it today by praying something like this:

Dear God, I know that I am a sinner and that in my own strength I cannot do anything to please You or to earn eternal life. I believe that You love me and that You sent Your Son to die on the cross to pay the penalty for my sin. I now put my faith in You and trust completely in Jesus Christ to rescue me. I desire to turn away from my sin and to let You take control of my life. Amen.

If you prayed that prayer in all sincerity, you can say, "Now I have the right kind of faith!"

Adapted from the booklet *Do I Have The Right Kind Of Faith?*
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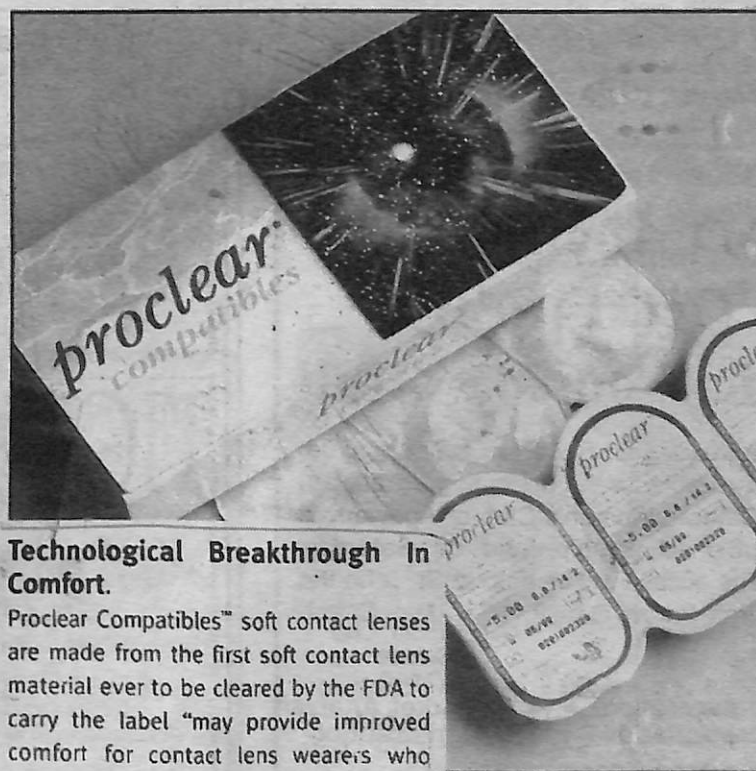
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Reflections...
submitted by
Rev. Peter Monahan
Pastor of the New Life
Christian Church,
Suffield, CT
(413) 789-1377 or
toll free (877) 643-9801

Angels...

"Touched By An Angel" is a very popular TV show. In an era when the darker side of human nature is often depicted in the hit TV shows and movies, "Touched By An Angel" continues to succeed, perhaps because its topic touches the better side of us. People seem to have a natural curiosity about angels. Not only that, we seem to have an affinity towards angels as well. Rare indeed would be the person who, convinced that he or she was being visited by an angel, would send that angel away. We sense that angels are good, whether or not we know much about them.

Angels are a demonstration of God's love for people. People of all sorts of cultures speak and write about angels. The Bible says that angels are *ministering spirits sent to serve those who will inherit salvation*. It seems that each of us might have an angel assigned to watch over us. Jesus once remarked, *"See that you do not look down on one of these little ones. For I tell you that their angels in heaven always see the face of My Father in heaven."*

Whether we actually get our own angels or not, they're certainly here to help us. On a couple of occasions, the Apostle Peter had run-ins with the local authorities and was tossed in jail. *Then the high priest and all his associates were filled with jealousy. They arrested the apostles and put them in the public jail. But during the night an angel of the Lord opened the doors of the jail and brought them out.* After Herod had the disciple James executed, he went after Peter. *The night before Herod was to bring him to trial, Peter was sleeping between two soldiers, bound with two chains, and sentries stood guard at the entrance. Suddenly an angel of the Lord appeared and a light shone in the cell. He struck Peter on the side and woke him up. "Quick, get up!" he said, and the chains fell off Peter's wrists.* Then the angel proceeded to lead Peter out of the prison and into freedom.

It's nice to know that adverse circumstances don't stop angels from completing their assigned tasks to help people, as demonstrated in Peter's case. In fact, the only impediment to the angel's success would have been if Peter had disobeyed him, which he didn't. We don't have to be in prison before angels can help us. There are other examples of angels helping people.

After the people of Israel had fled Egypt in what is

known as the Exodus, they needed a new home. God promised them, *"See, I am sending an angel ahead of you to guard you along the way and to bring you to the place I have prepared. Pay attention to him and listen to what he says."* After the prophet Elijah had led Israel in a revival, he was exhausted, physically, emotionally, and spiritually. So what did God do? He sent an angel to Elijah. *Then Elijah lay down under the tree and fell asleep. All at once an angel touched him and said, "Get up and eat."* Elijah ate the provisions the angel gave him, and then he took a nap. *The angel of the Lord came back a second time and touched him and said, "Get up and eat, for the journey is too much for you."* The angels not only gave provisions, but showed compassion as well.

Angels, good ones at least, carry a message from God. Sometimes that message is what would be considered good news by just about everybody. *There were shepherds living out in the fields, keeping watch over their flocks. An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, "Do not be afraid. I bring you good news of great joy that will be for all the people. Today, in the town of David a Savior has been born to you; He is Christ the Lord."*

Sometimes, the good side of the message the angels carry from God is not immediately apparent, but should be adhered to anyway; *for the message spoken by angels was binding.* God gives us rules to live by, for our benefit. The Bible tells us that *the law was put into effect through angels.* The rules still stand, even if we fail to obey them. The Bible makes a reference to *you who have received the law that was put into effect through angels but have not obeyed it.*

At other times, angels warn us of danger. Sodom and Gomorrah were about to be destroyed by God because of their excessive disobedience, but Lot, Abraham's nephew, was still there with his family. *With the coming of dawn, the angels urged Lot, saying, "Hurry! Take your wife and your two daughters who are here, or you will be swept away when the city is punished."* No wonder the Bible says, *We must pay more careful attention, therefore, to what we have heard, so that we do not drift away. For if the message spoken by angels was binding, how shall we escape if we ignore such a great salvation?*

Finally, we all like a good party now and then. So do angels! Jesus said, *"I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents."*

Parish News And Notes From St. John's Church

MIRACULOUS MEDAL NOVENA: Presently, each Tuesday morning after morning Mass, a group of parishioners pray this Novena. We will not interrupt this schedule. But as of October 4th and continuing each Wednesday, we will include the Novena prayers in the morning Mass during the Prayer of the Faithful, and conclude Mass with the Marian hymn. You can start a nine-day (novena) prayer at any time, thus the term perpetual. We hope this will enrich our parish spiritual life, asking Mary to bring us closer to Jesus.

ST. JOHN'S OVER-60 CLUB: Next trip - October 19th to the Bridgeport Nat'l Bindery on Silver St., with pizza (11:30 a.m.) in the Parish Center beforehand. Carpooling. Call Lorraine Maniscalchi, 786-4149, or Lil Doyle, 786-9586.

PRESCHOOL SUNDAY PROGRAM: Next Sunday, we will begin our "Preschool Program" for children ages 3-5 in the lower church during the 9:30 Mass.

CONFIRMATION CLASS 2000: The Transfer Service for our H.S. seniors who will be Confirmed on October 23rd will be next Sunday at the 9:30 a.m. Mass. They will attend with their parent(s).

CUB SCOUTS: The fall Bottle/Can Drive will be October 7th, with pick-up service available. Call Ed, 789-3587, or Bob, 786-0749.

ST. JOHN'S GUILD: Guild Shoe Sale - October 10th, 4:00 to 7:00 p.m. All shoes are \$12.

HELP! - WE STILL NEED YOU: The Bazaar is coming December 2nd, and we need your help! All the proceeds of the Bazaar go directly to the parish. Come and see how you could fit in. Call Joan Malinoski, the chairwoman, at 789-0299.

PARISH PLAY GROUP: Meets in the lower Church each Tuesday morning from 9:30 to 11:00 a.m. For more info, call Julianne Rossi at 786-3744.

*"Church News" is just one more
reason why you turn our pages
each and every week...
ADVERTISER NEWS!!!*

Art Auction On Oct. 14th By Catholic Women's Club

Have you sent back your RSVP? It is not too late; tickets are still available for the upcoming art auction hosted by the Catholic Women's Club of Agawam to benefit the club's scholarship fund on Saturday, October 14th. The auction will be held at St. John the Evangelist Church Parish Center, 833 Main Street, Agawam.

Come early and preview the many pieces of fine art presented by Ross Gallery of New York beginning at 6:30 p.m. The auction will start at 7:30 p.m. Refreshments of wine punch, cheese and crackers, and cake and coffee will be served throughout the evening. Door prizes and a raffle will be available at the conclusion of the auction.

The cost of the tickets is \$10 per person or \$15 per couple. Tickets may be purchased at the door, or by contacting Mary Gontczaruk at (413) 786-0283.

Committee members who have made this art auction possible are Angela Beaudry, Alice Buell, Mary Gontczaruk, Peggy Lepper, Joan Malinowski, Elaine Taupier, Jackie Toussaint, and Jane Trevethan, and they look forward to seeing you there!

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Calendar Of Activities From Feeding Hills Congregational Church

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills.

Our Sunday Service of Worship begins at 10:00 a.m. and this week will include a special collection of groceries and clothing for the Parish Cupboard.

Rev. Donaldson's sermon is entitled "Listening to the Spirit." The Scripture reading is Revelation 1:4-6, 3:14-22. Connie Haynes will be Lector. Ushers will be Sue Strycharz and Charlie Horenstein.

This week's Youth Moment is "Controlling Our Temps." Children, who are invited to attend worship with adults, may leave at the designated time for Sunday School. Nursery care is provided for the very young.

There will be a special meeting of the Feeding Hills Congregational Church called by the Property Committee immediately following worship service on Sunday, October 8, 2000.

The first of three monthly adult retreats was a rousing success. The next will take place here on Friday, October 27th from 7:30 until 9:30 p.m.

Participants will enjoy time together as well as moments of solitude as they try to find ways to become more spiritually centered.

If you did not attend the last retreat, feel free to join with us this month. If you have a question, please speak to Rev. Donaldson.

The Annual CROPWALK will take place on Sunday, October 15th. Registration begins at St. David's Episcopal Church at 1:00 p.m. with the walk itself kicking off at 2:00 p.m.

This is a hunger relief event in support of Church World Service programs around the world. A portion of the proceeds goes directly to the Parish Cupboard in West Springfield.

The Cupboard assists families from Agawam, West Springfield, and Southwick. If you would like to participate as a walker or sponsor, please speak to your church contact person.

You may also call this church at 786-5061.

The office will be closed on Columbus Day,

St. Anthony's And St. Theresa's Calendar

MASS SCHEDULE (For This Week Only)

- * **Friday & Saturday:** 9:00 a.m., St. Anthony.
- * **Saturday:** 4:30 p.m., St. Theresa.
- * **Sunday:** 8:00 a.m., St. Anthony; 9:30 a.m., St. Theresa; 11:00 a.m., St. Anthony.
- * **Monday-Wednesday:** 9:00 a.m., St. Theresa.
- * **Thursday:** 7:00 p.m., St. Theresa.
- * **Rosary:** One half-hour before daily Mass.

CALENDAR OF EVENTS

- * **Friday, October 6th:** 7:00 p.m., Nocturnal Adoration Society meets at St. Anthony of Padua Church.
- * **Sunday, October 8th:** 8:00 a.m., Mass at St. Anthony's with guests from Agawam's Sister City of Reggio, Italy; 9:30 a.m., Mass at St. Theresa's Church; 11:00 a.m., Mass at St. Anthony Church, followed by the procession of the statue of St. Anthony through the neighborhood, ending at the church (food - at a nominal fee - and fellowship following).
- * **Monday, October 9th:** 6:00 p.m., Choir rehearsal for the 8:30 and 11:00 choirs at St. Anthony's; 7:00 p.m., Parish Council meets in the Parish Education Center.
- * **Wednesday, October 11th:** 7:00 p.m., Cantata rehearsal at St. Anthony's.
- * **Thursday, October 12th:** 7:30 p.m., 4:30 choir rehearsal at St. Theresa's.

Monday, October 9th.

Volunteers are needed to make desserts for the Parish Cupboard on Wednesday, October 11th.

If you are able to make a dessert (brownies, sheet cake, cookies, etc.), please have your contribution to the church kitchen by noon on Wednesday.

A sign-up sheet is located on the bulletin board in Griswold Hall.

Schedule changes and additions:

The Board of Christian Education will not meet on Monday, October 9th, but will meet the following day at 7:30 p.m.

The Agawam Parish Association CROP/Thanksgiving Dinner Committee will meet here on Monday, October 9th at 7:30 p.m.

The Financial Stewardship Committee will meet twice during the month of October. Meetings are scheduled at 7:30 p.m. on the 17th and 24th.

A Christian education training event will be held at this church on October 29th from 2:00 p.m. until 5:00 p.m. This event, sponsored by the Massachusetts Conference, will feature various workshops designed to help improve the Sunday School experience.

Pre-registration is recommended. Please call the church at 786-5061 for registration information.

On the calendar:

Friday, October 6th: 6:00 p.m., Radio Club

Sunday, October 8th: 10:00 a.m., Parish Cupboard/Special Meeting; 12:00 noon, Church of Redemption

Monday, October 9th: Columbus Day (office closed); 6:00 p.m., COR; 7:00 p.m., Property Committee; 7:30 p.m., CROP/Thanksgiving Comm.

Tuesday, October 10th: 3:00 p.m., Girl Scouts; 6:00 p.m., COR; 7:00 p.m., A.A.; 7:30 p.m., Christian Ed

Wednesday, October 11th: Parish Cupboard desserts needed; 3:00 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 7:30 p.m., Choir

Thursday, October 12th: 7:00 p.m., A.A.; 7:30 p.m., Church and Mission

Bethany Assembly To Co-Sponsor "Puppet Ministry Festival"

ONE WAY STREET ministries of Littleton, Colorado and BETHANY ASSEMBLY OF GOD are co-sponsoring a PUPPET MINISTRY FESTIVAL at Bethany Assembly of God, 580 Main St., Agawam, Friday and Saturday, October 13th and 14th.

The Festival is a combination of workshops, puppet team performances, and competition among area youth puppet ministry groups. Our theme for the 2000 Puppetry Festivals is "Dream B.I.G. (Bold in God)."

Special guests include Liz VonSeggen of Englewood, Colorado, David Privett of Highlands Ranch, Colorado, Judy Buch of Tolland, Connecticut, Jim & Debra Fader of Bangor, Maine, Bonnie Scott of Indianapolis, Indiana, and Nancy Bellinger of Indianapolis, Indiana.

Registration opens at 6:00 p.m. and costs range from \$14 to \$30 per person. The Festival begins at 6:30 p.m. Friday and ends around 4:30 on Saturday.

One Way Street is a national children's ministry supply and training organization.

There will be a wide variety of ministry resources available at the Puppet Festival. You can check out the newest and best puppet songs and skits in our Festival Listening Center.

For more information on the Festival, please call One Way Street, Inc. at (303) 799-6751.

News From Valley Community Church In Feeding Hills

The Big E is now over, which means that all our Food Booth volunteers can return to their regularly scheduled lives. For many, that includes the many other activities and services conducted at the Valley Community Church.

Though 17 days at the fair Food Court is a lot of work for the good people who give their time and talent to support the church's main fundraiser, it is a fulfilling time as we work and fellowship together in service to God and His church.

We spoke with many fairgoers about our lovely church high on a hill at 152 South Westfield Street in Feeding Hills, and extended an invitation for them to come and join us. For those reading this column, a warm welcome from all of us and we pray that the spirit of our Lord Jesus Christ will lead you to worship this Sunday. If you are looking for a church or are new to this area, we hope you will include Valley Community Church as part of your spiritual search and in your church visitations.

Here is a calendar of events and services:

Saturday, October 7th: 8:30 a.m. to 4:00 p.m., Parsonage Painting and Picnic. Bring a brush and a goodie. Call Margie at 786-2445.

Sunday, October 8th: 9:30 a.m., Sunday Worship Service with Communion. There is also a Cherub Worship and Junior Worship at this time. Fellowship follows at 10:30 a.m. Christian Education classes (pre-school to adult) start at 11:00 a.m. (A nursery is also available.)

Monday, October 9th: 10:30 a.m., Ladies' Bible Study; 7:00 p.m., Board of Administration meeting.

Tuesday, October 10th: 7:00 p.m., Board of Deacons meeting.

Wednesday, October 11th: 7:00 p.m., Senior Choir rehearsal.

Thursday, October 12th: 7:00 p.m., Open Prayer Time.

Saturday, October 13th: 5:00 to 6:30 p.m., THE Chicken Supper. (Our chicken suppers are back after the summer hiatus. Call 786-2445 for reservations to this popular feast which includes a baked half-chicken and all the fixings.)

Valley Community Church is a non-denominational Christian church affiliated with the National Council of Community Churches. We welcome all persons of Christian faith to join us in worship and fellowship. For more information, please call our shepherd, Pastor Gene de Jongh, at 786-2445.

Weighdown Workshop Offered At Agawam Church Of The Bible

Do you feel like a slave to food? Do you fight the diet battle only to regain the weight soon after?

If so, join us for a free orientation session and learn about the "Weighdown Workshops: Exodus Out Of Egypt" seminar, a Christ-centered program that teaches us to replace our devotion to the refrigerator with a deeper, more satisfying devotion to God.

Through this 12-week seminar, you will learn how you can be delivered from the slavery of overeating and dieting. God can change your heart so that you truly have no desire to eat if you are not physically hungry.

The free orientation will be held on October 12th at 7:00 p.m. at 335 Walnut Street. This program is for both men and women, so please make plans to attend.

For more information, call Carol Pietroniro at 789-9275.

Announcements From Crossroads Christian Fellowship In F. Hills

Crossroads is located at 522 Springfield Street, Feeding Hills. Our Sunday morning worship begins at 10:00 a.m. with worship leader Michael Caba and Pastor Gary Reiff teaching.

We have Home Groups meeting every Thursday at 7:00 p.m. (one in Springfield and one in Westfield).

Sunday, October 15th, at 5:00 p.m.: "Red Sky In The Morning" video series by Bill Bright & John Damoose.

This video study will take you on an exciting adventure defining how we can capture God's purpose for America and how we can discover God's plan for our lives.

A "Work Day" has been scheduled for Saturday, October 14th. If you can only make it for a couple of hours, it is appreciated.

Intercessory Prayer: Sunday morning, 9:00 a.m.; Monday morning, 10:00 a.m.; Monday evening, 6:30 p.m. (Harp & Bowl).

YWAM - Youth With A Mission from Texas, October 31st and November 1st.

For further information, please call the church office at 821-0937.

Catholic Women's Club Of Agawam To Hold A Living Rosary

The Catholic Women's Club of Agawam will hold a Living Rosary on Monday, October 9th, at 7:30 p.m.

Betsy Ciempa, chairperson of the evening's program, will begin the service by announcing the five mysteries of the Rosary, and offering intentions for deceased members. Club officers will begin the opening prayers.

Kay Capitanio, Gloria Colby, Kay Monahan, Paulene Paquette, and Bernie Polopek will then proceed to lead 10 club members through one decade of the Rosary. The church will become aglow as each member recites one prayer, forming a "Living Rosary." Members who will be participating in the recitation of the Rosary are requested to bring a flashlight and meet in the Parish Center by 7:15 p.m.

After the service, members will return to the Parish Center for the October business meeting and refreshments, which will be provided by hospitality chairperson Adele Gallano and her committee.

Any person who would be interested in participating in the Living Rosary may contact Betsy at 786-5160. *New members are welcome!*

Ziti & Meatball Dinner At St. John's Church

A ziti and meatball dinner will be held on Thursday, October 19th, at St. John the Evangelist Church Hall, 833 Main Street, Agawam. Servings will be from 4:00 to 7:00 p.m.

The dinner will also include salad, dessert, and beverages. There will also be door prizes (however, you do not have to be present to win).

Tickets are available at the door, and the cost is \$5 for adults, \$2 for children, and free for youngsters five years of age and under.

The chairman of the event is Gerry Parent (786-2884), and the co-chairman is Jim Coppola (789-1897).

Events Calendar From Faith Bible Church

Our fall tag sale will be held next Friday and Saturday, October 13th and 14th, from 10:00 a.m.-4:00 p.m. at the church at 370 Shoemaker Lane. We have been cleaning our homes and have many different items to sell.

As our addition proceeds, we need to raise funds to pay for things, and we find doing a tag sale beneficial to us as well as those looking for a great bargain.

The first monthly Men's Prayer Breakfast will be Saturday, October 7th, at 8:00 a.m. at the church, and

will usually be held the first Saturday morning of every month unless notified of a change.

Our next potluck dinner will be held Friday, October 20th. We had one last week, and all who attended enjoyed some wonderful food and even better fellowship.

Weigh down workshop has started and anyone interested needs to call Joy Benevento at 733-0432.

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Boneless Top Round Roast	\$1.99 Lb.
Boneless Top Round London Broil	\$2.79 Lb.
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Beef Round Stew Beef	\$2.69 Lb.
Fresh Ground Round	
5 Lbs. Or More	\$2.49 Lb.
10 Lbs. Or More	\$1.99 Lb.
Whole Boneless Eye Rounds (In Cryovac)	\$2.39 Lb.
Whole Butt Tenderloins (In Cryovac)	\$5.69 Lb.
Boneless New York Strip Steaks	\$5.99 Lb.
Fresh Ground Chuck	
5 Lbs. Or More	\$1.69 Lb.
10 Lbs. Or More	\$1.39 Lb.
Center Cut Boneless Pork Roast	\$2.89 Lb.
Center Cut Boneless Pork Chops	\$2.99 Lb.
Grade "A" Skinless & Boneless Chicken Breast	\$2.69 Lb.
Zonin Italian Sausage (Hot Or Sweet)	\$2.39 Lb.

DELI

Land O' Lakes American Cheese	\$3.99 Lb.
Land O' Lakes Muenster Cheese	\$3.99 Lb.
Russer German Bologna	\$1.69 Lb.
Atlanta Imported Ham	\$2.99 Lb.
Russer Low Salt Ham	\$3.49 Lb.

Margherita Prosciutto \$5.99 Lb.
Russer Kielbasa Loaf \$2.69 Lb.
Hormel Genoa Salami \$2.99 Lb.
Willow Brook Deluxe Turkey Breast \$2.39 Lb.
Fresh Seafood Salad \$4.99 Lb.

PRODUCE

Bananas	.39 Lb.
California Eating Oranges (Jumbo Size)	.39 Each
Red Seedless Grapes	\$1.49 Lb.
Iceberg Lettuce	.89 Head
Celery Hearts	.89 Pkg.
Butternut & Acorn Squash	.39 Lb.

DAIRY

Hood 2% Low Fat Milk (Gal.)	\$2.39
Hood 1% Low Fat Milk (Gal.)	\$2.19
Sweet Life Grade "A" Jumbo Eggs (Doz.)	.99

SEAFOOD

Fresh Scrod Fillet	\$4.99 Lb.
Frozen Lobster Meat (11.3 Oz. Can)	\$12.99

Log Cabin Scented Candles 3 For \$1.99

Monday Only - Columbus Day:
Fresh Ground Chuck (10 Lb. Pkg.)
\$9.99

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Spotlight on Business



Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos
Personal Financial Advisors
American Express
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No Heirs? Here's How To Keep Uncle Sam From Your Estate

Financial advisors often emphasize the importance of estate planning in preserving wealth for your heirs. But what if you have no family or anyone you consider an heir? How do you keep the wealth you've built from enriching the government's coffers?

There are several ways to keep Uncle Sam from getting too much of your hard-earned money. First, though, consider what would likely happen to your assets if you die without planning for your estate.

You can't take it with you. If you don't spend your wealth or give it away during your lifetime, and die without a will, your assets will be distributed according to state law regardless of your wishes. In most states, the probate court will distribute your estate to your next of kin. If you have no close family, the courts in many states will try to locate even distant relatives and distribute your assets to them.

Of course, what your next of kin receives is what's left of your estate after the government takes its share in taxes. The federal estate tax alone could be as high as 55 percent, and some states add an inheritance tax to that, as well. So without planning, not only could your estate go to people you don't intend to receive it, but well over half of your hard-earned estate could be assessed for taxes.

You may have more than you think. If you don't believe you have enough of an "estate" that anybody, including the government, would care about, think again. If you own a home, any investments and a retirement plan, your wealth may have appreciated considerably over the last few years of our booming economy. Your estate includes anything you own and property over which you retain certain interests or powers. You should also tally the value of any business assets, life insurance, vacation properties, vehicles, boats, furniture, jewelry, and other property. Your estate can easily exceed the amount protected by the

federal estate tax exemption (\$675,000 in 2000-2001, rising to \$1 million in 2006), so creating an estate plan will likely be worthwhile.

Achieving your goals. There are several ways to ensure that your assets help you achieve your objectives, both during and after your lifetime.

Spend it yourself — You've worked hard to build your wealth, so why not enjoy the fruits of your labor? Review your financial goals — such as a new home, dream vacation, a return to college, or early retirement — and determine whether your assets can help you achieve them now or sooner than you thought. A knowledgeable financial advisor can help you review your situation and create a plan to help you get what you want now.

Give some of it away — While you can enjoy it, why not consider giving assets to people and worthy causes that you care about. Perhaps you're a book lover who would enjoy buying books for your town library. Or maybe you would enjoy contributing to college funds for disadvantaged children or for the heirs of your close friends.

Giving assets to people and charities not only can give your pleasure, it can provide estate- and income-tax benefits. You can give up to \$10,000 (married couples can give up to \$20,000) per year to as many people as you want without incurring gift or estate taxes. (This \$10,000 is expected to increase in the future.) There's no limit to how much you can give to charities, and your contributions are generally not subject to gift or estate taxes. In addition, an income tax deduction also may be allowed in the year of the charitable gift subject to applicable limitations. By giving charities appreciated assets such as stocks or mutual fund shares that you've held at least a year, you get an income-tax deduction for their full appreciated value and avoid paying tax on the capital gain.

Because the tax implications are often difficult to understand, it is best to consult with your tax attorney before making any donations.

Make your final wishes known — Even if you don't have heirs and you expect to spend or give away your wealth while you're alive, it's still a good idea to complete a will and perhaps look into trusts and other estate strategies. That way, your remaining property will be distributed to your chosen friends and worthy causes with as little delay, legal costs, and estate taxes as possible.

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GINA FUSICK

At New Feeding Hills Branch... Gina Fusick Named Personal Banker At United Cooperative

Raymond J. Labbe, President of United Cooperative Bank, has announced the addition of Gina Fusick of Feeding Hills to the bank.

Ms. Fusick will serve as Personal Banker at the new branch in the Community Shops, 1325 Springfield Street, Feeding Hills. She and her team will open the branch on October 10th.

Born in Feeding Hills and a graduate of Agawam High School and Westfield State College, Ms. Fusick has been in banking for 30 years.

She currently serves on the Board of Directors of the Agawam Chamber of Commerce. Her community involvement also includes the Lower Pioneer Valley School Consortium, where she has developed an internship program for students.

Married with two sons, Ms. Fusick and her family enjoy boating, canoeing, and restoring their 1977 Corvette and 1932 Buick Model 91.

Keenan & Molta Welcomes New Agent

Coldwell Banker Keenan & Molta Associates welcomes **Cathy Mushenko** to its Wilbraham office. Mushenko has 16 years of full-time real estate experience in the Western Massachusetts market. "We welcome Cathy to our company. We know she will be a great addition to our team," says Bob Molta, President of Coldwell Banker Keenan & Molta Associates.

Cathy Mushenko CRS, CBR is a life-long resident of Monson. She looks forward to helping residential buyers and sellers in Monson and the surrounding towns. She is a strong listing agent with a track record in helping seniors relocate or downsize. Mushenko enjoys helping people through the real estate process which, at times, can be complicated.

Mushenko has given back to her community through volunteering at local schools and serving on the Monson Planning Board. Mushenko prides herself in keeping up with the latest in real estate training in order to better serve her customers.

Coldwell Banker Keenan & Molta Associates is the largest locally owned real estate company in Western Massachusetts, the second largest real estate company in the greater Springfield area. The firm is the principal broker for Cendant Mobility; the largest relocation company in the world.

Five offices and approximately 75 sales associates provide comprehensive home selling, home buying, mortgage and relocation services to the greater Springfield area.

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Dealing With Divorce

Divorce may be the most painful thing that we ever experience, short of the death of a loved one!

I have been practicing law for about 20 years. For the greatest portion of those years, my practice has been focused on the "Domestic" area. This includes divorce, separation actions, child custody, child support, paternity, and the modification and contempt actions relative to these orders. In the years I have practiced, this area of the law has gone through, and continues to go through, incredible changes. It appears to be one of the fastest growing areas of litigation in our area, our commonwealth, and out nation.

When most of us were growing up, divorce was almost unheard of. Families stayed together for better or worse. We rarely heard of children being born out of wedlock. This issue was either handled within the family and/or the child was immediately offered for adoption. In both of these scenarios, the actions taken were not always the most humane.

Now, divorce is an everyday reality in our lives. Although the figures vary and the method of computation is not the most reliable, it is estimated that between three in four or three in five marriages will end in divorce. As a result, today we face a situation in which divorce is a rapidly growing issue before the courts.

With few exceptions, our legal system is and always has been based on an adversarial format. Generally, two adversarial parties offer counter-arguments in support of the opposing positions to an unbiased court (judge). Based on those arguments, the court offers the parties a resolution to their disagreement, which the court believes to be just, based on those arguments. Despite the apparent general criticism, this system works well. In most cases, in fact, better than most others. However, in divorce, the system seems to be somewhat lacking.

Because of the nature of the system, the courts address the termination of a marriage much the same way it faces the termination of a business partnership and the distribution of the assets thereof. (To its credit, the court attempts to deal with the minor children of the marriage with more compassion and dignity. However, because of its nature, the court is limited on how it can deal with even such a sensitive area.) The problem is, there is a significant difference in the dissolving of a business partnership and marital partnership and it is that difference that is at the root of the

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Attorney At Law



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problem.

When we seek divorce, we are not only witnessing the termination of a relationship, we are involved in the termination of a portion of our dreams. Our vision for ourselves as part of a family and a warm and secure place in which to return from the world is being destroyed. In addition, all our loved ones are affected, including those most precious children of ours. The purpose of this column will be to address many of the fears and anxieties related to divorce that may be the result of our misunderstanding of the process, or a simple fear of the unknown.

If you are involved in a divorce or any action regarding the Probate and Family court and you have general questions, please send your questions to me at 360 Springfield Street, Agawam. I will pick a question that I believe the answer to which may be of general value. You must understand, I will not answer specific questions regarding your case or any other matter. My answers will be general and based on Massachusetts General Law and/or the policy of the courts.

Additionally, it is my firm belief that all parties involved in a domestic matter before the court should be represented by a competent family law attorney. The Probate court procedure is too complicated, the matter is too important, to be handled by someone without an in-depth knowledge of the system and the law.

It is also my recommendation that if someone is, understandably, suffering from emotional difficulty dealing with these highly personal issues of security and trust, that they should seek counseling to assist them in getting through these matters.

Future columns are intended to discuss topics such as Divorce, Mediation, Statutory Child Support Guidelines, Shared Physical Custody, Co-Parenting Plans, the effects of a Restraining Order (209-A Protective Order) on the process of divorce. It is my hope that through the open discussion of these issues, we may promote the concept of divorce with decency.

Legal Memo

by
Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



Summary Judgment Home Inspection

A plaintiff filed claims of breach of contract and negligence against a defendant home inspection company for not informing her during the home inspection that the three-family residence she was purchasing did not comply with the building code. The defendant moved for summary judgment on the two relevant counts of the plaintiff's complaint against it. After a hearing and for the reasons stated below, the defendant's motion for summary judgment was allowed.

DISCUSSION

In the summer of 1996, the plaintiff executed a contract with the defendant to conduct a home inspection on the three-family home that she was buying. The contract specifically provided that the plaintiff does not inspect for any code or zoning violations unless otherwise indicated on this report.

During the course of the home inspection, the inspector noted as to the third floor rear and front doors, "Allow for safe exit from third floor," and checked off the box labeled "Contractor."

The plaintiff contended that the defendant breached its contract with her by not informing her that the absence of a second means of egress from the third floor meant that the building was in violation of the building code for a three-family residence. However, the defendant's silence in this matter cannot be found to constitute a breach, since the agree-

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FERRIGNO - from Page 23

ment specifically declared that the defendant did not inspect for code violations. The only exception to this limitation under the contract was when it was "otherwise indicated on this report," but the report nowhere indicates that the defendant had inspected the building for code violations. Consequently, since there was not duty under the contract to advise the plaintiff regarding code violations, there can be no breach of contract for the failure to perform that duty.

The plaintiff contended that, even if there were no duty under the contract, the defendant had a common law duty to inform her of code violations that the defendant knew of or should have known of. The plaintiff, however, cannot cite a single case to support her contention that such a common law duty exists. The standards of the home inspection profession certainly did not support the existence of such a common law duty. Section 3.2(A)(5) of the Standards of Practice of the American Society of Home Inspectors, Inc., effective June 1, 1992, which was effective at the time of this inspection, provides, "Inspectors are NOT required to report on...compliance or non-compliance with applicable regulatory requirements." Nor are the standards moving towards imposing such a duty of reporting on code violations. Section 13.2(B)(8) of the Standards of Practice and Code of Ethics of the American Society of Home Inspectors, Inc., effective January 1, 2000, provides, "Inspectors are NOT required to determine...compliance with regulatory requirements (codes, regulations, laws, ordinances, etc.)."

Nor does public policy require the creation of such a duty. A home inspector is not trained as a code inspector. Indeed, given the many different codes and regulations that must be complied with in the many cities and towns, it would significantly add to the cost of a home inspection to this new duty. Moreover, if such a duty were imposed, home inspectors would likely narrow the geographic scope of their inspections to those cities and towns whose codes and regulations they knew, thus reducing the overall availability of home inspectors. A prospective homeowner may certainly contract for a code inspection, but he/she should not expect a code inspection when he/she has contracted for and paid for a home inspection.

Here, the home inspector did not agree to perform a code inspection and did not provide information to the plaintiff regarding code compliance. On these undisputed facts, the defendant neither had nor assumed a common law duty to advise the plaintiff regarding code violations. In the absence of such a common law duty, there cannot be a finding of negligence for any breach of that duty.

For the reasons stated above the defendant's motion for summary judgment was allowed.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

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Travel Talk...

by Lori Keeley, CTC
Travel Connections, LTD.
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Cruising On The Victory With Carnival Cruise Lines...

Our office staff recently had the opportunity to cruise on the inaugural sailing of the "Victory." This is one of Carnival's newest ships that will be sailing this winter, offering seven-day cruises alternating between the Eastern and Western Caribbean.

Some of our staff previewed the Victory on a two-day cruise to nowhere sailing from New York City. The Victory is 101,000 tons and is 893 feet long.

When booked to full capacity, the ship will hold 2,758 guests and a cruise staff of 1,100. The ship was fully booked on our sailing, and I can honestly say that we did not feel crowded.

If you are a sun worshipper and like to be near the pool for the day, I would suggest an early-morning visit to the Lido Deck to reserve your lounge chairs.

The food was great and there was plenty of it at all times of the day. We had the opportunity to sample the breakfast buffet, lunch buffet, 24-hour pizzeria, and "help yourself" soft serve ice cream and frozen yogurt. Dining (of course) was a show in itself, and as always, the evening entertainment was great.

I would have liked to enjoy some of the spa services, but with the limited amount of time we had, the salon was completely booked up. Spa services are a must if you like a little bit of pampering on your vacation.

Our cabin was in a perfect location on Deck 8. We had an inside cabin with two lower beds that can easily convert to one king bed.

The Victory can also accommodate the physically-challenged with spacious cabins and other amenities.

This winter, the Victory will visit Cozumel, Grand Caymen, Ocho Rios, and alternate with San Juan, St. Croix, and St. Thomas.

If you have any questions about the Victory or any other cruises, call our office at 732-1313 or email us at trvconn@earthlink.net.

Just a reminder: we are booking our fifth annual "Christmas Spectacular" at Radio City on November 19, 2000 (only \$89 per person).

Call Travel Connections LTD, 10 Chestnut Street, West Springfield, MA 01089, 732-1313.



'VICTORY,' ONE OF CARNIVAL'S newest ships that will be sailing this winter, offers seven-day cruises alternating between the Eastern and Western Caribbean.

If you have dropped off any photos to our office for Boy Scout activities, church events, etc., please pick them up after they appear in The AAN...

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Brighten the room with light, airy window treatments. If natural sunlight is unavailable, use artificial lighting to lighten the room.

Use the highest-wattage light bulbs your fixtures will allow. And adding well-placed mirrors will both brighten and expand a small bathroom.

For a "Home Merchandising System" brochure, please call PAM SAVIOLI at 413-748-7565. PAM SAVIOLI is a professional Realtor with over 13 years of experience. Call her with any of your real estate questions or e-mail her at <http://pam.savioli.realtor.com>.

Bob's Apple Business Still Booming...

BOB'S APPLES ON MILL STREET, headed by the always-upbeat Max Gaj, has been a local fixture for many years. Max sells his apples at the roadside stand which is located on Springfield Street in Feeding Hills. Max is handing a bag of apples to Leo Tonelli and Diane Simpson.

Advertiser News photo by Kathy Shepard.

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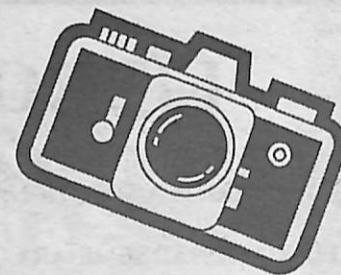
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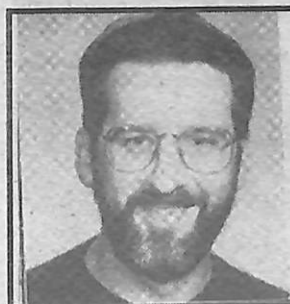
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Family Membership - Part II Of II

Family membership has its privileges?

Last week, I opened up our conversation by introducing the theme of *family* and *personal* identity. I described how for many people these are one in the same. Many people struggle in their attempt at differentiating a sense of self different from their family's version of who they are and should be.

I would go so far as to say that the person who considers and takes seriously this idea that they can be more than their family identity is living life dangerously and on the edge. The danger, I believe, stems from the deep fear that if I cease to see myself exclusively, as my family identity, then I will cease to exist. It will feel as if my very self will not and can not exist apart from them.

There can be safety and comfort in knowing who I am, even if it is someone else's version. This can be especially true when surrounded by abuse, neglect, violence, addiction, and other forms of "dysfunction." As bad as these might be, people can and do take comfort in knowing "at least I know who I am!" The fear of not knowing what *could be* can also keep us stuck in limited and even dangerous relationships.

It can be very unsettling when you attempt to honor the voice within that yearns for life as you could be and as God has intended you to be. Even thinking about your potential can be considered subversive to the family version. For many of us, there is a natural tension and conflict between knowing our family identity and wanting our own identity, different from the family's.

It is no easy task to create an identity that seeks freedom into a way of living that is more than the family's version! I am not advocating anyone cut-off from their family (identity). On the contrary, creating a sense of self is more about learning how to be connected to the family (identity) in new and different (non-abusive) ways. This can be simply done by shifting the way you approach and/or think about your side of the relationship. It requires considering your safety and assessing if any real change in the other person's behavior has occurred. But I'm not talking

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Clean Water Program At Country Estates



CLEAN WATER ACTION, the environmental activist group, presented a program at Country Estates of Agawam on Suffield Street called "Learning Disabilities and the Environment." Chris Broadhurst (standing) of Clean Water Action facilitated the program, which was sponsored by Immunoasis. Advertiser News photo by Kathy Shepard.

Our classified ads cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 23 Southwick Street, Feeding Hills Center (above Remillard Insurance Agency), or mail them (along with payment) to P.O. Box 263, Feeding Hills, MA 01030.

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Nat'l. Alliance For Mentally Ill To Conduct Iris Project

October is Mental Illness Awareness Month and the National Alliance for the Mentally Ill of Western Massachusetts will once again conduct its annual Iris Project.

During the month, over 75 NAMI-WM volunteers will be available at more than 25 churches and stores throughout Western Massachusetts to offer lapel-size silk irises and brochures about mental illnesses and receive donations for their non-profit organization.

The Davis Foundation gives a grant to NAMI-WM to purchase the irises. After four years, the Iris Project has become a major, well-known fundraising event for NAMI-WM.

Ted Dunn and Don Bedford of Springfield are volunteer coordinators of the Iris Project.

The iris has been adopted as a symbol of hope by NAMI because of the famous painting of irises by the artist Vincent van Gogh who suffered with a serious mental illness.

In 1889, 100 years before modern technology was able to demonstrate that mental illnesses are physical disorders of the brain, Vincent van Gogh wrote to his brother: "I am beginning to consider madness as an illness like any other, and I accept it as such."

For more information, call the NAMI-WM office, 413-786-9139 or 1-800-295-2121.

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about simply returning to a destructive way of relating that doesn't offer anything better or good for you. Doing this type of connection with one's family of origin can significantly support not repeating old relationship patterns today.

There is a strong, systemic need to remain loyal to who the family system needs you to be in order for the family system to survive as it is into the next generation.

Is the cost for this generational transmission your version, your story, your very identity? Family membership has a place, but do you think the cost should be your individual sense of self? What do you think? Please e-mail, telephone, or write me with your feedback, relationship questions, and topics and "Let's Talk about it".

Dan Pender, MA, MFT, has a private practice as a Marriage & Family Therapist, specializing in individual, couple, and family relationships. He is a Clinical member of the American Association of Marriage & Family Therapy. He can be reached by e-mail at dpmft449@aol.com or P.O. Box 449, Agawam, MA 01001, or by phone at (413) 789-4460.

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The fair, for the entire community, is Saturday, October 7th from 10:00 a.m.-2:00 p.m. at the 230 Main St., Agawam practice location.

Highlights of the Fair offer free screenings that include: bone density (osteoporosis), pulmonary (breathing/lung) function, blood sugar (checking for diabetes), blood pressure, child car seat safety, body fat analysis, posture evaluation, and first aid demonstrations.

There's also herbal remedy advice from Dr. Sharon MacMillan, Ob-Gyn at Medical West, on PMS and menopause, as well as free massage from 10:00 a.m.-12:00 noon, scarecrow and pumpkin making, finger-casts for the kids, bike safety, clowns, face-painting, balloon animals, fire trucks, snacks, and more.

For information about the Fair, please call Emily Lewis at 789-8045.

Medical West Associates is a multi-specialty, private medical practice with locations in Agawam, Chicopee, Springfield, and Westfield.

Dr. Xavier Amador To Be Guest Speaker At NAMI

On October 10th, the National Association for the Mentally Ill of Western Mass. will have as a guest speaker, Dr. Xavier Amador. He has written a book called, "I Am Not Sick, I Don't Need Help."

Dr. Xavier has been an on-air contributor to the Today Show for nearly two years. He was a defense expert in the Unabomber case. One of the reasons he wrote the book was because of his friendship with David Kaczynski, Ted's brother. He has and continues to work with Atty. Anna-Lisa Johnsson, whose mother believed she was married to David Letterman.



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Agawam

How Long Will It Take Me To Get Better???

"Doctor, how long will it take me to get better?" This is one of the most frequently asked questions that I receive. All patients want to get well as quickly as possible. Often, they want to know what can be done to speed the healing process. Since many problems are often the result of years of neglect or improper activities, the answer is not simple.

While there aren't any shortcuts to speed your body's natural healing process, here are some things you can do to give yourself the best chance of a quick recovery:

* Learn proper sitting and lifting methods. Specific exercises may be suggested to help retrain the muscles that support your spine.

* Proper rest is an important aspect of the healing process, too. Get the appropriate amount of rest your body needs and avoid sleeping on your stomach.

* During the healing process, proper nutrition is more important than ever. Make sure you eat balanced meals. If you're overweight, now would be a good time to slim down and reduce unnecessary stresses to your spine.

* Perhaps most important of all, keep your appointments and follow your chiropractic doctor's recommendation for optimum results.

Dr. Joseph Schlaffer and his wife, Dr. Katherine Schlaffer, have been helping sick people get well, naturally, for over 20 years. Call 789-1369 or 789-1073 for an appointment.

*Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, letters, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter ...
ADVERTISER NEWS!!!*

When the cost of family membership is you.

Read more about this in today's FOR YOUR HEALTH column.

from

Dan Pender
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Chiropractic Care
by Dr. Tami Nelson
Chiropractic Physician
Hampden County
Chiropractic
850 Springfield St.
Feeding Hills
786-4820

Keep On Walking

Many of us walk regularly for exercise. We start out walking every day with the nicer weather, then slack off once the cooler weather comes. Just to keep us motivated through the tougher times, here are some studies on walking.

A study by Harvard-based Nurses Health Study based on six years of data from 72,488 women ages 40-65 showed that squeezing in 30 minutes of vigorous exercise every day can reduce women's risk of stroke by up to 30 percent. Stroke is the third leading cause of death in men and women.

The study focused on ischemic stroke, the most common type of stroke, but also showed 30 minutes of daily exercise reduced the risk of other types of stroke by 20 percent.

Women benefitted from any form of vigorous exercise, whether it was a brisk walk, jogging, or aerobics, so long as the activity elevated the heart rate and breathing.

One way exercise cuts stroke is by lowering blood pressure and the chance of blood clotting. An ischemic stroke is caused when blood vessels are constricted and then finally cut off by a clot.

Another study conducted on 6,017 Japanese men found that men whose walk to work lasted 21 minutes or more had a decreased risk of hypertension compared with those whose walk lasted 10 minutes or less. The authors of the study recommend walking as a means to reduce blood pressure.

So, what's in a walk?

Increased energy; decreased body fat; increased metabolism; increased digestion; increased muscle tone; and now - decreased blood pressure and decreased risk of stroke.

So, keep on walking!!

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

Support Group For "Essential Tremor" Sufferers

Do you have "essential tremor" (shaking hands, voice, or head for no known cause)? You are not alone. Millions of men, women, and children in the United States have it, too.

The Connecticut River Valley Essential Tremor Advocates is a support group that meets on the fourth Wednesday of the month at 6:00 p.m. at the Chicopee Senior Center, 7 Valley View Court, Chicopee.

We invite you to join us to explore treatments and share coping strategies for essential tremor.


For more information, please call Judy at (413) 594-7674.

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Volunteers Get Thanks From Easter Seals



MARIA MEDINA (left) AND CARISSA SKUSE (right), both of Holyoke, get big smiles and thanks from brothers Mathew (left) and Tyler Riberdy of Agawam for their hard work as part of the D'Angelo's staff in the recent D'Angelo's promotion to benefit Easter Seals and the Genesis fund. Medina and Skuse helped raise over \$1,000 at the D'Angelos's Riverdale Street location in West Springfield. The money raised supports Easter Seals services, including the adaptive swim program the Riberdy brothers participate in, camp, equipment loan, assistive technology, physical and occupational therapy, vocational rehabilitation, advocacy and information, and referral service.



**Food
For
Thought**
by Nancy Dell
Registered Dietician

Low Iron Affects Muscle Metabolism

Have you worked out for weeks but haven't lost an inch? Results of a new study may help you out of that rut. Researchers say low iron levels may be keeping many women from getting the most out of their workout.

A study out of Cornell University finds women who have low body iron, but are not anemic, have a much tougher time with exercise than women with normal levels. Researchers say the low iron levels affect the muscle's metabolism. As a result, women don't reap the full benefits of training, and are more likely to quit their routine, because they aren't seeing the results they want.

Good news - boosting iron levels can reverse that effect. The study followed 42 iron-depleted women. All worked out, half received supplements. After four weeks, the group that got iron showed a 10 percent improvement in endurance.

Researchers say women who are physically active, dieting, or vegetarians are at higher risk for iron depletion.

The problem affects up to 16 percent of American women. Most have no idea they have low iron.

Most women need 15-mg. of iron a day. Check the following iron levels to see how you do:

Liver, 3 oz. serving, 7.5 mg; beef (hamburger or steak), 3 oz., 3.0 mg; pork chop, 3 oz. edible portion, 2.7 mg; blackeyed peas, .5 cup, 2.6 mg; chicken, 3 oz., 2.0 mg; tuna, 3 oz., 1.6 mg; egg, 1 lg., 1.2 mg; peanut butter, 2 tbsp., .6 mg.; green peas, .5 cup, 1.5 mg; greens, .5 cup, 1.4 mg; tomato sauce or juice, .5 cup, 1.1 mg.

Winter squash, .5 cup, 1.1 mg; baked potato, .5 cup, 1.0 mg; fortified cereal, 1 oz., 4.5 mg; bran muffin, 1 med., 1.5 mg; cornbread, 1 slice, 1.2 mg; rice, .5 cup, .9 mg; chile con carne, 1 cup, 4.3 mg; spaghetti & meatballs, 1 cup, 3.7 mg; beef stew, 1 cup, 2.8 mg; pizza, 1/4 of 14" pie, 2.7 mg; beef taco, 1, 2.6 mg.

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills, MA and the media representative for the Massachusetts Dietetic Association.

She can be reached at 850 Springfield St., Suite 4, Feeding Hills, MA. 413-786-2957. Accepting Tufts, Secure Horizons, and Harvard Pilgrim.

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Call 413-786-8157 to register or
E-Mail KShep87309@aol.com for information



Beginning "First Friday Series".....

'The Three Baritones' To Perform On October 6th

The Agawam Cultural Council will present THE THREE BARITONES in concert on Friday, October 6th, at the Agawam Middle School Auditorium, 68 Main Street. The program will begin at 7:30 p.m. and is the first in a series of programs presented the first Friday of each month. The evening of musical entertainment will be given by Jerry Millette, Jim Denning, and Brad Shepard, accompanied by Frank Jackson (a well-known pianist and director).

The music varies from Broadway shows to classic tunes and operetta selections. The audience will also enjoy a touch of comedy, with the hilarious duet done by Jerry Millette and Brad Shepard - "Josephine, Please Don't Lean on the Bell." A non-musical skit reflecting the old Jack Webb television days will be done by Jerry & Cil Millette. The show closes with a rousing trilogy of Italian songs, much like "The Three Tenors" best finales.

Jim Denning has been a member of the Springfield Symphony Chorus and Tanglewood Chorus in the past. He has been a tenor soloist with many area churches, and is currently tenor soloist at the First Church, Congregational in Suffield.

Jerry Millette has performed leads in many local Gilbert and Sullivan shows, and has also been the baritone singer in local professional groups here and in Florida.

Brad Shepard is a favorite DJ on WMAS FM, and has performed on stage in musicals and non-musicals (most recently in Bay Path's production of "Mack and Mabel").

Frank Jackson is well-known throughout the area for his musical talents and directing abilities. He has directed musicals for schools, colleges, and private groups throughout the area.

The program is free and is funded by the Agawam Cultural Council and the Massachusetts Cultural Council.

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Springfield Symphony Season Premier Scheduled For Saturday, October 14th

On October 14th, the Springfield Symphony Orchestra will inaugurate its 57th season at Symphony Hall with a classical program featuring guest conductor Geoffrey Moull and guest pianist Andreas Klein. The 8:00 p.m. performance will showcase Aaron Copland's *Fanfare for the Common Man*, *Symphony No. 2 in D Major* by Brahms, and Beethoven's *Piano Concerto No. 4 in G Major*.

Geoffrey Moull is the first of four finalist candidates for the position of SSO music director who will guest conduct the Symphony this season. He is currently Principal Conductor and Associate Music Director of the Bielefeld Philharmonic and Bielefeld Opera in Germany.

Moull's conducting performances have received critical acclaim, and have been variously described as demonstrating "magnificent interpretation, wonderfully judging of phrasing, atmosphere and warmth" (Das Orchester, Hamburg) and as "thrillingly profound and touchingly sensitive, bold and dramatic" (Deutschland Radio, Berlin), "creating a work of overwhelming expression" (Westdeutsche Rundfunk, Cologne).

Mr. Moull's innovative spirit has led him to program and conduct many first performances. He is responsible for the discovery of numerous important works of the 19th and 20th centuries, including works by Berlioz, Schumann, Mahler, D'Albert, Martinu, and Honegger.

Pianist Andreas Klein has brought highly acclaimed

performances to worldwide audiences since his appearances with the Berlin Philharmonic Orchestra and in recital at Carnegie Hall and Alice Tully Hall in New York. The New York Times describes him as "a fascinating artist with all the indispensable qualities; temperament, taste, touch, tone, the four T's of pianism...a pianist who makes silences sound like music."

Conductor Geoffrey Moull will present *Classical Conversations*, a preconcert discussion at 7:00 p.m. in Symphony Hall. This informal and informative talk gives audience members an opportunity to learn about the evening's program and ask questions in a relaxed, casual setting.

The evening's concert is sponsored by the Wood Family Foundation. Additional support comes from the Business Friends for the Arts and from the Massachusetts Cultural Council.

Tickets are available from the Springfield Symphony box office, 75 Market Place, downtown Springfield, or can be charged by phone (VISA, MasterCard, Discover) by calling 413-733-2291. Ticket prices range from \$9 to \$39 and are half-price for youths age four to 17. A 25 percent discount is available for groups of 10 or more.

The SSO invites everyone to "Be an Ear Witness" at the 2000 season premier and to meet the first of four conductor finalists.

Concert To Benefit "World Hunger Year"

A special concert to benefit and celebrate the 25th-year anniversary of Harry Chapin's organization, "World Hunger Year" (WHY), will be held on Friday, October 13th, at 7:30 p.m. at La Renaissance in East Windsor, CT.

Proceeds will also benefit the Connecticut-based Hartford Food System. Food and related items brought to the concert will go to the local area soup kitchen, Enfield Loaves and Fishes.

The local musical group Satinwood will be joined by two original members of Harry Chapin's band: Howard Fields on drums and John Wallace on bass and vocals. Memorable songs such

as "Cats in the Cradle" and "Taxi" will be performed.

Cocktail/beverage service will be available before, during intermission, and after the show.

Sponsors for this event are welcome. Contact Satinwood Productions at Satinwoodband@yahoo.com.

Artist profiles, needed food items, sponsor information, and ticket request forms are posted at www.satinwood.net.

Tickets are \$17 and \$20.



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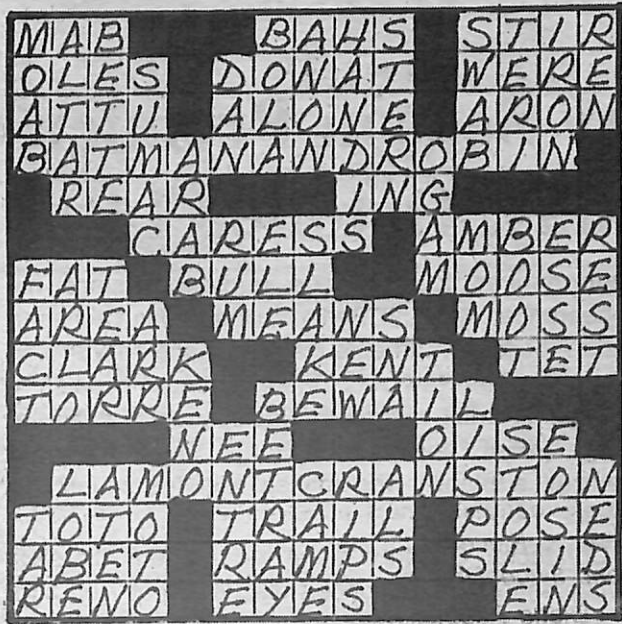
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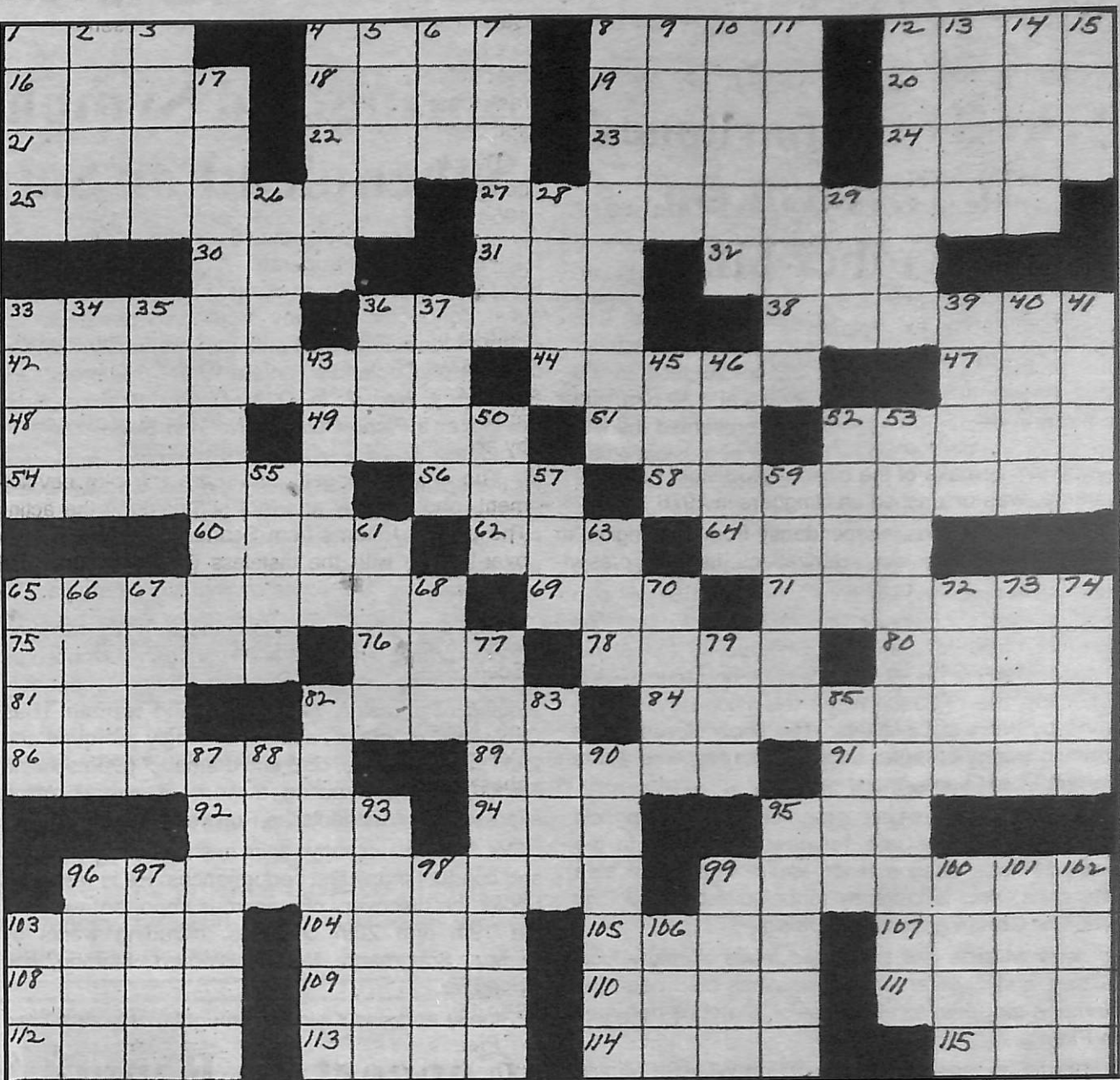
Last Week's Solution...



- PUZZLE**

1 "Some Like It _"
4 Judge's bench
8 Zebras on the field
12 Roman patriot
16 White House office
18 Daughter of Laban
19 Author Gardner
20 State
21 Pianist Peter
22 English composer
23 Severe discomfort
24 Lease out
25 Harpo's brother
27 Homespun comedi-
an of 20's & 30's
30 _ Cob, Conn.
31 " _ _ Clear Day
You..."
32 Forest member
33 One-masted sailing
vessel
36 Rochester's boss
38 Notorious
42 Northwest et al
44 Remits
47 Type of book (abbr.)
48 Med school subject
49 Songstress James
51 German the
52 White poplar tree
54 Chance takers
56 Amount (abbr.)
58 Voted
60 _ Majesty
62 Urge
64 _ tube (T.V.)
65 They rise on hot air
- 69 Huck Finn's buddy
71 French governing
bodies
75 Amigo's ta-ta
76 _pick (carp)
78 Pilaf ingredient
80 Sandusky's water-
front
81 Edge
82 Long (comb. form)
84 Burdened with
worry
86 Actress Stevens
89 Pale in color
91 Wearing foot cover-
ing
92 Best
94 Depot
95 Devoured
96 Dry comedian of T.V.
and clubs
99 Secretive bomber
103 Hope/Crosby
milieu
104 Power source for
short
105 Actress Capshaw
107 _ avis
108 Shield border
109 Hindu princess
110 Pre-holiday nights
111 Waste allowance
112 Pub serving
113 Mikita or Musial
114 Rave's partner
115 Fire leavings
DOWN
1 " _ Kong"

Meet The Master - by Dick Mastroianni...



- 2 Above
3 Poi root
4 Down-in-the-dump
feelings
5 Air (prefix)
6 Fabray's nickname.
7 Mastcate
8 Tried again
9 Pertaining to time
10 Make eyes at
11 Spanish madames
12 Life's work
13 State
14 Money spots?
15 Table scrap
17 Bud's rotund pal
26 Popular bistro for
short
- 28 Stop-overs
29 Axis member (abbr.)
33 WWI fighter plane
34 Actress Turner
35 Eskers
36 Wager
37 This to Pedro
39 Help a yegg
40 Egypt's river
41 _ in
43 Wet plaster painting
45 Cornhusker's state
46 Dull in color
50 Alcott of the LPGA
52 Lotion additive
53 Comic who played
an innkeeper
55 Antique autos
- 57 Hanoi holiday
59 "Out of the money"
guy
61 Sicilian resort town
63 Norway (abbr.)
65 Stars and _
(Confederate flag)
66 Mine entrance
67 G & T additive
68 Command to a
watch dog
70 "Of _ and Men"
72 Buck or kanga fol-
lower
73 Trunk tube
74 Remit
77 Rubbish container
79 Half a French dance
- 82 Must at the table
83 Bone (prefix)
85 Noble Italian family
name
87 Pantry
88 Card game
90 _ for (crave)
93 Renown or acclaim
95 Bikini event
96 Glutton's call
97 Cole Porter's school
98 Wine (prefix)
99 Tommie's rifle
100 Dr. Zhivago's love
101 Very (French)
102 Hell _ no fury...
103 Steal from
106 Actress Gardner

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event. Thank you for your cooperation in this matter...

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

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To Remake Or Not To Remake?

This is one film controversy that I cannot form any kind of opinion on because remakes can be very good, very bad, and everywhere in between. Below are some prime examples.

* "King Kong": 1976. Rated PG.

The unforgettable story of a giant ape that gets brought back to civilization from a remote jungle has enthralled movie audiences for years. "King Kong," a fantastic remake of the classic 1933 film of the same name, was unleashed on filmgoers in 1976.

The film stands independently from the original in terms of stronger characterizations, its color presentation, and superior visual effects. Surprisingly, "King Kong" delivers convincing performances from Jessica Lange (in one of her earliest roles) and Jeff Bridges; this attribute is oftentimes sadly missing in a film of this genre.

Another positive attribute of this film is that it provides some genuinely intense suspense, especially during the highly-anticipated scenes where Kong is first seen.

Director John Guillermin certainly found a great way to update a great monster movie from film's yesteryear. You definitely won't look at the Empire State Building in the same way again! **4 STARS.**

* "Invasion of the Body Snatchers": 1978. Rated PG.

If creepy thrills are your cup of tea, then this remake is for you. The story centers around aliens that clone human beings (you know, when "cloning" was fictitious!).

Aside from the "chill" potential of such a gruesome script, this film actually

had some acting clout as well. Donald Sutherland, Leonard Nimoy, Jeff Goldblum, and Veronica Cartwright work incredibly well as an ensemble. This is especially true since a couple of them had to play their fictitious characters as two different personalities (as a human and as a clone). If you watch closely, you can find Robert Duvall in a brief appearance, too.

Director Phil Kaufman does add some storyline complexities that were not prevalent in the original 1956 classic and, thus, harm the film's integrity slightly. The rest of the picture, however, plays well and delivers the chills when necessary. **3 STARS.**

* "Cape Fear": 1991. Rated R.

Jessica Lange (this was a coincidence!) stars alongside Nick Nolte and Robert DeNiro in this remake of the classic Gregory Peck film. The film proves to be only average due to some poor decisions by acclaimed director Martin Scorsese.

The film's strongest points are the plot development, photography and (not surprisingly) the acting. The problem stems from Scorsese's decision to go over-the-top with the tasteless gore that most definitely was not part of the original film's formula. The result is nothing more than an eyesore, since the other attributes of the film perfectly demonstrate Scorsese's mastery of his craft.

I was shocked to walk away from this film applauding Nolte's performance over the famed DeNiro. DeNiro overacted to a disturbing degree and made his character unconvincing.

"Cape Fear" has enough good qualities to make it worth seeing, yet comparing it to the original may not be worth doing. Peck also appears in this film as a different character. **3 STARS.**

* "PISANO'S PICKS" REVIEW GUIDE: 5 STARS

- Extraordinary; **4 STARS** - Excellent; **3 STARS** - Good; **2 STARS** - Average; **1 STAR** - Watchable; **0 STARS** - Avoid.

Please send comments and film requests to "The Agawam Advertiser News," Attention: Lou Pisano, P.O. Box 263, Feeding Hills, MA 01030.

Theater Project Presents Patsy Cline Musical

The rich and resonant tones of singer Patsy Cline will be featured in the Theater Project's opening production of its 2000-2001 season, *Always...Patsy Cline*. The hit musical, which runs through October 22nd, will be staged at the Majestic Theater in West Springfield.

Initially awed by the country legend, Seger eventually became one of her closest friends. The play features many of Cline's greatest hits, including *Crazy*, *I Fall To Pieces*, *She's Got You*, *Your Cheatin' Heart*, and *Sweet Dreams*.

Diana Pappas, cast as Cline, has previously performed the role in New York-based productions. She has also appeared in *I Love You, You're Perfect, Now Change*, *Leader of the Pack* and *Godspell*. Longmeadow resident Sarah Hersh will portray Seger in her first production for the Theater Project. Hersh has sung in several operas in the greater New York and Connecticut area, including *Media in Exile*, *La Rondine* and *The Old Maid and The Thief*.

Several area musicians will perform as "The Bodacious Bobcats Band," which provides onstage backup.

The Theater Project's upcoming shows for its fourth full season in residence at the Majestic Theater include *Proposals* by Neil Simon (November 9th - December 9th), *Misery* by Stephen King (January 4th - 21st), *Visiting Mr. Green* by Jeff Baron (February 1st - 18th), *Of Mice and Men* by John Steinbeck (March 8th - April 8th), and *Cabaret* by Joe Masteroff, John Kander, and Fred Ebb (April 26th - May 26th). Tickets for all shows are available by visiting or calling the Majestic Theater Box Office at (413) 747-7797.

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"The Food Dude"

by John Walters
WHYN AM 560



The Popularity Of Poultry...

I think more people are eating chicken these days than ever before. Whole chicken is the way to buy. It might be easier for you to buy pieces, but it costs more and you lose out on the extra parts to make your homemade stock.

It's so easy to cut the pieces out of the chicken, so give it a try. Here's how you do it.

Wash and dry the bird. Remove the leg quarters at the joint. Now, separate the drumstick from the thighs. Try and leave the skin on the pieces (unless you are looking for skinless for dietary reasons). The skin on will keep the meat juicier during cooking and give you

a better finished product.

Now for the wings at the joint right off the body. Separate the wing tip at the joint and save all the extra pieces for your stock.

Split the breast down the middle and then remove from the body. The back, neck, giblets, and extra pieces go into a stockpot covered with water. Simmer with celery, onion, and carrots. Season with bay leaves, parsley, and salt and pepper.

Now, your chicken pieces are ready to cook, whether you're braising, frying, or poaching.

When frying in a heavy, cast iron skillet, use medium to high heat. Remember again to not overcook the chicken.

Here is my way to fry. In a bowl, mix flour, salt, pepper, parsley, thyme, and red pepper. Sprinkle your chicken lightly with garlic powder and let rest for two or three hours.

Dust your chicken in the flour mixture, and then put into an egg bath and then roll in cracker crumbs. Fry your chicken in peanut oil until golden. Then, put the chicken into an oven at 375 degrees for 40 minutes.

The trick is to have a pan of water in the bottom of the oven while it is preheating and leave the pan in while you are finishing the chicken. The steam will impart a special texture to the chicken. It's like a trip to Kentucky (if you get my drift).

I hope you enjoy this approach to cooking chicken, and I'll be offering more tips in the future. Visit my website, www.foodduderadio.com, for recipes and much more.

Remember, it is not what you're eating or drinking, it's whom you're with. This is the "Food Dude." Until next week, I'll be talking to you on the radio.

JOHN WALTERS, "The Food Dude," can be heard each Saturday afternoon from 1:00 to 3:00 p.m. on WHYN AM 560.

(Pond Side Garage and Radiator Shop - 704 Spfld. St., Feeding Hills, 789-6170 - is his sponsor.)



Suffield Players' To Present "Inherit The Wind"

Director Steve Mangine's vision of the times and temperament surrounding the historic events depicted in the courtroom drama, "INHERIT the WIND," will place audiences in the midst of those actions.

The play, which runs October 12th, 13th, 14th, 20th, 21st, 27th, and 28th at historic Mapleton Hall in Suffield, will surround playgoers with the sights and sounds that made the 1925 'monkey trial' of 24-year-old John Scopes the watershed event that it was. The hall is being transformed into the town and court of

Dayton, Tennessee, giving attendees a unique perspective on the spectacle that made Scopes himself comment that he was only "a ringside observer at my own trial."

The cast of 25 features many younger actors from The Drama Studio in Springfield, MA, along with veteran Players Mark Russell, Art Christian, and Vicky Christian.

The story focuses on both the intense courtroom strategies of the lawyers, and on the lives of those

everyday citizens swept up in the ongoing Darwin vs. Genesis controversy.

To reserve your tickets, call 1-800-289-6148. The first Thursday, Oct. 12th, is only \$8, with all other nights \$12. The doors open at 7:00 p.m., with curtain promptly at 8:00. As always, we offer discounts for seniors and students with proper I.D. So don't miss your chance to be part of the action, as you witness Clarence Darrow and William Jennings Bryan square off and present their cases to the world.

Suffield Players Taking Directors' Applications

The Suffield Players are accepting applications from directors for their upcoming winter and spring shows.

The winter show will be two one-act plays, "Sontaneous Combustion," by local playwright Steve Henderson, and "Hot Line" to be staged on February

15th, 16th, 17th, 23rd, 24th and March 2nd and 3rd.

The spring production will be "They Came From Mars and Landed Outside the Farndale Church Hall in Time for the Town's Women's Guild Coffee Morning" (it's a comedy), to be staged on April 26th, 27th, 28th, and May 4th, 5th, 11th, and 12th.

Those interested should contact either Dale Facey at 413-567-8422 or Konrad Rogowski at 413-592-3755 by October 31st to schedule a meeting with the Players' Board to present their ideas. All shows are produced at Mapleton Hall in Suffield, CT.

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

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Education

Pack 75 Scouts Visit Toner Plastics Of Agawam

Members of Pack 75 recently visited Toner Plastics, Inc. of Agawam. They met with the company's owner, Steve Graham.

Toner Plastics has kids' crafts, beads, lanyard, hemp, books, and craft kits for sale. Hemp is what they make.

They start off with little pieces of plastic crystal. It is vacuumed up through a large hose into a machine where the crystals are melted. During this process, dye is injected into the plastic liquid, and then the liquid comes out of the machine like string and is run through water to cool it down to room temperature. Then it is rolled onto a huge roll for storage.

This hemp is used for crafts such as making beaded necklaces, comb cases, change purses, etc. It is used to lace these items together.

This process was very interesting to see. Toner Plastics has a large assortment of colored, crystal-like beads in different shapes and sizes.

Pack 75 wishes to thank Steve Graham for allowing its Scouts to visit Toner Plastics. What's more, Pack 75 is still taking registrations for grades one through five; call 786-2309. (We take boys all year long!)

Ag. Middle School Counselor's News

by Thomas F. Dacey

Middle School Counselor

The Middle School would like parents to be aware that Student Progress Reports warning of poor academic progress and other difficulties will be issued on or about October 13th. The parents of students who receive these reports are advised to work with the school to resolve any problems before report cards come out. Students who receive such a report should immediately seek help from the teachers involved.

The fifth-grade students recently began their study skills program at the Middle School. The counselor is visiting each fifth-grade homeroom and discussing such topics as when and where to study, how to take good notes, and getting good grades on tests.

The fifth-graders will complete a written exercise on these topics with the counselor which they can keep and take home. In addition, all fifth-grade students will be given copies of two booklets: How to Study, which outlines numerous study skills techniques, and The Elementary School Counselor, which describes the kind of services a counselor can provide. The students are being requested to bring these materials home, and their parents are urged to go over these materials with their children.

The D.A.R.E. (Drug Abuse Resistance Education) program is again underway at the Middle School. Officer Karen Langevin and Officer John Field of the Agawam Police Department have been working with rooms 104, 105, 204, 206, 208, 211, and 213 of the fifth grade. The other fifth-grade rooms will receive D.A.R.E. training during the second half of the year. The highly successful D.A.R.E. program provides valuable training in the avoidance of drug abuse and violence.

The co-ed intramural sports program has recently begun at the Middle School. The sixth-grade students are playing flag football, and the fifth-graders are playing soccer.

This program has proven to be very popular with the students. Games are played after school, and competition is among the homerooms of each grade. The students participating in the program are allowed to ride home on the regular late busses.



PACK 75 SCOUTS from Sacred Heart Church in Feeding Hills recently took a tour of TONER PLASTICS on Silver Street in Agawam. IN TOP PHOTO: The group is pictured under the colorful TONER PLASTICS sign. IN PHOTO BELOW: The Scouts learn a bit about the business.



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Guidance Bulletin

From Agawam High School

COLLEGE REPRESENTATIVES: If you are interested in meeting with any of the following college representatives, you should sign up at least a day in advance in the guidance office. Those who sign up should pick up a pass in the guidance office the morning of the session.

October 10th: American International College, 9:30; Holyoke Community College, 10:00.

October 11th: Western New England College, 8:00; Russell Sage College, 9:00; Westfield State College, 10:00; Roger Williams University, 1:00.

October 12th: University of Southern Maine, 9:30; Salem State College, 10:00; Stonehill College, 1:15.

October 13th: STCC, 9:30; Utica College, 11:30.

SCHOLARSHIPS: See your counselor for more information or an application.

The following colleges are offering scholarships to qualified students who enroll there:

Wheaton College, Ursinus College, Emory University, Washington University, School of Visual Arts, Hobart and William Smith Colleges, and Allentown College.

OPEN HOUSES: See your counselor for more information.

Keene State College: October 7th, 14th, November 4th, 10th, December 2nd, and 9th.

New Hampshire College: October 15th and November 5th.

Drew University: October 14th.

Johnson State College (Vermont): October 21st and November 11th.

College of St. Joseph: October 15th and November 5th.

Allentown College: October 15th and 22nd.

Towson University: October 21st, 28th, November 3rd, 17th, and December 3rd.

New England Institute of Technology: "Automotive Career Day" - October 25th.

Brown University: "Engineering Day" - October 7th.

Brian R. Landry Named AP Scholar

Principal Denise A. Granger, SSJ, has announced that Brian R. Landry, a member of the Cathedral High School class of 2000, has been named an AP Scholar by the College Board in recognition of his exceptional achievement on the college-level AP Examinations. Only about 13 percent of the more than 700,000 students who took AP Examinations in May 2000 performed at a sufficiently high level to merit such recognition.

Landry, currently attending Worcester Polytechnic Institute in Worcester, MA, qualified for the AP Scholar with Honor Award by earning an average grade of at least 3.25 on all AP Exams taken, and grades of 3 or higher on four or more of these exams. He is the son of Roger & Susan Landry of Edward Street, Agawam.

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Pack 77 Keeping Busy All Year Long



TIGER DEN 2 members (from left) Sam Romanko, Tesfaye Bihonegne, Alex Foley, Joel Barlar, Sam Gendron, Vincent Graziano, and Patrick Shea graduate to Bobcats in a crossing of the bridge ceremony. IN PHOTO BELOW: Webelos from four dens are seen at the archway entrance of their campsite at Webelos Woods 2000.



Happy 50th Birthday, Mom!



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**From The
AHS Guidance
Office...**
by **Judy Cohen**
Agawam High School
Guidance Counselor

Hey, Isn't Senior Year Supposed To Be Fun???

I gotta tell you, senior year is not all it's been cracked up to be. Yes, the seniors are at the top of the heap, or the top of the totem pole, but looking out from there can be a little scary. I mean, what do they see? Let's take a look.

For some seniors, they see clearly the road ahead. They know what they want to study, what schools have the programs to accomplish this, and they have the grades and SATs to make admittance to these schools a reality. Other seniors know the schools they wish to attend, but their grades, SAT scores, and/or financial aid make attending these schools kind of "iffy." Still others know what route they want to travel, but their parents have other ideas. And then there are some who just have no clue. They look out and really don't see a clear route at all.

Well, the first group is easy; they know what they want and where they want to go. However, getting their applications completed and sent off can be a hassle. I think for some it's because they really keep putting it off. High school has been a comfort zone and by sending out their applications, they are taking ownership of the fact that the present comfort zone is about to end. As parents, do talk to your children. Make sure that they really wish to go to the schools they have selected. Make sure that they visit the schools, talk to others who have gone, and are as sure as they can be that their choices are appropriate for their needs. Do listen to their concerns. What may seem like a molehill to you can seem like a mountain to them.

The second group is a little more difficult. Their choice of schools may not be realistic in terms of SATs, grades, and financial aid. As parents, you must be up-front concerning the financial situation, search out financial aid, and choose schools that appropriately address the scholastic and financial needs of your children. Have your youngsters still reach for the stars and apply to some reach schools, but make certain they apply to realistic ones, too. For some, two-year colleges may be more appropriate. They will afford them the opportunity to build up their scholastic records and then transfer to four-year colleges or perhaps earn associate degrees and become immersed into hands-on jobs. Moreover, community colleges are less expensive and will allow you to save a considerable amount of money during your children's first two years. Remember that there is a school out there for everyone. There is a place for everyone. Your children will meet happiness and success when they have carefully hooked into the appropriate places.

The third group, which I will call the vicarious group, is not an easy one. Their choice of schools and their parents' choice of schools do not jive. Often parents want their children to attend their alma mater, or some other school that they have read about or that a friend's child is attending or wishes to attend; however, their children want to attend different schools. What to do? As parents, sit down, take a deep breath, and try to think objectively. Your children are going to school; you are not. Yes, maybe you wish you had

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you turn our pages each and
every week ... AAN!!!*

attended such and such school, but now it's your children's turn. They come with a different set of abilities, personalities, desires, and needs. They are unique; they are different from you. Hear and see those differences, and help your children rejoice in them and choose appropriate places in which to continue their studies.

Now we come to the group who has no idea what to do after graduation. Usually, I give this group a homework assignment. They go into the Career Center, take a vocational test, bring me the results, and then at least they have a clue what jobs will best suit them. From there, I have them write a list of positives and negatives concerning colleges, community colleges, vocational schools, military experience, and jobs. I have them talk to their parents. Finally, when all that has been done, we sit down together and assess things, weighing the pros and cons. Like parents, I must strive to be open-minded. After all, the kids are

making the decisions; I am not. They are the ones who must take ownership of those decisions. I simply offer a listening ear and help them sort through their findings.

So, you can see from the above that the senior year is not so easy. Along with the good times, it is a time filled with turmoil and decision-making. It is a time for students to take stock of where they have been, where they are, and where they wish to go. Then, they have to fill out what seems like millions of forms to follow through on their choices. In addition, seniors are swamped with schoolwork, activities, jobs, car payments, musing about their future ... and the list goes on. During this time, do be supportive as parents. Do listen, do offer advice, but do try to let your children's decisions be ones that bespeak them as individuals. In this way, you will have helped them down the road, but not led them. Good luck!!!!

Richard Stepanik

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Agawam High School's Calendar Of October Events

Fundraisers For October: Senior Class Supermarket Voucher Fundraiser; Band/Chorus Entertainment Book and Candy Sale Fundraiser.

Monthly Events: Judge Mary Hurley-Marx, former mayor of Springfield, and Officers Langevin and Fields to speak to practical law classes; October 1st-14th - Coats for Kids (sponsored by the Math Club); October 10th-13th - Yearbook Orders taken for the Sophomore Class; October 16th-20th - Yearbook Orders taken for the Freshmen Class.

October 7th: AHS Cheerleader Golf Tournament at Oak Ridge, 12:00 noon; AHS Band to Rocky Hill, CT.

October 8th: AHS Marching Mohawks in the Springfield Columbus Day Parade; Agawam Sister City Closing Ceremonies, 6:30 p.m., Harmon Smith Field (AHS).

October 10th: Breakfast at AHS sponsored by the senior class, 6:50 to 7:15; Anger Management meeting sponsored by the Substance Abuse Prevention Program.

October 11th: Girls' Wednesday Morning Discussion Group (sponsored by the Substance Abuse Prevention Program); French classes to Wadsworth Atheneum, Hartford, CT, to view "The Impressionists at Argenteuil" exhibit; First Culinary Arts Club meeting for interested students at the close of school in room 6; Peer Leadership workshop - Anxiety and Stress; Insight Meditation - Bringing the Mind Home - Exploring the Nature of Experience (interested students meet in room 38, 1:50 to 2:35 p.m.).

October 12th: Breakfast at AHS sponsored by the sophomore class, 6:50 to 7:15; Dia de la Raza (all Spanish classes); Family Resource Group sponsored by the Substance Abuse Prevention Program;

Renaissance GPA Pizza Party for Spring Sports Teams; Insight Meditation - Bring the Mind Home - Exploring the Nature of Experience (meet in room 38, 1:50 to 2:35 p.m.); AFS International Weekend, 3:00 to 6:00 p.m., teachers' cafeteria, ice cream social.

October 13th: Open Discussion group sponsored by the Substance Abuse Prevention Program; AFS International Weekend (AFS students attend classes at Agawam High School with their weekend host students).

October 14th: AFS International Weekend; SAT I Test sponsored by the Guidance Department, 7:00 a.m. to 12:00 noon; AHS Band to Cheshire, CT; Peer Leadership Red Ribbon Rally - Holyoke Mall.

October 15th: AFS International Weekend.

October 17th: Breakfast at AHS sponsored by the senior class, 6:50 to 7:15; Sophomore Class Ring Assembly, 1:00 p.m.; Anger Management meeting sponsored by the Substance Abuse Prevention Program.

October 18th: Girls' Wednesday Morning Discussion Group (sponsored by the Substance Abuse Prevention Program); Intergenerational Poetry Group meeting in room 38, 1:50 to 2:35 p.m.; Peer Leadership planning session for Costume Day.

October 19th: Breakfast at AHS sponsored by the sophomore class, 6:50 to 7:15; Renaissance Perfect Attendance Awards for September; Family Resource Group sponsored by the Substance Abuse Prevention Program; AHS School Improvement Council Meeting, 7:00 p.m.

October 20th: Open Discussion Group sponsored by the Substance Abuse Prevention Program.

October 21st: PSAT Test sponsored by the Guidance Department, 7:00 a.m. to 12:00 noon; AHS Band to Southington, CT.

October 23rd: "Making High School Count" (sponsored by the Guidance Department) - two sessions for freshmen (10:00 to 10:45 and 12:06 to 1:06).

October 24th: Breakfast at AHS sponsored by the senior class, 6:50 to 7:15; Anger Management meeting sponsored by the Substance Abuse Prevention Program; Annual Math Olympiad, periods 2 and 3 (sponsored by the MA Association of Mathematics Leagues).

October 25th: Hepatitis B immunizations for AHS seniors (1st of the series); Peer Leadership Induction Ceremony; "Harvest Celebration" sponsored by the Health Ed Department; Girls' Wednesday Morning Discussion Group sponsored by the Substance Abuse Prevention Program; Insight Meditation - Bringing the Mind Home - Exploring the Nature of Experience (interested students meet in room 38, 1:50 to 2:35 p.m.).

October 26th: Breakfast at AHS sponsored by the sophomore class, 6:50 to 7:15; Family Resource Group sponsored by the Substance Abuse Prevention Program; "Harvest Celebration" sponsored by the Health Ed Department; Intergenerational Book Club meeting (2:00 p.m., room 47 - Book Choice for October - "On the Road" by Jack Kerouac).

October 27th: Open Discussion Group sponsored by the Substance Abuse Prevention Program; AHS Band Parents' Annual "Pumpkin Night," 6:00 p.m. at AHS.

October 29th: Cheerleader Pasta Supper, Italian Sporting Club, Agawam, 4:00 p.m.

October 31st: Breakfast at AHS sponsored by the senior class, 6:50 to 7:15; Anger Management sponsored by the Substance Abuse Prevention Program; Peer Leadership Costume Day (community service fundraiser).

"National School Lunch Week" To Be Celebrated In Town

From October 9th through October 13th, the Massachusetts School Food Service Association is committed to the concept that all foods and beverages served at school should contribute to the development of sound nutritional habits and to the daily food needs of children and youth. School food service personnel, in cooperation with parents, must be concerned with providing a learning opportunity and providing adequate nutrients.

quate nutrients.

On Wednesday, October 11th, school lunch cafeterias in Agawam will have a certain number of plates marked on the bottom. Any student receiving a marked plate will receive a free lunch that day.

This past month, 2,450 type A lunches were served daily in the Agawam school cafeterias. State and federal assistance helps to keep the cost of meals down

through donated USDA foods and cash reimbursements for each type A lunch.

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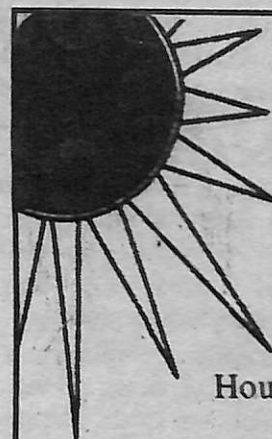
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Jen Cook Enters Simmons College's Class Of 2004

Jen Cook, a Feeding Hills resident, has enrolled as a member of the class of 2004 at Simmons College.

Cook, the daughter of Lisa & James Cook of Feeding Hills, is a 2000 graduate of Agawam High School.

Simmons College is a nationally recognized small, private, predominantly women's university in the heart of Boston. It has undergraduate programs for women and graduate programs for women and men.

Founded a century ago, Simmons was the first women's college in the nation to offer women liberal arts training and career preparation.

All-Day Kindergarten Task Force To Meet Tuesday, Oct. 10th

The All-Day Kindergarten Task Force will hold a meeting on Tuesday, October 10th, in the Superintendent's Conference Room, 1305 Springfield Street, Feeding Hills.

The meeting will begin at 3:30 p.m.

If you have dropped off any photos to our office for Boy Scout activities, church events, etc., please pick them up after they appear in The AAN...

Agawam Schools' Weekly Lunch Menu

Monday, October 9th: No school (Columbus Day).

Tuesday, October 10th: Cheese-topped pizza wedge, seasoned green beans, chilled fruit cup, milk.

Wednesday, October 11th: Oven-baked chicken nuggets w/dipping sauce, bread and butter, seasoned diced carrots, steamed rice, rosy apple-sauce, milk.

Thursday, October 12th: Meatballs w/tomato sauce, buttered macaroni, broccoli cuts, Italian bread and butter, chocolate brownie or peaches in syrup, milk.

Friday, October 13th: Oven-baked rib dippers, niblet corn, whipped potatoes, bread and butter, ice cream sundae cup, milk.



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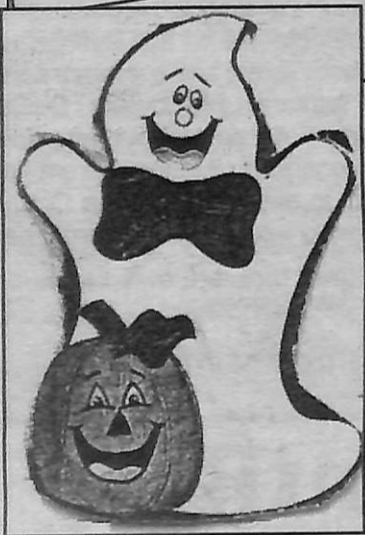
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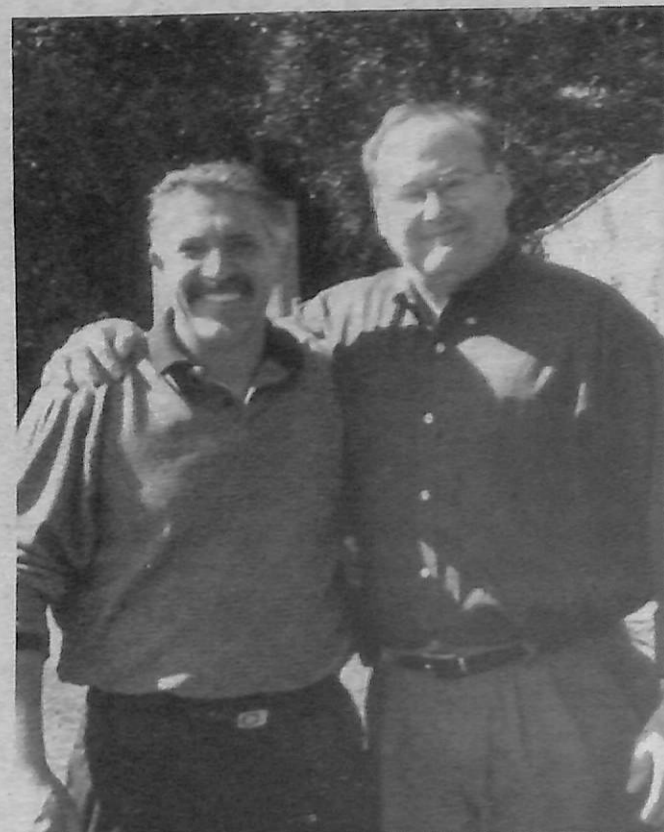
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 **Sports**



IN LEFT PHOTO: Members of the Agawam High girls' and boys' varsity soccer teams launch orange and brown balloons to celebrate the dedication of "Ed Brown Field" on Sunday, October 1st. IN RIGHT PHOTO: Mayor Richard A. Cohen (far right) with Eddie Santaniello, the chief architect and the mover-and-shaker behind the dedication of "Ed Brown Field." Advertiser News photos by Kathy Shepard.

A "Field Of Dreams" Dedicated To The Memory Of Ed Brown On Sunday, October 1st

This past Sunday, over 160 townspeople participated in an event that began nearly three years ago as a pipe dream in the kitchen of Bruno's Pizzeria in Feeding Hills. The conversation concerned the lack of quality youth soccer fields in Agawam, and the chief complainant was Edward Brown of Pheasant Run Circle, a Pioneer Valley Junior Soccer League coach for the Agawam Soccer Association.

Listening with a keen ear was Eddie Santaniello, himself a Pioneer Valley Youth Soccer coach and a person well-known for having not only a great knowledge of the game, but a great passion for it as well.

On Sunday, October 1st - a picture-perfect, early fall afternoon - Santaniello and "The Friends of Ed Brown" dedicated this "field of dreams" (as it was called) to the memory of their friend, who lost a 15-month battle with colon cancer early last spring. On a brightly-painted green kickboard, huge orange letters spelling out "Ed Brown Field" reaches out to passers-by who use Route 57 East and West as their gateway in and out of the Town of Agawam, informing them that this is, indeed, a field of dreams.

The meticulously lined soccer field, featuring lush

green grass in most spots, would be the envy of any soccer enthusiast. It wasn't always this way. When Santaniello first selected this site, located behind the home of Joseph DeCaro and family on Meadow Street (abutting Route 57 West), there was much work to be done. Thick underbrush, tree stumps, and rocks needed to be removed. The whole area needed sod ... lots of sod.

And so it goes. Through the efforts of Santaniello, with the help of DeCaro Landscaping, Brown, former resident Frank Fitchben, and others, the area was transformed - slowly but surely - into a soccer field. Regulation goal posts were brought in, as was a sprinkler system.

The spring and summer of 1999 saw Santaniello bring his own Pioneer Valley team to the field to practice, and practice some more. Brown brought his Agawam Tigers there as well, although in February 1999, he had been diagnosed with colon cancer and was feeling badly and needed surgery later that summer.

With the passing of Brown, Santaniello and those close to Brown decided to dedicate this soccer field to the memory of their friend. But first, Santaniello had another brainstorm; he sought to fully extend the field and needed the support of Charles Calabrese, Sr. and family, who owned the adjacent land. Calabrese, a regular patron of Bruno's Pizzeria, happily agreed to allow his track of land to be used for this purpose.

More tree stumps (huge ones) and even more thick vegetation had to be removed. Like before, DeCaro Landscaping and Santaniello spent hour after hour clearing the land and connecting it to the current field. In the past few weeks, in anticipation of the October 1st dedication, Santaniello worked at a feverish pace to ready the field.

It all came together last Sunday.

SEE ED BROWN FIELD - Page 41

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ED BROWN FIELD - from Page 40**A Miracle Come True...**

Mayor Richard A. Cohen, one of the invited guests, agreed with Ric Sardella of Agawam (who served as master of ceremonies for the dedication) that this, indeed, was a miracle and "a field of dreams" come true.

"This was done without any public funding and was done by individuals in our community who believe in children and the game of soccer," said Cohen. The Mayor added that he was "visually stunned" by the beauty of the facility.

Cohen then presented "Citations from the Town of Agawam" to Joseph & Marie DeCaro and family for the donation of their land; to Charles Calabrese, Jr., representing the Calabrese family; and to Missy and Meaghan Brown, two of Ed Brown's daughters. Meaghan is currently a junior varsity player at Agawam High School who played for her father for many years.

Handing out "Citations from the Commonwealth of Massachusetts" to the DeCaro family, the Calabrese family, and to the Brown family was Matthew Runghi, representing State Representative Daniel Keenan.

Members of Brown's former soccer team - Daniele Cirillo, Vicky Taylor, Sherri Laskowski, Kim Hoague, Nicole Gendreau, Whitney Brown, Meaghan Brown, Aimee Beaudette, Melissa Savenko, Victoria Ruhl, Ellen Rannenber, Kaitlin Sardella, and Jen Sharpe - removed the canvas that covered the kickboard to unveil the large orange letters spelling out "Ed Brown Field," as many of the Tigers' parents and invited guests applauded.

Ed Brown was remembered by the Tigers' players and parents as a passionate supporter of the girls during their growing years in elementary school, Middle School, and at the Junior High, as well as for his dedication to the game of soccer.

Launching Orange And Brown Balloons...

The ceremony concluded with members of the AHS girls' and boys' varsity soccer teams lining up in the middle of the field to launch orange and brown balloons. Varsity Coaches Laura Wray-Ramos (girls) and Jonathan Cavallo (boys) then fielded their respective teams for a friendly exhibition. Also in attendance were junior varsity girls' Coach Linda Kunasek and members of her team.

The Santaniello family trademark - plenty of good food - continued the afternoon's festivities. The grill was going strong, and two huge cakes shaped as soccer fields (with lines, goal posts, and miniature players) were dessert favorites. The cakes were made by Giovanni's Italian Bakery in Agawam Center.

Eddie Santaniello was nearly overwhelmed by the turnout and the affection shown to his late friend, Ed Brown. "This whole day was about the kids and Ed Brown," said Santaniello.

He added, "The DeCaro family and the Calabrese family know how I feel about them, and people in our town should know what they have done for the kids. Ed would have really been proud of what was done to the field, and I know he was looking down at us with his big smile. This is what today is all about."

* * *

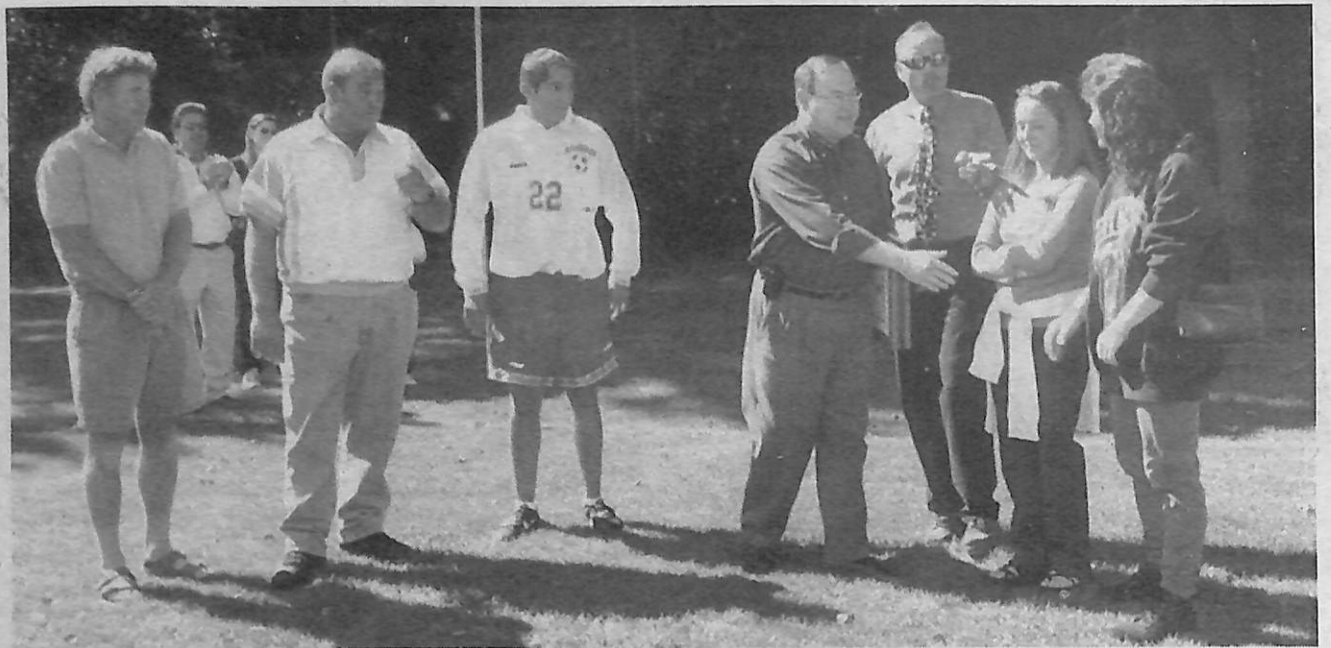
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MAYOR RICHARD A. COHEN (fourth from the right) congratulates two of the daughters of the late Ed Brown, Meaghan and Missy, at the dedication of "Ed Brown Field" off Meadow Street (and adjacent to Route 57 West) on Sunday, October 1st. Looking on are (from left to right) Charles Calabrese, Jr., Joseph DeCaro, Michael DeCaro, and Ric Sardella (behind Cohen). Advertiser News photo by Kathy Shepard.



ADMINISTRATIVE AIDE MATTHEW RUNGHI (center), representing State Representative Daniel Keenan, presents resident Charles Calabrese, Jr., from the Calabrese family, with a "Citation from the Commonwealth of Massachusetts" for use of family land to complete "Ed Brown Field." Also pictured are Joseph & Marie DeCaro (behind Calabrese), Mayor Richard A. Cohen, and Meaghan and Missy Brown. Advertiser News photo by Kathy Shepard.

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Girls' Varsity Soccer - AHS Vs Minnechaug & West Springfield...

Fiery Falcons Bottleneck AHS In 4-0 Shutout

by Dave Rollins
Sports Editor

Getting that first win of the season is kind of like your first kiss. You know it will probably happen. It's when that drives you nuts. So it is for the Agawam High girls' soccer team, struggling along at 0-8-1 (0-2-1) after losing, 4-0 to visiting Minnechaug on Tuesday afternoon (October 3rd) at sunny Harmon Smith Field.

The Falcons were red-hot, coming off a 5-0 win the previous day over a tough Holyoke High team. Agawam, with its offense still trying to find a way to put the ball in the net, was not about to slow them down and really made the Falcons look much better than they actually were.

From the get-go, Minnechaug took control with a hard shot from the right point which the Brownies' keeper, Laura Bucalo, stabbed for a save. Then, less than two minutes later, she had to face a penalty shot, which she also knocked down.

The Falcons spent almost seven minutes in the Agawam zone before the Brownies cleared the ball. Once, on one of their infrequent attacks, Agawam had two chances. Senior striker Jill Gendron hit a shot from 50 feet out that had some legs but sailed over the crossbar. Fullback Amanda Merola shot from 50 feet out on the left. The ball was on, but the save was made. Twelve minutes went by, and it was obvious that Minnechaug wasn't letting Agawam set up anything on offense.

Bucalo made two more tough saves: a 30-foot

SEE AHS VS FALCONS - Page 43

Too Many Lost Chances Plague AHS Girls In 2-0 Loss To West Side

by Dave Rollins
Sports Editor

Last Thursday evening (September 28th) saw another showdown between the two rivals, Agawam High and West Springfield High - this time in girls' soccer at Harmon Smith Field. Both teams were searching for their first victory. The Terriers prevailed, 1-0.

It was the same old tune for the Brownies. Despite playing hard, they found the goal as elusive as ever and outplayed the Terriers for most of the night.

Agawam (for a change) started out strong, bringing its offense at least part of the way into the West Side zone behind good efforts by sophomore striker Kaitlin Sardella, midfielder Jess Newalu, sophomore midfielder Danielle Cirillo, and striker Jill Gendron.

At the 36:55 mark, Sardella sent a good right wing pass to the foot of Newalu, who was cutting through the center of the box. However, the junior midfielder (starting for the first time and enjoying a monster game) couldn't pull the trigger.

West Side came back and had a 25-yard chance with eight minutes gone. It was a high ball and right on. Goalie Laura Bucalo made the save, but the rebound squirted into the crease. Luckily, no Terrier was in the vicinity to take advantage.

Sardella, Gendron, and Newalu were back on the attack with 13:10 gone. Again, they had some open spots, but no one could get off a shot.

Agawam had still another chance with 16:30 off the clock. This time, Gendron, cruising the left wing, hit Newalu 15 yards in front. The play was bang-bang and would have been even better, but Newalu just missed three feet to the left. Then, wing Amy Jensen (on the attack a minute later) drove a ball from 30 feet in front, only to see it blocked by the Terriers' defenders before it ever found the net.

The Brownies' Continuing Frustration...

The Brownie frustration continued to build. With 20:42 to play, they still had no shot on the visitor's goal.

West Side had no such problem. Their first best chance came with 14:55 to go off a shot from the left crease. It was a bouncer that could have gone anywhere. Bucalo made a fine save on the ball. She made another two minutes later on a line shot from the left point.

There were nine minutes and some change left when Bucalo was called upon again, this time on a shot off a crossing pass. Her leaping save kept things at nil.

The Terriers wouldn't quit. They continued to attack. Only an aggressive defense, led by some tough tackling by Newalu, sweeper Amanda Blair, and fullback Amanda Merola, kept the dogs at bay.

However, as it has been for most of the season, Agawam's "D" could only do so much. There were three minutes to go in the half when junior fullback Megan Young, at the right point, took a pass from Amy Viecele and stroked it past Bucalo into the left-hand corner of the Brownie net.

The half ended with West Springfield up, 1-0. Agawam had no first-half shots. West Side checked in with five.

The second half saw sophomore Vicky Taylor in net for the Brownies. Again, AHS started off fast, getting its first shot on goal with 1:50 gone on a Gendron shot from the top of the crease. A minute later, Jensen just

SEE WEST SIDE GAME - Page 44

THOMAS DAL MOLIN MEMORIAL GOLF TOURNAMENT

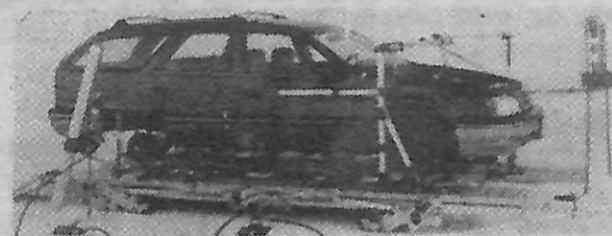
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AHS VS FALCONS - from Page 42

drive from the right wing, and a shot in the crease off a cross. With 18:36 gone, Minnechaug had five shots on the Brownie net - all testers. Agawam had three, but they were long-range jobs with not a lot of mustard on them.

Agawam had a chance with 21:31 to go, as sophomore striker Kaitlin Sardella broke down the left wing and sent a crossing pass into the middle of the box. No one came to help her and the Falcons cleared their zone, going on full attack. It paid off with a score at 21:13 from the right point past a diving Bucalo into the open right corner.

Down 1-0, sophomore Danielle Cirillo, junior Jessica Newalu, and senior Amy Jensen tried to work a deal high in the Falcon box. Again, the visitors' defense was a beat too quick and Agawam found itself digging in on defense, which was led by the hustle of Amanda Blair at sweeper and Becca Nacewicz at fullback.

With 13:34 left, Bucalo came out and shut down a Minnechaug left-wing rush. The defensive effort seemed to spur on the offense, and with 9:58 to play, junior striker Angelina Cortese, Cirillo, junior Erin Gloster and Jensen attacked en masse. Despite the effort, they could not get off a shot against a Falcon "D" that was as tight as a straightjacket.

Minnechaug scored again with just 31 seconds to go, 35 feet out from the right point and into the left corner of the Brownie goal. The half ended, 2-0 Falcons. Agawam had four shots on goal. Minnechaug recorded eight, and that second goal at such a late stage was a killer.

Jensen and Cirillo attacked to start off the second 40 minutes. The effort saw Jensen with a free kick at 37:00. A save foiled the attempt. Agawam continued the attack with Gendron, Cirillo, Sardella, and Jensen leading the charge. They were marked well and gave up the ball, sending Minnechaug back on offense.

The Falcons patiently moved the ball down the left wing and took a shot 40 feet out on the left point,



LAURA WRAY-RAMOS (center), the coach of the AHS girls' varsity soccer team, with her senior captains for the 2000 season (from left to right): Amy Jensen, Courtney Adamczyk, Amanda Merola, Laura Bucalo, and Jill Gendron. Advertiser News photo by Dave Rollins.

which slammed into the back of the Brownies' goal at 33:54 to make it 3-0, guests. Despite the score, Agawam had a couple of kids who were playing some tough defense - Nacewicz and Newalu. But the senior and junior, respectively, couldn't do it all themselves.

Minnechaug enjoyed a free kick with 26:55 to go. A minute later, they came in on a semi-breakaway in the left box and scored from 40 feet out.

Four to nothing is a huge deficit in soccer, especially when you don't have much of an offense to cut it down. But the Brownies weren't going to fold their tents.

With 21 minutes left, Gendron dribbled her way to the right wing and shot right on from 30 feet out. The

Falcons' keeper, Emily Butterfield, just got her gloves on it for the deflection.

With 13:30 left, Bucalo was gone and sophomore Vicky Taylor took over in goal. But the defense, despite the score, wasn't the problem.

For the balance of the game, the Agawam offense mounted only sporadic attacks, which were met and marked by an aggressive bunch of Falcon defenders who always had plenty of time to move the ball upfield without much pressure.

Agawam had six second-half shots for a game total of 10. Minnechaug recorded six and a total of 14.

Minnechaug rose to 5-4 (4-1) and is in a battle with Amherst 5-2-1 (2-1) for the Kurty-Fielding Division lead.

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WEST SIDE GAME - from Page 42

missed left on a header off a throw in. A shot by Gendron at the 36:20 mark sailed over the crossbar. Fifty seconds later, Sardella had an opportunity from the deep right corner but hooked it wide right.

West Side finally cleared the ball at the 34:30 mark. Forty seconds later, they swarmed the Brownie box, forcing Taylor to come up with an acrobatic, leaping save on a hard drive from 40 feet out in the center. Six minutes and 50 seconds were gone when Taylor made another good stop on a header off a right-left cross. Three minutes later, West Side was still right in Agawam's face. They rushed the left wing and Taylor, seeing a breakaway, came 50 feet out to break it up. She made the save but couldn't control the rebound, and the goal behind her was wide open. Jill Lawson was there, however, to block the second shot. Still, West Side wouldn't quit. They set up for a point-blank shot in the right crease. Taylor, reacting on gut instinct, guessed right and made another fine stop.

AHS Finally Clears The Ball...

Agawam finally cleared the ball with 11:35 gone with some fine defender play by Cirillo (playing stopper at this time) and attacked behind Sardella and Marsili. Marsili took a shot, which was blocked.

Sardella pounced on the rebound with an open right corner beckoning. Her shot went wide. Perhaps Agawam's best second-half chance came 30 seconds later when Jensen tracked down an air ball and hit a header from 20 feet in front but got robbed.

In the end, Agawam had its chances as it swarmed the Terriers' net. Jenna Shea had a shot, which was stopped with 18:50 to go. Sardella was there for a left-right cross from Jensen at 15:55 but couldn't quite launch. Blair was frustrated by the Terriers' defense on a good chance in front with 13:25 to go. With 7:59 left, Sardella (on the right wing) got off a good cross to Lawson in the left corner of the box. She shot wide right.

Taylor, getting some playing time, made a couple of tough saves down the stretch. However, West Side was now content to clear the ball right back into the AHS zone whenever it popped out into its zone. But the Agawam defense, for the most part this season, has never been in question.

The Brownies fell to 0-7-1. West Side rose to 1-5-3. Agawam had seven second-half shots for a game total of seven. The Terriers managed eight for a total of 13.

Agawam Soccer Association To Hold Its Annual Meeting On Monday, October 16th

Annual elections will be held for the Agawam Soccer Association Executive Board on Monday, October 16th, at 7:30 p.m. at the Italian Sporting Club. All positions are on the election ballot. If you are a parent, coach, or simply someone interested in making soccer a better experience for Agawam's children, consider running for one of these positions. This will be a mandatory meeting for all coaches. Both In-Town and Pioneer Valley coaches must be present at the meeting or send someone who will represent them.

The annual Soccer Appreciation Night will be held at the Springfield Turnverein in Feeding Hills. This

event will be held on Saturday, November 4th, starting at 6:30 p.m. The night will feature great music, dancing, door prizes, and a great-tasting Turnverein buffet. Tickets are \$10 and can be purchased from any board member, coach, or by calling either Darlene Kedzior at 789-0454 or Dee Adams at 786-9085.

The raffle winners from this weekend's In-Town Jamboree Tournament were: Laurie Phelps of Agawam, first prize (\$500); Osbourne of Agawam, second prize (\$250); and Maureen Parrott of Agawam, third prize (\$100). Congratulations to our winners!

**COURTNEY ADAMCZYK***Profile.....*

Courtney Adamczyk - A Veteran Leader Of AHS Girls' Soccer

by Dave Rollins
Sports Editor

Courtney Adamczyk is one of the senior captains of the Agawam High School girls' soccer team.

Recently, the three-year varsity player took some time out to talk about her days as a Brownie. Courtney is 17 years old. Her birthday is March 13th.

SEE COURTNEY ADAMCZYK - Page 45

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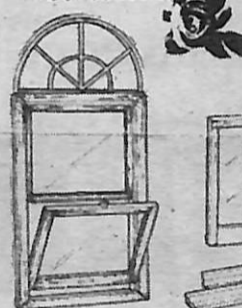
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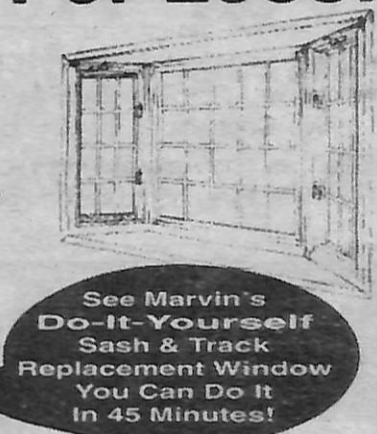
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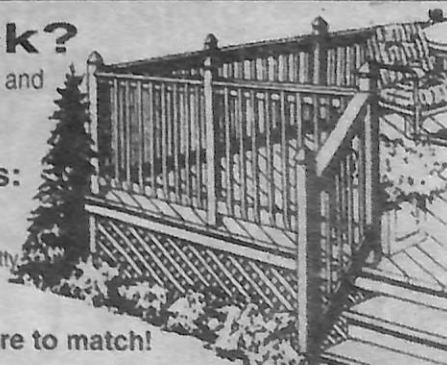
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COURTNEY ADAMCZYK - from Page 44

She has been at AHS for four years. Currently, her course load includes English 12, advanced math, physics, psychology, word processing, and gym. Courtney is in the Math Club and is a member of the student chapter of American Intercultural Programs (AFS). Psychology is her favorite course. David Pulaski (geometry) is her top teacher.

Though it is still a little early, she has her eye on a college. Or maybe we should say they have their eye on her.

The school is Eastern Connecticut State University in Willimantic. They are interested in Courtney for soccer. "Yeah, they will be up here on Friday, Oct. 6th, to watch our game against East Longmeadow," she said.

A Three-Sport Athlete...

She is a three-sport athlete - soccer in the fall, skiing in the winter, and track (triple jump) when spring rolls around. Soccer is her favorite sport, though. "I like it so much. It kind of takes up my entire energy during the fall semester," she smiled. Courtney has

been plagued by a variety of leg injuries. She missed all of last spring in track but hopes to be back on what on paper appears to be a powerful AHS girls' team.

Courtney's best sports memory comes from soccer. "Last year, the Coach (Laura Wray-Ramos) switched me from forward to defense. During one game, I went back to forward, my usual position, and scored a goal. That was fun."

She also noted that becoming one of the captains (there are five) of the team this year was a big thrill.

The team has had it tough so far. At this writing, they are 0-8-1. But hope floats, according to Courtney, who has a goal so far this season.

"We have played well, losing games by a goal. We just aren't finishing off our plays. We have the talent to turn things around."

Her favorite food is a good salad.

Orange is her number one color.

A Volkswagen Jetta would be her ride.

She likes to kick back and relax at her friend's houses.

Preppy suits her taste in clothes. American Eagle is her store.

Courtney likes all kinds of music.

"Beverly Hills 90210" is tops on the tube for her. "Dirty Dancing" is her favorite flick.

Sue is her mom. Ed is her dad. She has a brother, Brett (20), who was an excellent prep hockey player.

She says the person she looks up to the most is her grandmother on her father's side, Mary Adamczyk.

"She is 86 years-old and has been through a lot. But she is still a very active and involved person."

Courtney wants to be remembered when her days at AHS are done as a good person who enjoyed playing soccer.

Coach Laura Wray-Ramos had this to say of the senior: "Courtney is part of the heart and soul of this team. She is dedicated and deserves to be one of our captains. She possesses great soccer skills, has a great attitude, and is an excellent leader."

Varsity Football...**Relentless Amherst Running Game Ruins Brownies, 34-13**

by Dave Rollins
Sports Editor

At the start of the schoolboy football season, Agawam High varsity Coach Tad Desautels made a point: "This new team alignment, with so many outstanding teams in the AA Conference, means there will be no breathers on anyone's schedule." That point has been well taken. The Brownies are now 0-4 after their 34-13 loss to Amherst last Friday evening up at Harmon Smith on a clear and unseasonably cold late September evening.

The Hurricanes were no roll in the hay. Last year, they were the defending Suburban League champs (9-2). They were the Division II Super Bowl champions, beating Central Mass. powerhouse Southbridge, 27-7. The win over the Brownies was their 14th in a row dating back to last year. This team worked hard to get into the AA Conference.

"We always thought our program was headed in that direction. When we were in Division II, more often than not we beat the Division I teams," Amherst Defensive Coordinator Tom Cullin said.

This was one Agawam needed badly. But they got off to a bad start. On the second play from scrimmage,

after receiving the opening kickoff, Amherst broke out on a 54-yard TD run, courtesy of elusive and strong senior halfback Marcus Williams. Williams' folks moved here from Minnesota. His mom is a professor at UMass. Frank Ferrentino blocked the extra point and Agawam took the ball after the kickoff at its own 27, trailing 6-0.

It was clear Desautels was going to run his premier back, Vitaly Dzhenzherukha (20-110 yards plus an 89 kickoff return for a TD). He had 60 yards on Agawam's first possession. But, save for his kickoff return in the second half, all went downhill from there.

The Brownie defense, led by Chris Evans, Phil Sampson and Ferrentino, took care of the Hurricanes on their next turn at the ball.

So it was until there was 1:20 left in the first quarter, when Ferrentino (playing big) recovered a Hurricane fumble at the Agawam 29, thus ending a possibly devastating threat by the visitors.

The Brownies Went To Work...

The Brownies went to work. After a flag on a pass

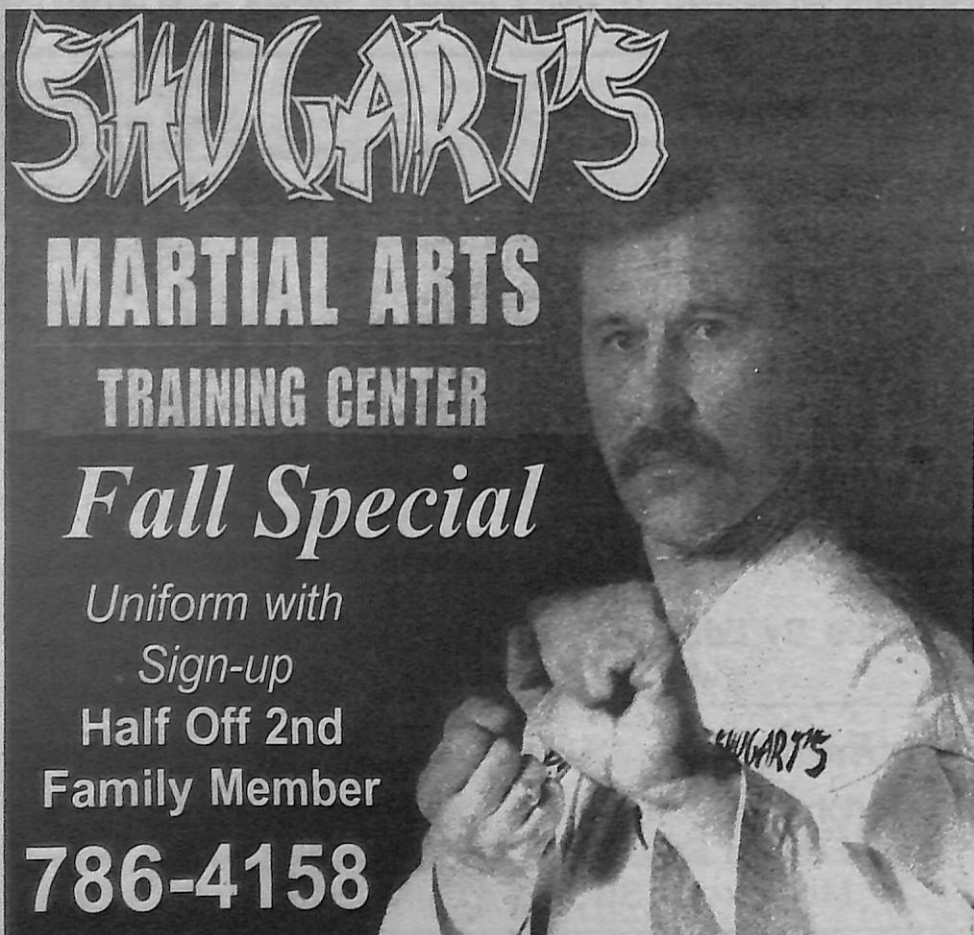
play that saw them and the faithful sag a bit, they had a second and 15 at their own 24. Vitaly gained six. Then, sophomore quarterback Joe Clark, on third and eight, slid left on an option and cut to the left sideline. He got a great block from Tony Liquori at the Amherst 35, which enabled him to run out of bounds at the Hurricane 30. That 42-yard run ended the first quarter, but pumped up the Agawam hopes for a score.

However, the Amherst "D" rose up, holding Vitaly to four yards on two carries, then sacked Clark for 17 yards, forcing a Brownie punt.

The Agawam punt saw Amherst take over at its own 20. Twelve plays, 80 yards, and 3:17 later, the visitors scored their second touchdown on a Williams one-yard run. The two-point conversion was killed by Nick Beaudette.

Agawam got the ball on its own 30 after the kickoff. Some good pass completions to senior Lou Conte (2-11) for seven and Liquori (1-32) for 32, plus Vitaly runs of two, four and one yard, saw Agawam with a third

SEE FOOTBALL - Page 46



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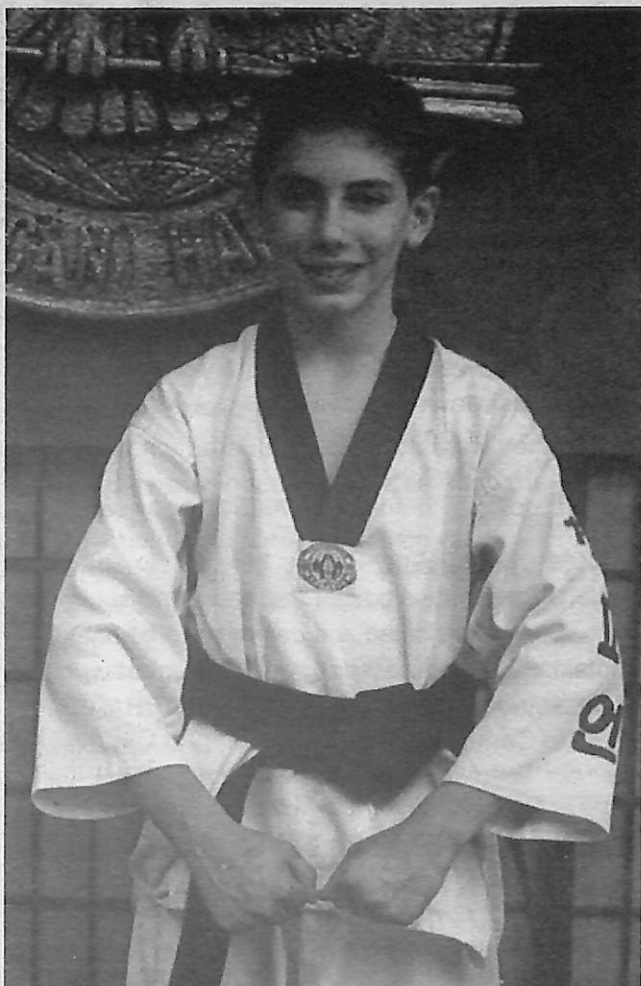


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CHRISTOPHER CHADERJIAN

In Taekwondo...

Christopher Chaderjian Achieves Black Belt Status

Eleven year-old Christopher Chaderjian, formerly of Feeding Hills, has successfully achieved his black belt status in Taekwondo on September 9th.

Chris has been training at the "American Hapkido and World Olympic Taekwondo Center" in Feeding Hills under the instruction of Master Michael Wollmerhauser, president of the American Hapkido and Taekwondo Association and an eighth degree black belt himself, since the age of five.

Chris now resides in Westfield with his parents, Scott and Lisa, and his brother and sister, Michael and Megan. Chris is a sixth-grade student at North Middle School in Westfield and also plays hockey for the Westfield Youth Hockey Association.

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FOOTBALL - from Page 45

and seven at Amherst's 32.

However, Clark threw one up for grabs with 1:45 left in the second quarter, and the Hurricanes' Stu Handel was there to pick it off. Amherst now had the ball at its 38 after the runback. With 54 seconds to go, they'd brought the ball to Agawam's 25-yard line. With 29 seconds on the clock, Mike Ononibaku (a bruising brute of a fullback) took it in from 11 yards out. The two-point rush was good. After the six-play, 62-yard, 1:16 drive, Amherst was clearly in the driver's seat after the first half, 20-0.

The Brownies were quick to respond when the second 24 dawned. Vitaly, frustrated on his attempts from scrimmage for the balance of the first 24 minutes, took the kickoff at his own 11-yard line and knifed right up the middle with his pedal to the metal. Eighty-nine yards later, he had Agawam's first score to electrify the home folks. Vin Tirone kicked the extra point and Agawam now trailed 20-7.

Amherst, happy to be in Division I AA, proved even more it was the place to be. They got the kickoff at their own 26 (after a penalty) and proceeded to go 74 yards in 10 plays, lasting 3:05 (slippery James Ihedigbo took it in from five yards out), to stake themselves after the two-point conversion to a 28-7 lead.

Agawam could do little when it got the ball back. Clark was the victim of a sack on a third and seven at the Brownies' 46. And facing a fourth and 20, AHS punted the ball away.

Amherst, running out of multiple sets, got a little too fancy for its own good with 4:18 left in the third, coughing up the ball at its own 25-yard line. The Brownie recovery set up their second score of the

game.

Agawam's Second Score...

It was a pretty pass play on first and 10 at the Hurricanes' 25. Senior wide-out Chris Tedone cut down and to the left-hand corner of the enemy end zone. Clark (4-14, 60 yards, 1 TD, 2 INT) lofted the pass and Tedone (1-25, 1TD) caught it in stride at the 3:25 mark. The extra point was no good, but the Brownies had cut the Hurricanes' lead to 28-13.

Both teams settled down to some decent defense after that score. Agawam had a chance with 10:48 left in the fourth on another fumble recovery. But after a third and three at their own 27, Clark was intercepted by Inhedigbo at the Brownies' 33.

Amherst didn't squander the opportunity. Three plays later, Ononibaku bulled over from one yard out, giving Amherst the final, 34-13 lead. In that series, Agawam's standout junior defensive tackle, Curtis Miarecki, broke his ankle and had to be transported to the hospital via ambulance. It was a tough loss.

The whole thing was tough. Desautels, in his second season, has never been 0-4 in his career. "We are young at the skill positions. The whole thing is a learning process. And we are learning. We've still got a ways to go, and none of the kids has even shown the least bit of quit," the always upbeat coach noted.

Agawam finished up with 242 total yards - 182 on the ground: Vitaly (20-110, plus 89 KO, 1TD); Clark (4-69); Liquori (3, -1); Beaudette (2 -4). Passing: 60.

Amherst had 307 rushing and 52 via the pass for 359 total yards.

For its next contest, Agawam will travel to Holyoke for a game against the unbeaten (3-0) Purple Knights.

Agawam And Feeding Hills Students Are Competing For Elms College Athletics

The Elms College athletic department would like to announce that the following area students are currently competing as varsity players on the following athletic teams:

Amy Powell of Agawam, a senior member of the cross-country squad; **Julie Voos** of Feeding Hills, a first-year student and a member of the soccer team;

Debra Boissonneault of Agawam, a sophomore member of the field hockey team; **Karen Shaw** of Feeding Hills, a junior field hockey player; and **Brooke Ramah** of Feeding Hills, another junior field hockey player.

Elms College, located in Chicopee, MA, competes in the North Atlantic Conference.

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*Boys' Varsity Soccer...***West Side Booters Give Brownies A Tough Time, 2-0**by Dave Rollins
Sports Editor

The Agawam High boys' soccer team had its turn at West Springfield High on Monday at Harmon Smith Field on a perfect October evening before a good crowd.

And like the Brownie girls four days earlier, the locals came up short in this one, 2-0.

Now, if it had not been for the heroics of the Agawam defense and senior keeper John DeCaro in particular, that 2-0 deficit could have swelled like a busted-up knee to downright ugly proportions.

At least five times during nearly half of the 80 minutes that DeCaro guarded the goal (junior Evan Machos took over for the final 7:40 as Coach Jon Cavallo put DeCaro at forward in an attempt to juice up the offense), the senior made gut-check saves on Terrier breakaways. On a half-dozen other occasions, he went parallel, vertical, and every which way to stop point-blank bombs.

Things started off like a preview of coming attractions. With only 1:15 gone, DeCaro had already come up with two big saves on Terrier screamers from no farther away than 20 feet. Play was rough.

With 5:50 off the clock, Agawam's Phil Peilegi went down for a tackle and came up with a fractured right ankle and a trip via ambulance to the local emergency room.

While Peilegi was being taken away, West Side executed a tough right-left cross that tested DeCaro. It was obvious even at this early stage of the game that the Terriers were not afraid to shoot, from anywhere at any time.

DeCaro had another Maalox moment when Eric Scott blasted one at him from the left point with 9:38 gone. It was all visitors at the 25:24 mark.

What offense Agawam could muster came off a free kick at 24:50, which was blocked by the Terriers' "D" before it ever saw the goalmouth. A header by Matt Ligenza 1:30 later off a crossing pass from junior midfielder Eric Serna that just sailed wide left was an opportunity missed by AHS.

Finally, the Brownies managed to mount something that resembled an offense with 16:40 left. Serna, John Sikes, and Mike Ruscio led a drive into the right side of the West Side box. The Terriers' defense pounced on them in short order, preventing any kind of meaningful shot.

So, it was right back to the Brownie zone and DeCaro. He made a save on a hard shot 30 feet out and another one which was right on in a span of two minutes. Then, with 12:40 left, West Side's Saba Hurmovic cut in clean and unmarked and had every-

thing open from 40 feet out. DeCaro emerged from his goal for the block.

But a defense can just take so much abuse. With 9:31 to go in the half, junior forward John Nash came in on the right wing (also unmarked), took a skidding pass from Ryan Murphy, and slammed it home for a 1-0 West Side lead.

The half ended with West Side still shooting like the Brownies' goal was a prize booth at The Big E. The final image of that half for the faithful was DeCaro making another bullet-sweating save on a belt from the top of the crease. Agawam managed only two shots on the Terriers' net. West Side sent in 10.

Midfield Soccer...

Both teams sunk into midfield soccer to start the second 40 minutes. Agawam had a good chance with 4:10 gone. A hustling Ligenza was in front of the Terriers' net with a lob pass coming down on top of him. He hit a head ball that just went over the crossbar.

Serna manufactured an Agawam opportunity at the 32:15 mark. The shifty midfielder lofted a 70-foot shot towards the West Side goal. It was right on and slow enough to be deceptive. The Terriers' keeper, Nolan Skowera, was slightly snookered. He caught the ball but failed to squeeze it.

The rebound popped into the crease, begging for a Brownie's toe to caress it to the back of the net. No one was there. Serna out and far had to yell in frustration. It was a prime opportunity missed.

At 31:12, Hurmovic, who had only an assist in this one (but deserved a goal), took a lead pass from Murphy and broke in on DeCaro. The shot was hard high and had possibilities. The Brownies' keeper just

outright robbed him. That's what happens sometimes: you get in the zone (as DeCaro was on this evening), and everything they shoot at you seems to arrive in slow motion.

Unfortunately, that was how Agawam's offense was playing. It was obvious the Brownies' defense had the responsibility of ensuring this one didn't turn into a joke.

Hurmovic (that name again) blocked a right wing clear with 14:50 to go and from 40 feet out drove in on DeCaro. DeCaro made the save on a 20-foot drive that was begging for the back of the Brownie net.

If that wasn't enough, Hurmovic was the menace again four minutes later. He took a right on pass from Andy Carney at 10:25, back-kicked the ball on a give and go to Carney, who (from 15 feet) had DeCaro like a deer in his headlights on a point-blank shot with the right-hand corner open. It went wide by a foot.

Then, DeCaro was asked to play the field with 7:40 to go. He tried to get some offense going. But for all of DeCaro's skill, the Terriers' defense was just too overwhelming. They sealed things with 5:39 left when sophomore forward Carlos Ortiz, on a pass from Hurmovic, enticed Machos (the new keeper) to leave the net and wander out 40 feet. Ortiz got around Machos and tapped the ball home from 10 feet out.

It was over then. West Side saw its record rise to 4-2-2 in the non-conference game. Agawam fell to 2-5-2. Agawam had seven second-half shots on goal for a total of nine. West Side came in with seven, as well, for a total of 17.

At presstime, Agawam was looking forward to a big one at Harmon Smith on Wednesday evening (October 4th) against state champion Ludlow High.

*Field Hockey Versus Longmeadow...***Powerful Lancers Upend Brownies**by Dave Rollins
Sports Editor

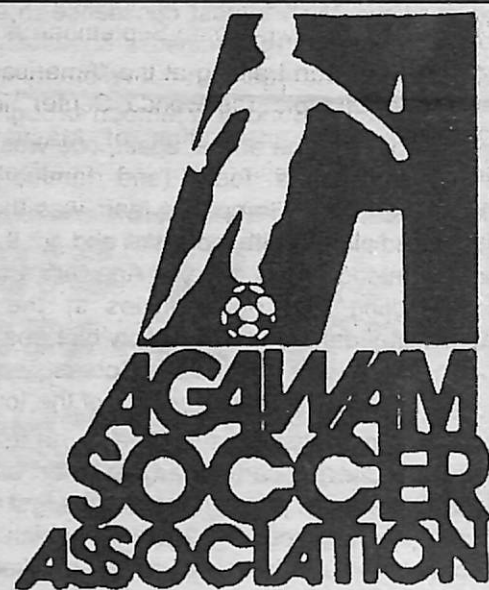
The Agawam High field hockey team is struggling to regain the heady start it enjoyed at the beginning of the season, when it won two in a row and looked to be on its way to accomplishing some positive things.

However, four straight losses put a damper on their efforts. Two ties in a row saw optimism rise once again. So, they were ready for more when Longmeadow High invaded Harmon Smith Field on Monday afternoon (October 2nd). The Lancers, a perennial field hockey power, came in at 6-3 and came away with a 2-0 win. Agawam had no answer for the visitor's offense, which got off 15 shots on keeper Alyssa Goodrow.

Longmeadow carried the first-half action for five minutes before it scored off a melee in front of the Brownies' goal to go up, 1-0. They had another chance a minute later when a shot hit the right post.

It was obvious Longmeadow had the ability to work

SEE FIELD HOCKEY - Page 49

**Agawam
Soccer
Association****Final Spring Signups**

In-Town program available to all children
5 yrs-old by August 1st of this year
to 11 yrs-old. Pioneer Valley Travel Teams'
sign-up for children 8 yrs-old to 14 yrs-old.

Sign-ups will be held at the
Agawam Middle School on Saturday,
October 14th from 10 AM to 2PM.

Registration Fee is \$35.

Agawam Cobras Win Six Flags Tournament

Unlucky 13? Not so for the Agawam Cobras (girls' U-14, Division I, Pioneer Valley Junior Soccer League team), who entered their final Labor Day Six Flags Soccer Classic - formerly the Riverside Classic - with 13 players. With confidence and spirits high, they entered the tournament with expectations to come away with many wins and their eyes on the championship trophy.

The road to this lofty goal would not be easy, as the girls had a few obstacles to overcome: fewer-than-ever players, tougher competition, and a less-than-desirable outcome in the 1999 Riverside Tournament. However, the Cobras played beautifully, were united as a team and expertly coached, and focused on each game.

On a clear, cool Saturday morning, they opened their tournament play against a team from Natick, Massachusetts. It was clear from the onset that this team was no match for the Agawam girls, as the Cobras dominated the game with phenomenal speed and precision passing skill. The Cobras shut out Natick with a score of 5-0.

Their second game that day brought the Cobras in contention with a long-familiar rival - the Wilbraham Falcons, a team with several talented players who (at times in past seasonal play) has given the Cobras a challenging game. This game proved not to be the case, as again the Cobras came on strong with a tough, offensive stand which carried through to the end of the game. Confident in their team, Coaches Denny Marr and Dwight Northrup switched players and their positions throughout the game, placing defenders in scoring positions and forwards in defending positions. With utmost confidence in each other, the Agawam girls maintained a beautifully dominant game and the Cobras shut out Wilbraham, 4-0.

A hot, sultry Sunday afternoon brought two new competitors into the arena; again, one was a stranger and the other a local (and familiar) rival. A Manchester, New Hampshire team was the first challenger and played with more skill and grit than the previous contenders. In spite of Agawam's outstanding ball-handling and opportunities at the goal, the Manchester defense allowed only one goal. However, that one goal was all that the Cobras needed to win the game with their third shut-out of the tournament.

Westfield, Massachusetts, the fourth team to challenge the Cobras, came ready to battle with their no-nonsense style of play. They were the first team of the tournament to score on Agawam, which forced the Cobras to turn up the pressure and quicken the pace. With their awesome agility, faultless passing, and creativity strategy, they outmaneuvered Westfield and came from that game a winning team, scoring three goals to Westfield's two. The Agawam Cobras were on their way to the semifinals!

On a cool, foggy Monday morning at 6:45 a.m., 13 girls met Coaches Marr and Northrup at Field #2 at Agawam High School to begin warm-ups. They faced a Division I Framingham team which threatened to blow the Cobras away. However, they soon became

AHS Track Open For Fall Walking

The Agawam High School track is now open (weather permitting) for walking and jogging on the following days:

Monday through Thursday, 6:00-8:00 p.m.;
Saturday, 7:30-9:30 a.m.

The track will be open for walkers and joggers during the above hours throughout the early fall. Strollers are permitted on the track. No one will be allowed on the infield or in the bleachers during these times.

For more information, please call the Parks and Recreation Office at 821-0514.

Best local news with us - AAN!!!



COACH DENNY MARR (standing, far left) with members of the "Cobras," which won the Labor Day Six Flags Soccer Classic: Tiffany Manzi, Heather Albano, Elise Davilli, Kara Powell, Jessica Lalli, Bethany Garvin, Lauren Peltier, Danielle Glantz, Elizabeth Boisvert, Megan Pokorny, Julie Czuprynski, Kelly Follis, and Stacy Boisvert. (Missing from photo: Coach Dwight Northrup and teammate Callie Longtin.)

aware of the Cobras' lethal strike, which occurred twice with two spectacular goals and a strong defense. Strong team unity earned the Cobras their fourth shut-out of the tournament.

Near the end of the Framingham bout, attention strayed to the nearby field where the other set of semifinalists was playing - Auburn and Easton, two formidable teams. Both of these strong Massachusetts teams have beaten the Cobras in past tournaments, with Easton garnering the championship in the 1999 Riverside Classic and the state championship in past MTOC tournaments.

With no score and tensions high, the game went into overtime and finally into penalty kicks. Much to Easton's dismay and tearful disappointment, they found themselves losing 4-3 as the Auburn players cheered their way into the finals to meet the awaiting Agawam Cobras.

Trembling with excitement, thirteen Agawam girls entered the High School stadium. Tiffany Manzi, Heather Albano, Elise Davilli, Kara Powell, Jessica Lalli, Bethany Garvin, Lauren Peltier, and Danielle Glantz were ready to storm Auburn's goal, while

Elizabeth Boisvert, Megan Pokorny, Julie Czuprynski, and Kelly Follis were focused and ready to protect theirs and support the Cobras' top-notch goalie, Stacy Boisvert. Auburn came on with toughness and skill, only to be met and challenged time and again by Agawam. Agawam scored, then (keeping the ball in their possession) maneuvered it past a tough Auburn defense to score again.

Fighting back fiercely, Auburn gave it all they had and scored on the Cobras. Turning up the pressure and fine-tuning their skills, the Cobras prepared to strike and, with blinding speed, outmaneuvered Auburn again to score the third time. Auburn threatened to score again, but superb goaltending by Stacy and the strong Cobra defense denied them any reward.

The Cobras walked away with the championship, as the score remained Agawam 3, Auburn, 1 - a well-deserved conclusion for their final Labor Day tournament. Was it luck? No way! Solid team unity, expert coaching, and each girl's confidence in each of her teammates' commitment and skill earned them victory.

AGAWAM LITTLE LEAGUE ANNUAL MEETING



Meeting will be held 7PM October 15th at the Italian Sportsmen's Club on Cooper St. Election of League Officers to be followed by discussion. All League parents are welcome and attendees will receive a \$5 per child discount on next years dues.

For More Information, Call Bill at 786-6064.

In Tri-Parish Bowling League...

St. Louis Now In First Place In Round One

Georgetown's stay in first place ended after a 3-1 loss to St. Mary on Monday, September 25th. GT got a good performance from Jim "Big Mac" McCormack, who ran strings of 106 and 109, but faltered in the third to slip to an 86. (He must have needed "biggie" fries, too.) "Mighty" Debbie Poirier, who had been on a tear since night one, all of a sudden couldn't do anything right and ended the night with a 294. The match was played on alleys one and two, which "Mighty" dislikes with a passion (which is her excuse).

For St. Mary, Rich "Golden" Snyder (Debbie's brother) ran off a 311 to lead the team. It was a 29-pin victory in a low-scoring match, but it did lift them into second place.

St. Louis took the measure of Notre Dame, 3-1. Jim "Jimbo" Lambert had a great night. After starting with an 81, he ran off a 105, then capped off with a 134 for a 320. Anchor Glen "Not Sam" Adams broke out of his slump and hit strings of 99 and 120 before a massive 146 for a 365.

He needed it all because opposing anchor Paula "Wild Thing" Burke was also having a strong night, hitting 116, 127, and 101 for a 344. Because of the strong team effort, St. L jumped into first place.

Catholic University ran over Boston College, 3-1, to move into fourth place. In another low-scoring match, CU anchor Kathy "Big Cat" Burlingham beat BC anchor Jon "Money" Robarge, 345 to 328, to be the feature match-up. The first string was very close (CU won by one pin).

BC got a point for winning the third string by five, but it wasn't enough to get total pinfall (which went to CU by 20 pins). Sometimes, low-scoring matches are the most exciting.

In the fourth match, Fordham bested Holy Cross, 3-1. For HC, Mary "Not Marlo" Thomas hit a 104 and a 113 to run a 311 total and helped Ron "The Don" Menard, who ran off a great 137 second string and a 340 total in a losing effort.

For F'ham, Flo "Rocky" Rochford had a 309 total, which helped "Jolly" Oilly Muldrew (who hit 315) to gain the three points. "Rocky" and "Jolly" are slowly getting up to form and are determined to be a force in upcoming matches.

The Standings As Of 9/25/00:

St. Louis	9 To 3
St. Mary	8 To 4
Georgetown	7-1/2 To 4-1/2
Catholic U.	7 To 5
Notre Dame	5 To 7
Fordham	4 To 8
Boston College	4 To 8
Holy Cross	3-1/2 To 8-1/2

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Scherpa Blue Flames	1	6	0	3	McElligot Blue Jays	4	2	1	13
Pelletier Red Rockets	5	0	1	16	Giusto Golden Eagles	2	5	0	6
Gendon Blue Lightning	1	4	1	4	Hastings Orange Vipers	3	4	0	9
Marsh Green Ball Hogs	4	1	2	14	Ellsworth Red Devils	2	5	0	6
Parent Orange Hurricanes	5	1	1	16	Farrington Green Machine	0	7	0	0
U-12 GIRLS	W	L	T	P	U-12 BOYS	W	L	T	P
Wood Red Demons	6	0	1	19	Brin Green Demons	5	2	0	15
Beroth Blue Angels	4	2	1	13	Laporte Blue Devils	4	2	1	13
Prout Yellow Jackets	3	3	1	10	Henigan Yellow Jackets	4	2	0	12
Pietroniro Warriors	0	5	2	2	Nawskon Red Devils	1	4	2	5
Brewster The Thunder	1	4	1	4	Lombardini Orange Crush	1	5	1	4
U-17 (CO-ED)	W	L	T	P	U-14 (CO-ED)	W	L	T	P
Comee's Kamakazee	3	1	0	10	Adams Green Hornet	6	0	1	19
Adams Blue Thunder	1	2	1	4	Zmaczynski Golden Eagles	5	2	0	15
Howe Green Hornets	4	0	1	13	White Blue Maniacs	1	3	3	6
Francis Red	0	5	0	0	Lane Red Devils	1	3	2	5
U-10 BOYS	W	L	T	P	Nawskon Orange Enforcers	0	5	2	2
Paulin Blue Demons	6	1	0	18					

FIELD HOCKEY - from Page 47

both wings and the center of the field. The Lancers' offensive advantage was so overwhelming that Agawam finally worked the ball out of its zone with eight minutes gone in the first half and got its first shot on goal off Corinne Butova's stick at 7:50.

Agawam did not attack for very long. Longmeadow came right back and took its shots. Goodrow had a nice save on a 40-footer and a kick out to follow that one up.

Despite the fact that a bunch of Brownies (led by Butova, Jenn Bishop, Jen Pietroniro, and Shannon McDyer) were playing tough defense, the Lancers' onslaught found the shooting lanes and cashed in with 12:02 left on a score from the right crease that saw them go up, 2-0.

With nine minutes left, Jess Roy showed well on defense when she picked a hard Lancer shot (headed for the goal) out of the air, preventing a problem for her keeper.

Goodrow had a kick save on a right on shot with 8:30 left. She stopped another Longmeadow shot with five minutes to go and got slightly lucky when the rebound, sent back in, hit the right post. She ended the half with another heads-up save on a shot off a crossing pass through the crease.

Agawam had one shot on goal. The Lancers came in with nine.

Agawam was back on its heels for the second 30 minutes. They had to get something going. But the way Longmeadow was playing, the Brownies' chances seemed slim to none. So, they called upon their defense.

Nichole Gutowski, a sophomore, stepped up, as did veteran Pietroniro. Butova was there, as was Krista Wheeler. Goodrow made some tough saves.

But Agawam's offense was going nowhere. The Lancers were just too quick to the ball. Agawam fell to 2-5-2. They had two second-half shots for a game total of three. Longmeadow put up six and a total of 15.



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Agawam Youth Football - Week Four

SENIOR BLUE

On Sunday, October 1st, the Agawam Warriors' blue team traveled to Cathedral High School to take on the C.Y.O. Panthers in SAFL action. The Warriors kicked off to start the game on the Panthers' third play; they attempted a pass, but Chris Keeley was sound at his safety spot, picked off the pass, and ran it back 55 yards for a Warrior score.

Mike Toto ran the ball in for the conversion, putting the Warriors up 8-0. The score remained the same into the second quarter, when the Warrior offense (again led by their strong line play) marched the ball down the field to the Panther 30-yard line, running effectively behind Bussiere, Bailey, and DeCosmo. Both Toto and Kurt Scheibel handled the running for the Warriors.

As the Panthers were tightening up their defense, the Warriors went to the air with QB Andrew Wakelee hitting Dave Modzanowski in the end zone for the score, which made it 14-0. The Warrior defense created havoc all over the field, not allowing the Panther offense to get started. DE's Joe McGeoghan and Alex Gohn would not let the Panthers outside, and DT Eric deliefde and NG Alex Ellsworth pushed the Panther line back time after time, allowing the LB corps of Wakelee, Toto, Pellerin, and Scheibel to lay on some hard-hitting attacks. The Panthers realized they could not effectively run the ball, so they tried the air; however, Joe McDyer and Chris Keeley broke up several passes.

The Warriors scored again before the half on another picture-perfect pass from Wakelee to Modzanowski, making the score 20-0. The second half saw the Warriors start out with the ball and move down the field, with the offense being led by Kyle Perry and the backfield of Mike Theriault and Joe McDyer; however, McDyer was injured on the drive and Ryan Pellerin replaced him at the TB position. The drive stalled, and Sean Deglis attempted a 27-yard field goal (just missing to the right).

The defense, as it was in the first half, was razor-sharp and tough, with Keith Barrington and Justin Pitoniak making some key tackles. DT Sean Martin pressured the Panther backfield by smashing through the line repeatedly. The Warriors were forced to punt; however, Coach Bussiere had something else in mind with his first team on the field. He signaled in a fake to punter Wakelee, who was audible to the line on the snap from Zack Bussiere. The big right side of the Warrior line - led by DeCosmo, Bailey, and Bussiere - pulled out and led Wakelee to a first down.

The offense was not done, as Kyle Perry began utilizing the left side of the line. Behind Jeff Walker and Sean Johnson, the Warriors moved down the field. Ryan Pellerin ran in from 35 yards; however, the play was called back on a penalty, and the Warriors turned the ball over.

The Panther offense was starting to click, and they were moving the ball down-field. A smart play by the Panther QB, Kellin Acree, took place when he saw a wide-open TE, Chris Meffen, for the score. The Warrior defense held, and the conversion attempt was no good.

The Warriors set up a good return to mid-field and let the offense take over again. Behind strong blocking at the end position by John Jordan and G Anthony Verteramo, the Warriors moved down the field. Ryan Pellerin pushed it in for the Warrior score, making it Warriors 26, Panthers 6. The Panthers attempted to move the ball again but were intercepted by Ryan McLane, who returned the ball 25 yards and ran out the clock.

The Warriors next play at home (Memorial Field) at 3:00 p.m. against South Hadley.

SENIOR GREEN

On Sunday, October 1st, the Agawam senior green team played a tough game against the rival West Springfield Wolverines.

Even though the Warriors were not able to come away with a victory, it was a good game. Agawam's offense and defense played a strong game right down to the very end.

This Sunday, the Warriors' senior green team will be playing away in Easthampton (1-3).

JUNIOR BLUE

On Sunday, October 1st, Agawam's junior Warrior blue team played against the Springfield C.Y.O. at Cathedral High School and came away with a big win, which brought the Warriors' record to 2-2.

Both teams played hard throughout the whole game. There was only one touchdown of the first half and it came in the second quarter, when the Springfield quarterback threw a touchdown pass to his wide receiver. However, they were not able to make the extra point.

The halftime score was 6-0 in favor of Springfield, and there was no scoring in the third quarter. With three minutes remaining in the game, Coach Jeff Bailey and Coach Pezzimenti knew Springfield was keying on the Agawam tailback, Dom Moccia, so a play was called for Moccia to get the ball and make it look like a running play.

Moccia faked out the opposing team by getting the pitch and ran around the right side and threw a perfect 30-yard pass to wide receiver Geoff Trexler, who ran for another 30 yards for the touchdown. Quarterback Joel Bailey scored on a QB keeper to put Agawam ahead with a score of 8-6.

With two minutes left in the game, the Warriors' defense took over and stopped Springfield C.Y.O. with a fumble recovery. The final score was Warriors 8, Panthers 6.

Agawam will host South Hadley at Memorial Field behind Phelps School on Sunday, October 8th.

JUNIOR GREEN

On Sunday, October 1st, the Agawam junior Warrior green team played courageously against West Side, but suffered a 24-0 loss. The much bigger and older West Side squad had its hands full for most of the game.

Outstanding Warrior defensive play was contributed by every Warrior. Backfield tackles were made by Nick Sliech (two), Colin Hensel (one), Mark Hardy (one), and Frank Liberti (one).

Patrick McKeever had a great day on both sides of the ball and came up big on defense with six solo tackles; Frank Liberti and Mark Hardy came away with five solo tackles; Andrew White and Evan Spear had two solo tackles; and Rashad Wright had one tackle and two fumble recoveries.

Solo tackles were contributed by Niko O'Mera, Jake Ferretti, Nick Sliech, Phillip Scoville, and Kyle LaBonte.

PEE WEE GREEN

The Agawam pee wee green team (0-3-1) was defeated by a tough West Springfield, 18-0, last Sunday at home.

After allowing two quick first-quarter scores by West Springfield, the Agawam defense began to gel and allowed only one touchdown in the final three quarters.

The defense was led by Eric Alexopoulos, Dylan Coulter, Patrick McLane, Stephen Johnson, Tyler Devoe, Matthew Reardon, Michael Tirozzi, Michael Shackford, Robert Couture, Cam Martin, Joseph Farwell, and James Olson.

The Agawam offense was led by back-up quarterback Paul Vecchiarelli, who did a great job filling in for Jason Houle, who was unable to play due to illness. The offense - with the help of Shane Lafond, Justin Rahn, Michael Saccomani, and Joseph Gabanelli - moved the ball successfully between the goal lines, but were unable to push one across.

Three Agawam starters were unable to play this week due to illness. All are expected to be ready for Saturday's road game against Quabbin.

PEE WEE BLUE

On Sunday, October 1st, the Agawam pee wee blue team travelled to Cathedral High School to play the new Springfield C.Y.O. team. The little Warriors played their best game to date against the undefeated little Panthers.

C.Y.O. scored first, but Agawam stopped the PAT attempt. Agawam then scored its first TD of the season when Tim Jendrysik took a handoff from QB D.J. Sapelli and scampered left for a 45-yard touchdown run.

Throwing excellent blocks were end Bryan Birchenough and wingback Kyle Keeley. The PAT attempt was stopped by the little Panthers. The half ended with a 6-6 tie.

In the second half, both teams played extremely well on defense. Agawam tried everything in its playbook to score again. Finally, an alert C.Y.O. defender intercepted an Agawam pass and ran it back for a touchdown. The PAT was good. The final score was 14-6, C.Y.O. Panthers.

Playing exceptionally well on defense for Agawam were safety Jacob Barrows, linebackers Delanie Sapelli and Kyle Craig, and linemen Jarrett and Jonathan Fondakowski. Matt Munson had two sacks for the little Warriors, and Garrett Gabel did a great job at offensive center.

This Sunday's game (10/8/00) is home against the South Hadley pee wees. Game time is 12:15 p.m.



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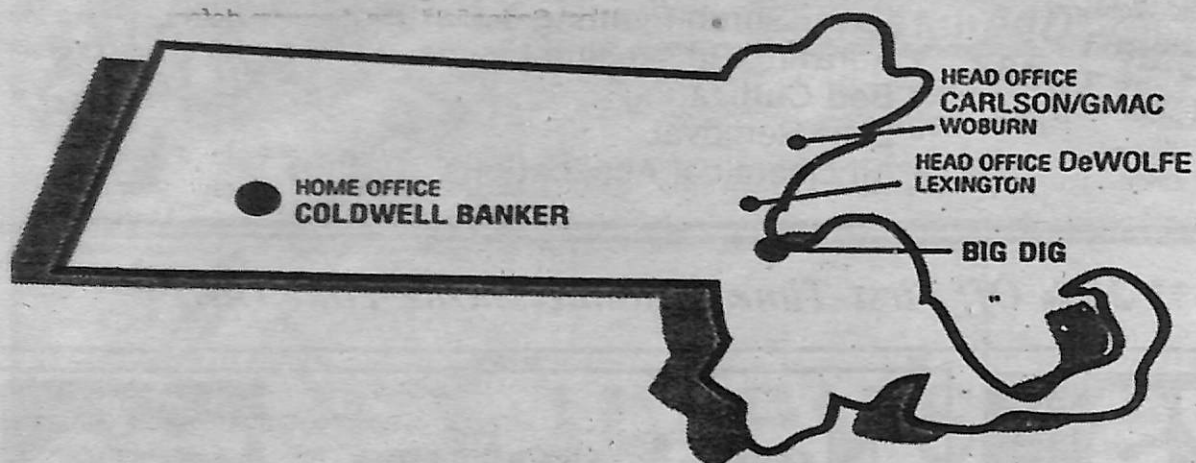
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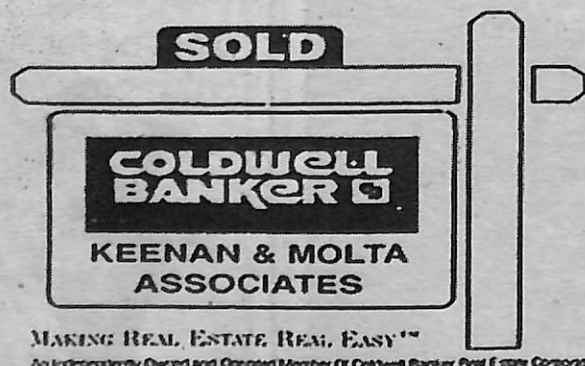
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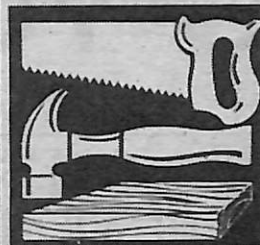


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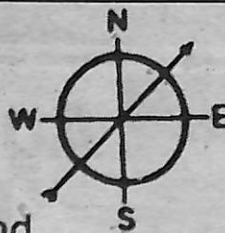
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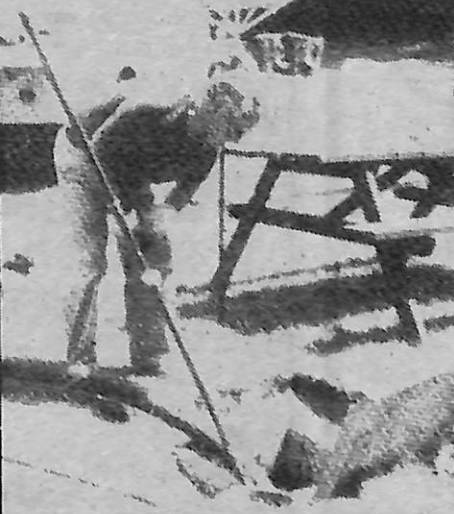
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TRASH REMOVAL: Garages, attics, & cellars cleaned out. Lawn service, unwanted items, metal removal. Insured. Call Mr. T's Cleaning Svc. Phone 789-0540, beeper 735-4535.

TIM'S CARPENTRY: Specializing in interior finish work. Also kitchen & bath remodeling. Additions, decks, cedar closets. Installation of hardwood floors. Free estimates; insured. (413) 789-2367.

TREE STUMP GRINDING: Lowest prices, fastest service. Free estimates. Call Pine Grove Stump Grinding, (413) 783-7236.

PAINTING, STAINING: Exterior, interior. Your home or business. Quality work, reasonable rates. Call Joe at 786-5912.

RENT-A-SPOUSE: Errands & Odd Jobs Are Us - Large & small repairs, yard work, clean gutters & windows, moving, trash removal, housecleaning, grocery & gift shopping/wrapping, ironing. If a traditional husband or wife does it - SO DO WE! Fully insured, gift certificates, MC/Visa accepted. 789-7911.

SPRINGFIELD TURNVEREIN: Catering to weddings, banquets, parties, and receptions. Two rooms available with seating up to 250 people. 176 Garden Street, Feeding Hills, 786-0924.

EXCELLENT CARPENTRY: Small jobs to custom homes. Honest work at today's prices. Free estimates; senior citizen discounts. Stephen Gould, 786-6887.

SHADES ON WHEELS: Your complete custom window treatment specialist, all at discount prices. Free estimates and installation - satisfaction guaranteed. (413) 786-9411.

EXTERIOR-INTERIOR PAINTING: Old and new construction. Power washing. Mural painting. Affordable, reliable, complete prep. Good references. Free estimates. Fully insured. Call Seven Colors at (413) 568-2195.

3 J REMOVAL: Attics, basements, garages, and more. Complete removal service. Free est. Lowest rates. 783-6103.

BOB LONGO CONSTRUCTION: 27 years specializing in kitchens and additions. Free custom design. Fully insured, free estimates. In Agawam, 789-0758. **CHARTIER'S GENERAL CARPENTRY:** We take the worry out of building. Additions; new construction; renovations; custom decks. Lic.

no. 051681; fully insured. Don Chartier, owner. (413) 789-7011.

DAYCARE: I am a professional family daycare provider licensed (186383) by the Massachusetts Office for Children. I'm located off River Road in Agawam. For more information, call Maggie at Pooh's Corner, 786-8806.

GARIBIAN ELECTRIC: All your electrical needs. Fully insured; free estimates; prompt service; 10% senior discount. (413) 781-4376 or (413) 569-2925.

T.J. BARK MULCH, INC.: All natural, double ground bark mulch, sawmill wood chips, playground wood chips. Delivery available or pick up at 994 Western Ave., Westfield, MA. Mon.-Fri., 7-3; Sat., 7-12. (413) 568-6856 or (860) 654-1975.

HANDY MAN: Need a handy man around the house? All types of home improvements & odd jobs. Bob Bartolucci, (413) 736-3730. Reg. No. 127813.

CIRILLO'S LANDSCAPING: Specializing in commercial and residential lawn care. Free estimates. Call now for fall cleaning, 786-7843.

GILL HALL FALL CLEANING/SNOW-PLOWING: Aeration; free est.; residential & commercial accounts accepted. Call Hall Lawn Care, 789-1712.

CURLEY'S LAWN SERVICE: Fully Insured, experienced. Seasonal Mowing, Tree Pruning, Seeding & Sod, Lawn Installation, Bushes trimmed, Bobcat work, Landscape design & installation. Loam, Fill & Plants. 786-4622.

HATE HOUSEWORK? NO TIME? I'LL DO IT!!! Weekly, bi-weekly, monthly. Competitive rates. References. Call Gail's Cleaning Service, 786-8314.

THE CHAREST CO. INC.: We have all the answers for all your home improvement needs. Replacement window specialists. Over 30 years in business. License number CSO16915; reg. number 116652. (413) 786-8666.

TAYLOR RENTAL: Propane - all size fills. New tanks, convenient trailer & RV drive-up. Tank disposal available with any fill or purchase. Agawam, 221 Springfield St. (next to Sarat Ford). **JONES' FERRY MARI-**

NA: New ownership at historic Pirate's Cove (restaurant & pub), Holyoke. Launch; dockage; storage; boat auctions. Open 7 days. (413) 533-1534 or (413) 533-5901.

DISC JOCKEY SERVICE: Providing the very best in entertainment and sound. Music Box Productions - DJ Tom Melbourne (certified professional). (413) 789-6788.

END OF HUNT FARMS LEARN TO RIDE JUMP SHOW! Personalized instruction. Age 3 to advanced levels. Dressage - Jumping - Boarding - Training. Show/Pleasure Horses/Pony Sales. Call Trudy Wissel. (860) 668-1656 (H); 860-668-9990 (B).

LUCIA LUMBER COMPANY: Residential & commercial building materials specialists. Decks for everybody. Free local delivery. 777 Silver Street, Agawam. Call 413-786-1636.

THE STRAIN FAMILY EQUESTRIAN CENTER: Boarding, lessons, training, sales. Ponies for parties. English & Western riding lessons available. 18 Vining Hill Road, Southwick, MA (located behind Big Y/Ames Plaza). (413) 569-5797.

CHIRGWIN COMPUTER REPAIR: Repairs, installation, upgrades. 10% senior citizen discount. Training, house calls. Call Gary W. Chirgwin, Sr., (413) 786-0788.

READY * SET * GROW! CHILD CARE: Certified teacher and experienced child care provider. Has openings for all ages. Large back yard. Nutritious meals/snacks and pre-school curriculum included. Enrollment incentives. Vouchers and grant money available. Lic. #184792. Call Sue at 789-2530.

MCELLIGOTT CONSTRUCTION OF AGAWAM: Home improvement specialist. Licensed and fully insured. (413) 786-1249.

TUTOR: Certified teacher - special needs and elementary education background. All subjects. Call Sue at 789-2530.

KIDDIE KORNER DAYCARE: Licensed provider has openings for all ages. Lower Suffield Street area. Reasonable rates; meals included. Referrals provided. Lic. #197168. Call

(413) 789-2161.

FOR SALE

FOR SALE BY OWNER:

Very well-maintained, ranch-style home (2,042 sq. ft.). 7 rooms, 3-4 bedrooms, 2-1/2 baths, fireplace. 1.4 acres. Remodeled inside/outside in 1996. Aboveground pool, high-efficiency gas heat, central air, possible in-law set-up. 387 Adams Street, Agawam. \$189,900. 789-2668.

(Until house is sold, we'll have an open house every Sunday from 1-4 or by appointment.) **ARBORVITAE & HEMLOCKS:** 3 to 3-1/2 ft, \$9 each; junipers, \$4 each. Free delivery. 786-8631 or 530-5454.

FOR RENT

STORE FOR RENT:

Excellent location with parking. 1,250 sq. ft. 1110 Springfield Street, Feeding Hills. \$600 + utils. per month. 786-0372.

FOR RENT: 2-bedroom single family home in North Agawam. The house is in good condition. Fenced-in yard; garage. Asking \$850 per month. Call 786-7517 between 12:00 noon and 9:00 p.m.

WANTED

ESSAYS WANTED:

"Win A 20 Acre Horse Farm" essay contest.

PERSONAL

PRAYER TO THE BLESSED VIRGIN (Never known to fail): Oh Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of God, Immaculate Virgin, assist me in my necessity. Oh Star of the Sea, help me and show me, here you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. Oh, Mary conceived without sin, pray for us who have recourse to thee (three times). Holy Mary I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be granted to you. TC.

PRAYER TO THE BLESSED VIRGIN (Never known to fail): Oh Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of God, Immaculate Virgin, assist me in my necessity. Oh Star of the Sea, help me and show me, here you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. Oh, Mary conceived without sin, pray for us who have recourse to thee (three times). Holy Mary I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be granted to you. ADS.

Entry fee \$100. For contest rules, send a stamped, self-addressed envelope to Ingrid Grant, 94 Central Park Drive, Holyoke, MA 01040. **ESSAYS WANTED:** "Win A Paso Fino Horse" essay contest. Entry fee \$10. For rules, send a stamped, self-addressed, letter-size envelope to Pleasure Horse, 43 Russell Road, Blandford, MA 01008.

TAG SALE

NEIGHBORHOOD TAG SALE: Oct. 7th & 8th, 10-4 (rain date: Oct. 14th & 15th). Franklin & Lincoln St. Antiques, baby items, new toys, huge "50 cents clothes sale," scooters, bikes, sports cards, Civil War prints, microwave, furniture, Xmas, linens, and surprises for all!

Our classified ads cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 23 Southwick Street, Feeding Hills Ctr. (above Remillard Insurance Agency), or mail them (along with payment) to P.O. Box 263, Feeding Hills, MA 01030...

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